

# **CHAPTER 2**

## **A Report on Phase III of FREE's Experienter Research Study: The Results of a Qualitative Study**

**Dr. Jon Klimo, Ph.D.  
Chair, FREE Research Committee**

**Clinical Psychology Program  
The American School of Professional Psychology  
at Argosy University, San Francisco Bay Area campus**

# Table of Contents

1. Introduction.....	3
Qualitative vs. quantitative, ideographic vs. nomothetic, research.....	3
Phenomenological Research.....	5
Quantifying or quantizing raw qualitative data.....	5
A case for the large amount of verbatim and paraphrased data in this report.....	6
Limitations/Delimitations.....	9
2. Procedures .....	12
3. Survey Monkey online qualitative questions used by Phase 3 participants.....	15
4. Emergent themes for each of the 5 parts of the study.....	17
(with number of exemplary excerpts from contributing cases in parentheses)	
5. Results of the five parts of the study.....	19
Part I: Sightings.....	19
Emergent Themes.....	19
A. Kinds of objects sighted.....	19
B. Co-witnessed cases.....	21
C. Sightings leading to interaction with NHIBs .....	24
Part II: Personal experiences with NHIBs.....	27
Emergent themes.....	27
A. Contact experiences on board craft.....	27
B. Experiences involving medical/physical procedures.....	39
C. Descriptions of NHIBs.....	49
D. Encounter experiences in the home.....	66
E. Abduction-type experiences.....	80
F. NDE-related experiences.....	81
G. Contact involving human-seeming military.....	81
H. A complex case.....	83
Part III: Communications from NHIBs.....	84
Emergent themes.....	84
<i>(including edited-down and paraphrased cases comprising each category)</i>	
A. How communication is being received.....	84
B. From whom/where is the communication coming .....	89
C. What is being communicated (content).....	90
<i>(includes cases comprising each kind of content)</i>	
1. Why are they visiting.....	90
2. Scientific/Technological Information.....	92

3. Religio-Spiritual.....	95
4. The future and concerns about what lies ahead for us.....	97
5. Personal Counseling and Guidance .....	99
6. Military.....	101
Part IV: Relation between NHIB experiences and spirit world/paranormal experiences..	102
<i>(listed according to themes of kinds of spirit world/paranormal experiences)</i>	
Emergent Themes:	
a. Telepathy.....	102
b. Misc. psi/paranormal experiences and abilities.....	103
c. OBE/Astral travel.....	104
d. Anomalous relocation, poltergeist, PK, materialization/dematerialization.....	108
e. Past-Lives/Reincarnation.....	110
f. Precognition.....	111
g. NDE-related.....	112
h. Involving 'high strangeness,' higher dimensionality/higher physics.....	114
i. Healing and energy work.....	115
<i>(see also Part II: B: Experiences involving medical/physical procedures)</i>	
j. Experiences with orbs'.....	116
k. Spiritual content.....	116
l. Dream-like.....	117
m. Visions/memories of an anomalous learning experience.....	118
n. A mystical-type experience.....	119
Part V: How the encounter experience has affected participants' lives.....	120
Emergent themes	
a. My encounter experience has been positive.....	120
b. Has left me more open-minded with an expanded worldview.....	121
c. Has left me unafraid of death.....	122
d. Has left me more spiritual.....	123
e. My encounter experience had one or more negative qualities.....	124
f. Has left me with a belief in the oneness of all things.....	125
g. I have felt love from the NHIBs.....	125
Excerpts from all selected Part V participant cases.....	126
Final Discussion.....	133

*"I have come to see that the abduction phenomenon has important philosophical, spiritual, and social implications. Above all, more than any other research I have undertaken, this work has led me to challenge the prevailing worldview or consensus reality which I had grown up believing and has always applied to my clinical/scientific endeavors... What the abduction phenomenon has led me (I would now say inevitably), to see is that we participate in a universe or universes that are filled with intelligences from which we have cut ourselves off, having lost the senses by which we might know them."*

Dr. John Mack, Professor of Psychiatry, Harvard University School of Medicine

## **1. INTRODUCTION**

Phase 1 of our FREE Experiencer Research Study was begun in August 2014 and lasted about a year until we began data analysis of what we had received to that point. By then we had approximately 3900 participants from all over the world who had responded to enough of the approximately 100 forced-choice quantitative questions to make their responses useful. Phase 2, was also comprised of quantitative-type questions and was begun in Feb. 2015. Participants for Phase 2 were chosen from those who had already taken Phase 1 in order to solicit more depth and detail from them using related questions. When we began data analysis of what we had received to that point from Phase 2, we had over 2200 respondents. In January 2016, we began collecting data for Phase 3, our first completely qualitative-type study, using approximately 160 questions about 70 of which were qualitative questions requiring free, open-ended written responses. We proceeded to collect data for this third phase, again for about a year, until we decided to stop and analyze the results we had accrued to that point. By then, we had approximately 1000 respondents. Currently (as of the beginning of 2018), there are about 1400 Phase 3 respondents (though, as mentioned, we decided to analyze only the first thousand). As we had done with the two previous phases of our research, we used the online data-gathering service "Survey Monkey" to gather data for Phase 3.

### ***a. Qualitative vs. Quantitative, Ideographic-vs. Nomothetic, Research***

Compared to quantitative-type studies, qualitative-type research is notoriously time-consuming to do, especially with regard to the data analysis component. The qualitative approach usually involves using interview or questionnaire items that invite free, open-ended responses. Then, the open-ended responses must be analyzed using some type of inductive, qualitative-data-analysis procedure that attempts to identify the basic meaning units, or most essential components, comprising the raw verbal responses and then taking those reduced-down building blocks to construct themes that were embedded in the original material but which now need to be separated out, differentiated, identified and then merged into the essential constituent themes within the original textual material. Or the original raw data may be worked with to draw out and identify key underlying meanings in the form of themes without having to reduce down the material into simplest meaning units. Such themes that emerge from the qualitative data analysis process constitute the inherent meaning of the material being analyzed. This process is also often called "content analysis" or "textual analysis" because the researcher is attempting to analyze the textual data to ascertain what its content is, what it is saying, what it contains or means. What specific, identifiable content does the data hold? What can be differentiated and unpacked from the initial relatively undifferentiated textual material?

One kind of qualitative data analysis approach is called "grounded theory," developed by B.G. Glazer and A.L. Strauss (*The Discovery of Grounded Theory: Strategies for Qualitative Research*,

Routledge/Taylor and Francis Group, London/NY, 2017; orig. pub. 1967). Its goal is to end up with a theory about what the textual material being analyzed means or is about by discovering emerging patterns in the data. Such theory is grounded in the data from which it emerged, hence the term "grounded theory" used to refer to this process. One knows how the researcher came up with such a theory about the data because the theory can be directly derived from, and traced back to, the initial data from which it arose during the data analysis process. In this sense, all qualitative research data analysis uses a form of grounded theory approach, starting with the relatively undifferentiated raw material of the data, and then discovering emerging patterns in that data by going through a process of identifying and teasing out smallest meaning units, (such as the lowest-common-denominator nature of atoms in contrast to the molecules or compounds that they can combine into). Then one lays out such barest meaning components and studies them to try to see what kinds of patterns and relationships can be differentiated out of the underlying material. Those identified, differentiated patterns and relationships can then be combined into clusters of meaning that share common properties, and they, in turn, emerge into constituent themes.

This stepwise, differentiating and identifying process is at the heart of the "bottom-up, "data-driven" inductive approach used to find and build meaning out of the initial presenting raw database (which is usually made of words). This kind of qualitative research data analysis process is in contradistinction to the "top-down", theory-driven, deductive research approach characterizing most quantitative-type research methodology.

Many, even most, researchers in the social sciences, find the inductive, qualitative approach to be the most trustworthy or truthful, in the sense that its findings are rooted in and derived from the very data it is attempting to understand. This is in contrast to the deductive, quantitative research approach, which brings pre-preformed templates of what is being looking for, or hypothesized about, to place over the raw data being investigated, whereupon decisive judgments can be quickly made about what aspects of the data in question answer, fit or don't fit, a particular question or assertion made regarding that data. In contradistinction, *ideographic* research focuses on the individual, rather than focusing on or generalizing about the properties and meanings of a collection of individuals. Finding meaning in the latter involves what is called a *nomothetic* approach. Ideographic research is interested in the research subject as an unique individual. When one is interested in individuals only as they may share common properties and behavior according to general rules, this interest is met with a nomothetic research approach. Ideographic research involves attempting to find the unique meaning of a particular individual or situation, or a "small-n," more-in-depth, data source, such as is investigated through case studies, informal interviews, and unstructured observations. "Large-n" nomothetic-type studies tend to involve hundreds, even thousands, of research subjects who are being asked to respond to forced-choice-type questions requiring Yes/No, True/False, multiple-choice, or Likert scale responses.

Consider some examples from the three phases of our F.R.E.E. research study conducted thus far: Question 14 in Phase 1, which was the first quantitative study, asked, "Have you seen an intelligently controlled craft in the sky, or on the ground, that was not man-made?" The "forced-choice" response options were either Yes or No. Question 23 in Phase 2, also a quantitative study, similarly asked, for example, "Did you experience some kind of telepathic or thought transference, or direct knowing, being given to you by an ET?" Yes or No. All of the approximately 600 questions in Phases 1 and 2 are of this quantitative kind and the results can be quickly computed and displayed in percentages or by way of seen-at-a-glance colorful "pie charts".

Turning, in contrast, to the qualitative nature of Phase 3's free, open-ended response questions: Question 42, for example, asks, "Do you recall being on board a UFO craft? If so, please report in as much detail as possible" [what occurred]. While the Phase 1 and 2 questions seek only a quantitative Yes or No response, in the Phase 3 question, although the first half similarly requires a Yes or No response, if the answer is Yes, then in the second half of the question, the subject is asked for a free, open-ended qualitative response. This question, as with many of the other qualitative ones in Phase 3, may also include additional suggestive, prompting related questions to aid the participant's memory and encourage a more involved and thoughtful response to the question. In this sense, every one of the hundreds of quantitative questions in Phases 1 and 2 requiring a Yes or No response could be transformed into a qualitative question simply by asking in each case, "If your answer is Yes, then, taking as much time as needed and writing as much as needed, please provide more detail about this experience."

### ***b. Phenomenological Research***

Phenomenological research is a particular kind of qualitative research that seeks to understand participants' lived experiences of a particular phenomenon or situation, including their interpretation of or the meaning they derive from it, drawing on the participants' own descriptions of such personal experience. Most of Phase 3's qualitative questions requiring open-ended responses are phenomenological in nature because they are asking questions about what the nature of participants' personal experiences is as described in their own words.

### ***c. Quantifying or Quantizing Raw Qualitative Data***

There is a certain ironic quality to doing qualitative data analysis, because the researcher finds him or herself working to reach a point where a more *quantitative*-like process can be brought to what was initially qualitative material. The real strength of ideographic type research is that it seeks deeper understanding of whatever is being analyzed and doing this based upon the relatively unique attributes of the individual-case nature of the qualitative data involved. But in order to understand and work with such qualitative data, a certain amount of translation of the original undifferentiated raw data into a more differentiated-out, quantified form must be done from which comparisons and generalization can then much more easily be made.

So, the original intent of seeking meaning from qualitative data comes from finding ways to transform such qualitative data into something more like quantitative data so that counting-up-instances-of, categorizing, and generalizing-about it can then take place. Therefore, the qualitative researcher must break down the original material into manageable subcomponents, such as meaning units, and then work to discern common properties, categories, and themes that can be made from them. From there, something more akin to a quantitative research approach takes over, allowing the researcher to say things about the data such as, "Using the qualitative data analysis methodology described, the following six themes emerged..."; or, "The responses of the participants fit into the following four categories, listed in descending order of occurrence..." Or one can present qualitative data analysis findings at a first approximation using some kind of a table, with the themes that emerged being arranged horizontally across the top, and the research subjects or data sources listed vertically down the left side. Then frequency of occurrence can be shown by listing participants in descending order of such occurrence, so that the top horizontal row of the table shows every cell for that participant checked off across all the themes, meaning that the participant's response included all six of

the themes; then going down vertically until the bottom few rows of horizontal cells where there may be only a few or no boxes checked.

Since, most often, qualitative studies may only involve a few to 10 or 15 subjects; one can work with the data this way. But for larger numbers, with considerably more subjects or data sources, one must sometimes report qualitative research results using informal, non-statistical, descriptive means, such as using only approximate "ballpark" percentage-like references, such as, "37 of the 110 participants, or 33%, reported experiencing X" (or "satisfied that trait," or "fell into that category"), or "about three quarters of those responding were in this category." Related to this, some research requires responses that use a Likert scale (such as "completely agree," "somewhat agree," "neither agree nor disagree," "somewhat disagree," "completely disagree"). This turns an entirely free, open-ended response possibility into a forced-choice situation, which is then easier to count or categorize into some kind of bottom-line more quantitative-type result.

Besides the analyzing and sorting process just mentioned, very often presenting qualitative research results needs more than just carrying out a somewhat nomothetic quantitative treatment of the original qualitative ideographic data so that one can understand and speak in terms of categories, themes, and nonstatistical approximate characterizations and generalizations of findings, it also then goes back to its original qualitative data origin in order to provide the reader with exemplary samplings of verbatim or paraphrased data that provides the grounding of the general back into the particular from which it came, so that the reader can be provided with instances of what that particular generalization means or that category is made from.

Most of this process of translating raw qualitative data into a more quantitative, manageable and intelligible form described above was required in the Phase 3 data analysis process being reported here.

#### ***d. A Case for the Large Amount of Verbatim and Paraphrased Data in this Report.***

Following this introduction are the Phase 3 results obtained from an extensive year-long qualitative data analysis process carried out by the primary researcher based on the online Survey Monkey Phase 3 data supplied by himself and his four fellow research committee members variously edited-down, foreshortened, and paraphrased.

It could be argued that the 130-plus pages comprising the presentation of the results of this Phase 3 qualitative study could have been done in as little as 10 to 20 pages. The reason the results are as long as they are is due to the decision that was made to include enough of the ideographic experiential nature of the participants' own self-reported responses in each part, theme and category, across all participants, to provide the reader with as much of the eye-witnessed information as possible about the fascinating, yet arguably highly contentious and ultimately unprovable, nature of the kinds of experience described by these Phase 3 research participants, the nature of their own respective encounter experiences as they were lived and reported by them.

Given that a phenomenological type research study attempts to discern the experiences that participants report having had of a particular experience or situation. Personal opinions about UFOs, extraterrestrials, and related anomalous, paranormal and otherworldly phenomena run the gamut from complete disbelief, dismissal, and disdain to fully embracing their reality. The strength of this current Phase 3 study is that its data is comprised of not just personal opinions or beliefs about such non-

ordinary phenomena and events, but is rather based upon the lived, empirical data stemming from *their own self-reported, personal, awake experience*. While one can remain dubious about the credibility, let alone the provability, of much of what is claimed by those providing the data that has been gathered for this study, one is nonetheless faced with hundreds of fellow human beings in Phase 3, and thousands in earlier Phases 1 and 2, and the millions nationally and worldwide, who all claim to have had personal experiences of a highly non-ordinary, otherworldly kind. Try telling your neighbor, who claims to have had a life-changing, deeply meaningful, yet deeply enigmatic, experience that he or she simply did not have that experience; or have others tell you that one of the most profound, unsettling, and indelible experiences you have ever had was something you only misperceived, imagined, or simply just wished were real, but was in fact not the case as you thought it to be when and as you experienced it.

It is hoped that by including so many pages of verbatim and paraphrased excerpts as examples of the detailed nature of so many people's experience across the many parts, categories, and themes being presented in this report, that the repeated similarity and sheer number of descriptions will contribute to the reader having a growing sense that this whole realm of experience needs to be taken much more seriously by more people than it has been thus far. For people who have not yet had such non-ordinary experiences themselves, perhaps the depth and detail, and quantity and even purposeful repetition, of similar descriptions contained in this qualitative study's results will make a case that could only be made in this way that there truly is something substantive and very real going on about the experiences being reported here by our Phase 3 research subjects.

In his book *Mysticism and Philosophy* (London. Macmillan, 1960), British philosopher W.T. Stace attempts to think and write about the elusive, deeply personal, and ineffable quality of *mystical experience*. Consider the similarity of Stace's focus on the mystical experience, and our focus in this report on the arguably equally private and unprovable reality of what UFO/ET contactees say they are experiencing as real. In the following, I have inserted my own bracketed substitutions or additions where Stace is referring to the mystic experience:

***The question is raised whether mystic [or UFO/ET] experience is objective or subjective. Does it reveal the existence of anything outside the individual's own mind and independent of his consciousness? If so, what sort of existence does it reveal?...What truths, if any, about the universe does mystic experience [or UFO/ET experience] yield which the mind could not obtain from science or the logical intellect? (W.T. Stace, *Mysticism and Philosophy*. London: Macmillan, 1960, 5, 14, 16)***

In my book on the phenomenon of channeling, I first quoted Stace in comparing his treatment of mystical experience and mine of the phenomenon and experience of channeling. I return in this report to Stace, to connect his thinking on mystic experience and mine on UFO/ET and paranormal experiences in general:

***Stace presents the "argument for unanimity", or "argument from analogy," that must lie at the heart of any attempt to make a case for the objective reality of basically subjective phenomena such as mysticism or channeling [or UFO/ET experiences, telepathy, OBEs, NDEs, et al.]'The argument contends that there is an analogous agreement among mystics [and UFO/ET experiencers] everywhere about what they experience, and that this supports belief in the objectivity of the experience.' This requires the assumption "that the witnesses are telling the truth...[and] that in their reports of their experiences they have not***



*unintentionally mis-described the nature of their experiences." From this premise, according to Stace, the conclusion would appear to be that, "it is more likely than not that the mystic [or contactee/experiencer] in his experience comes in contact with some reality or some aspect of reality with which men do not come in contact in any other way". Stace then counterargues that "an experience may be universal and yet illusory."... We are left, then, with no clear resolution [regarding either the objective reality of the mystical experience, channeling, or UFO/ET and paranormal experiences]. (p. 7, J. Klimo, *Channeling: Investigations on Receiving Information from Paranormal Sources*. New expanded edition: Berkeley: North Atlantic Books 1998. Originally published Los Angeles: J. P. Tarcher 1987; and Stace, op cit).*

Following Stace, it is this Phase 3 primary researcher's desire in this report, to purposefully amass considerably more verbatim and paraphrased self-report participant data than is usually included in the results of most published qualitative research studies. This is being done in order to make its own "argument for unanimity" and "argument from analogy," gradually building the case, through dozens and dozens of pages of what the reader will hopefully grow to experience as the convincingness of individualistic ideographic qualitative data being used for a "strength-in-numbers" kind of nomothetic purpose.

## ***e. Limitations and Delimitations***

### ***Limitations***

*(Note: Limitations are those things that limit what can be learned from a study due to its design that are not under the control of the researcher.)*

1: Due to the relatively small number of participants used as data sources in a qualitative-type study such as this, its external *validity*, or the ability of the researcher to generalize from the study's participants, as a sample, to any larger population is not possible.

2. The research subcommittee colleagues who forwarded their selected Survey Monkey participants' data did not necessarily follow any particular protocol for how they took verbatim online written data as supplied by their participants and then passed it, or part of it, on. It appeared that one or more of the subcommittee members at least sometimes took the verbatim data as entered by the participants and moved it from first-person direct self-reported mode to a third-person paraphrasing and generalization away from the original verbatim data. This then left the primary researcher with the challenge of trying to reflect or be true to original data, when it actually had been taken directly from the Survey Monkey website and then worked from variously, paraphrased or otherwise edited and foreshortened away from what the participants had originally offered. Whenever it appeared that participant data, or excerpts from it, being forwarded on to the primary Phase 3 researcher, reflected original verbatim data entered onto the website because first-person self-reference ("I," "me," etc.) was being made, or, of course, where material being forwarded had been set off in quotation marks, then that first-person directly-quoted quality could be passed on to be included in the study's Results. Otherwise, the primary researcher had to put such data in the form of third-person mode or in other ways only indirectly referred to and paraphrased when used as part of the Results of the study.

3. A relatively large number of Phase 3 participants skipped over, or did not choose to respond to, quite a number of the instrument's 160-plus questions. Given that approximately 100 (or 10%) of the original 1000+ Phase 3 participants were used in the data analysis process, nonetheless no one of

the 60-plus key open-ended-response questions elicited more than 40 responses across those 100 selected participants. Because of the qualitative nature of this study, participants were not excluded simply because they did not answer all, or even many, of the question, because even incompletely filled-out submissions could still be informative and useful. This is part of the nature of small-n ideographic-research--its strength lies not in number of participants' responses but in the richness and depth of individual responses that were provided even in the case of incomplete submissions.

4. Participants for this study were self-selected, so that there could be no researcher control over the uniformity of participant characteristics as would usually be required in nomothetic, large-n, quantitative and experimental studies. Plus, those agreeing to be part of this study may well have been biased toward belief in the actual objective reality of the encounter experience prior to taking part and held an unquestioning belief in it once experienced, compared to any 'control' population which may not have been already inclined toward an open and positive attitude toward the encounter/contact phenomenon and the reality and credibility of NHIBs.

5. In hindsight, there appeared to be inherent limitations and problems with the design of aspects of the 160+ questions comprising the Phase 3 data-gathering survey instrument. Only later was it learned that the wording of a number of the different questions may have been somewhat problematic for some or even many of the research subjects. Sometimes more than one question was being asked within the same item. Sometimes it may not have been clear what was being asked of the research participant by a particular item. In addition, as many as half of Phase 3's research questions were only asking for respondent's state of consciousness at the time of each particular experience or memory being shared. As earlier mentioned, the time reported that it took to complete the Phase 3 questions was as long as four hours. This may have driven a number of the participants to start to ignore or skip over some or many of the questions, and/or not be given enough time to think about and respond to the questions they did choose to answer.

### ***Delimitations***

*(Note: The Delimitations of a study are those things that are under the control of, and imposed by, the researcher, that limit what can be learned from a study and reported in its results. The only reason that the study was limited in these ways was due to the fact that the researcher stipulated them, making them limitations that would not have been there if the researcher had not purposefully imposed them.)*

1. The choice to include an unusually large amount of participants' Survey Monkey data under the Phase 3 research report's "Results" was made purposefully by the researcher based upon his 40 years of qualitative research experience. This was an idiosyncratic choice and is not the kind of choice used by many, perhaps even most, other qualitative researchers in their decision of what and how much originally gathered data is included in a finished study's results. This choice was based upon the researcher's understanding that the chief distinguishing strength of qualitative-type research is the way in which it can ground its emergent themes and reported findings about the original data *in that very data* from which it arose and which it is about. That is, although the findings of a qualitative study are always to varying degrees generalizations about and abstractions away from the original data, the strength of this kind of ideographic research is in being able to show the reader, more closely than other kinds of research can, just how such generalized findings grew out of what they were about.

2. The primary researcher often depended on his own 40 years of professional academic experience and judgment and intuitive *sense-of-things* to be able to work from the raw verbatim data

presented to him by the 200+ participants from which he chose the 27 final participants' Survey Monkey data sets with which he ended up working. Similarly, he chose to depend upon his own experience and intuition in working with the selected qualitative research data submitted to him by his three research colleagues.

3. The primary researcher chose not to involve anyone else in the year-long data-gathering and results-compiling process. Often, even usually, in working with qualitative data during the analysis process, a primary researcher will use one or more others to help him or her process the data to help ensure as much objectivity and consensus as possible to the process.

## 2. PROCEDURES

(Note: the final three of these steps, below, have already been referred to under the earlier 'Limitations and the Delimitations' section)

1. The Phase 3 instrument was placed on the Survey Monkey website.

2. Self-selected participants found the Phase 3 research project online and chose to fill it out and submit it. Once agreeing to the study's conditions for maintaining anonymity safeguards for protection of human subjects, they finished and submitted their responses. Unfortunately, less than half of the Phase 3 participants completed enough of the instrument's items to make them sufficiently useful; but because qualitative ideographic-type research in the social sciences is based on data containing what is often called "thick description" contributions from far fewer research subjects (often as few as a handful), a considerably lower percentage of responses to a data-gathering instrument's items could sometimes also still bear fruit because of the depth and detail of what responses were offered by such more involved participants.

3. A research subcommittee was formed, comprised of F.R.E.E. members and researchers Rey Hernandez, Jon Klimo, Bob Davis, and Brent Raynes. The first 1000 Phase 3 cases were arbitrarily divided into groups of 200 (e.g., 1-200, 200-400, etc.) and each person was assigned a different set of 200 cases.

4. Since this Phase 3 study involved more than 1000 participants averaging from 10 to 40 pages of single-space data being submitted by each, this became one of the larger qualitative research studies ever attempted. To make this more manageable, it was decided that each member would select from his or her assigned cases only the 10% that appeared to be the most promising, informative cases to merit further study and analysis.

5. Each of the four committee members agreed to use the five main sections into which the survey questions had been originally divided on the Survey Monkey research instrument. These included: Section 1, "Sightings of Anomalous Craft" (or 'unidentified flying objects'), which was represented by 6 questions. Section 2, "Personal Experiences with NHIBs" (*i.e.*, "*nonhuman intelligent beings*"-- F.R.E.E.'s term for "*ET's*" or "*extraterrestrials*") which had 26 questions. Section 3, "Communication/Information Received from NHIBs," which had 26 questions. Section 4, "The Relation Between NHIBs and the 'Spirit World' and 'Paranormal Realm,'" which had 8 questions about the relationship, if any, between ones experience with NHIBs, on the one hand, and experience with "the 'Spirit World' and/or with the 'Paranormal,'" on the other. For purposes of this study, "the spiritual" or spirit world was to meant to particularly involve pre-birth, dying, the afterlife, and nonphysical reality and experiences in general, while the 'Paranormal' involved psychic experiences and phenomena, as studied by the fields of parapsychology and psychical research. Section 5 questioned if the respondent's contact/encounter experience(s) effected or changed his or her life, and if so, how; and if he/she had any behavioral/transformational effects resulting from the encounter experience(s), and, if so, was the experience basically positive or negative.

6. The four research committee members were asked to choose the approximately 10% of their assigned cases that they thought were the most promising, using the information about those cases stored on "Survey Monkey" and then forwarding to the Phase 3 chairperson that digital information (*or forwarding their own edited-down excerpts and paraphrasing from it*), information that was

divided into those five categories listed in the step 3. The Phase 3 research chair has had 40 years of experience teaching psychology courses in three different doctoral programs, including teaching graduate-level research courses, and guiding hundreds of individual doctoral students in doing their dissertations, particularly specializing in those studies using qualitative research methodologies. On the basis of this experience, he was deemed the best one to undertake the Phase 3 qualitative data analysis process.

7. The committee members were asked to forward their 10% selections from the **Survey Monkey's** Phase 3 online data, organized according to its five categories, to the committee chairperson. Due to the 15- 40 pages or more of data representing each case, depending upon how detailed many of the original written participant responses were, each committee member usually did a certain amount of boiling-down and editing of the initial online material for each of the cases they chose. Some of the members, however, sent exceptionally brief exemplary excerpts from what their respondents' had submitted. And, as mentioned earlier, overall, the 1000+ individual Phase 3 respondents often answered 50% or less of the questions. So, there is considerable variability in the amount, let alone the quality, of what individual respondents wrote. Then, added to this, individual research committee members varied considerably in how they handled the task of passing on the selected Survey Monkey data from the cases they chose. Sometimes they included (kept) the originally submitted verbatim responses to some or even many of the questions; in other cases they chose to paraphrase the original responses in their own words and even very much reduce them.

8. The chairperson then began to go through what he already knew was going to be a long process of analyzing the approximately 40-100 single-spaced pages of digital or printed-out material representing each of the approximately 100 selected cases. As mentioned, what had been sent on to him was often a mixture of unedited verbatim, already edited-down, and paraphrased textual material from each committee member. Wherever possible, The Chair tried to use, when available, the original quoted material to retain such "horse's mouth" fidelity to the original submitted data. One limitation of this study, as mentioned, was that the results carried forward to this finished report, are characterized by the varied quality and interpretive style and judgments brought to the material by his fellow committee members. The other main limitation of this study was that, even of the 10% of cases selected for further study, many of those selected failed to respond to some or even many of the questions. Note, that the average time spent by the respondents in reading and responding to their Phase 3 qualitative questionnaires was reported to be as much 240 minutes each. This attests to the very challenging, even daunting, experience of completing such a many-item questionnaire with at least 60 of its questions requiring free, open-ended responses.

9. Early on in the data-analysis process, after discussing the situation with F.R.E.E. associates, the Phase 3 chair decided to include significantly more of the verbatim and paraphrased edited participant responses in the study's final results than is usually found in most other published qualitative study reports. This was done to provide readers with what could be seen to be a kind of education about the nature of certain kinds of non-ordinary, especially otherworldly and paranormal, experiences as provided, as often as possible verbatim, by average fellow citizens who are claiming to have had just such experiences. Only by being exposed to a considerable amount of descriptive detail from these experiencers that comprises an "argument for unanimity" and an "argument from analogy," can we hope to really understand what those experiences were made out of. And this is especially the case where the existing published literature about such experiences is still in its infancy and the jury, one can safely say, is still very much out about the ultimate reality of what is ascribed and claimed by such experiencers. Therefore, across the five categories into which this research data was originally

organized, each self-reported data set, extensively included, will hopefully tell us considerably more than we knew before about such anomalous experiences as they were lived by our selected participants.

### **3. SURVEY MONKEY ONLINE QUALITATIVE QUESTIONS USED BY PHASE 3 PARTICIPANTS**

*[Note: F.R.E.E's Phase 3 qualitative data-gathering instrument contained more than 160 items, nearly half of which called for extended, open-ended responses. The other half of the questions sought, besides basic demographic information, the condition or state of mind of the participant during that aspect of each experience. Emphasis was placed on conscious explicit memories and not on hypnotic regressions, lucid dreams or channeling with no self-reported diagnosed mental illness.]*

#### ***a. Sightings of anomalous craft?***

Q. 7,8: Ever had a personal, conscious sighting of a physical-appearing, anomalous craft? If yes, describe in detail.

Q. 9, 10: Ever had a family member(s) and/or friend(s) physically and consciously experience an anomalous craft? If yes, who was it, and describe in detail. Was this a co-witnessed, corroborated situation?

Q. 42: If you have ever been on board a craft, please describe? (incl. Q. 46: NHIBs seen on the craft? and, if so, what were they doing? Q. Any humans on the craft?

Q. 50: Did you ever successfully "call down" a craft?

#### ***b. Personal experiences of/with NHIBs***

Q. 20: Describe in detail your personal, conscious, physical experience with an NHIB(s). Q. 22: Any other witnesses to this beside you? Any NHIB experiences in other family members?

Q. 24: Describe in detail the physical characteristics of the NHIB(s) you experienced.

Q. 77: Please describe the physical appearance of each type of NHIB you experienced. (also Q's 79, 81, 83, 100, 121).

Q. (?) Did you ever successfully initiate contact with an NHIB?

Q. 26: Any contact/encounter that was not in-person physically experienced by you? If yes, describe the nature of the contact (e.g., telepathy, channeling, OBE, et al? [incl. Q. 32: Any OBE kind of contact with an NHIB?]

Q. 125, 126: Experience of being abducted.

Q. 126: Any scientific/biomedical exams done on you?

Q. 153: Any medical healing done to you by NHIBs?

Q. 141, 143: Any implants put in you?

Q. 149: Any other physical evidence from your contact/encounter?

Q. 143, 147: Did you experience any "missing time" or "extra time"?

Q. Were you part of an alien "breeding program"? (also Q. 131, 133, 135, 137, 139)

Q. 151: Any 'MILAB' experiences?

#### ***c. Communication/Information received from NHIBs***

Q. 65, 67, 69, 71, 73, 75, 87, 89, 90, 92, 94, 96, 100, 105, 107, 109, 111, 113, 115, 117, 119, 123 (incl. where they are from; why they are visiting; why you were chosen for contact; how they are communicating; any agreements made; any details about info received; part of some 'Grand Plan'?; any scientific/technological info shared; any philosophical, metaphysical, or spiritual info shared; info about our current behavior; about our future; any personal info conveyed; any info on their time-

*travel capacity; any symbolically conveyed info; experiences of symbols used; any love/oneness type info experienced; any info on your relation to the ETs)*

Q. 28: Any communication received by you from a non-physically present NHIB?

Q. (?): Any physical item shown or given to you by an NHIB?

***d. Relation between NHIBs and the 'Spirit World' (and the paranormal realm)***

Q. 34, 36: Any relation between an NDE and NHIBs?

Q. 38, 40: Any NHIB experience connected to the Spirit World? (incl. involving pre-birth, dying, death, afterlife)

Q. 54, 56: Ever experience any 'orbs'?

Q. 58: Any paranormal experiences during contact?

Q. 60: Different kinds of psi experience you've had? (not just assoc. with your encounter)

***e. How did your contact/encounter experience effect or change your life?***

(Q. 156) (incl. any behavioral/transformational effects resulting from your experience with NHIBs?)



## **4. EMERGENT THEMES FOR EACH OF THE 5 PARTS OF THE STUDY** (with number of Exemplary Excerpts from Contributing Cases, in descending order of frequency, in parentheses)

### **Part 1: Sightings**

Kinds of objects cited (19)  
Co-Witnessed Cases (18)  
Sightings leading to initial interaction with NHIBs (12)

### **Part II: Personal experiences with NHIBs**

Contact experiences on board ship (35)  
Descriptions of NHIBs (32)  
Experiences involving medical procedures (32)  
Contact experiences in the home (27)  
Abduction-type experiences (5)  
NDE-related contact experiences (3)  
Contact involving human military (1)  
Complex case, hard to categorize (incl. medical, onboard, off-planet, military et al.) (1)

### **Part III: Communication from NHIBs**

How is the communication being received (35)  
From whom/where is the communication coming (6)  
Content of what was communicated:  
    Why they are visiting us (16)  
    Scientific/Technological information (15)  
    Religio-Spiritual (13)  
    Personal counseling and guidance (10)  
    Concerns and warnings about what lies ahead for us on Earth (7)  
    About the future (4)

### **Part IV.: Relation between NHIBs and Spirit World/Paranormal**

Experiences according to kinds of spiritual/paranormal phenomena reported:  
    Telepathic (35)  
    OBE/Astral travel (14)  
    Misc. Psi/Paranormal experiences/abilities (14)  
    Anomalous relocation, Poltergeist, PK, and materialization/dematerialization (13)  
    Past Lives/Reincarnation (7)  
    "High Strangeness", Higher-dimensionality/higher physics (5)  
    NDE-related (5)  
    Healing and energy work (4)  
    Precognition (4)  
    Dream-like (4)  
    Experiences with orbs (4)  
    Spiritual Content (incl. Experiences with Spirit Guides) (5)

Love-filled mystical experience (1)

Vision/memory of an anomalous learning experience (1)

### **Part V: How the encounter experience has affected the participants' lives**

My encounter experience has been positive (25)

Left me more open-minded with a more expanded worldview (19)

Left me no longer afraid of death (17)

Made me more spiritual (12)

My contact experience had one or more negative qualities (11)

Left me with a belief in the oneness of all things; feeling a connection to all (8)

Felt love from the NHIBs (3)

### **Final Discussion**

## 5. RESULTS OF THE FIVE PARTS OF THE PHASE 3 STUDY

(Note: Each of the following five parts comprising the Phase 3 Results includes, in order: 1.) a listing of: the emergent themes or categories generated by inductively studying the Survey Monkey cases that fit each part, followed (in parentheses) by the number of cases that contributed to that category; 2.) a summary of the results based on those contributing cases 3.) the edited-down verbatim and paraphrased cases comprising this theme (each case starts with its identifying code, which is the initials of the researcher who supplied the case and the number assigned to that case, such as "(JK-24)", this comprises the longest single section of each of the five parts.)

### Part I: Sightings.

***Emergent Themes*** (and number of cases in parentheses:)

- A. Kinds of objects cited (19)
- B. Co-Witnessed Cases (18)
- C. Sightings leading to interaction with NHIBs (12)

#### **A: Kinds of Objects Sighted** (19 cases)

(Summary: Virtually all of the kinds of objects reported in these 19 cases comprising this emergent theme can already be found as relatively typical in the existing mainstream popular and research literature. Following are the descriptive essences of the kinds reported in this category: "Alien craft hovering like a birthday cake... a large white sphere... a large gray-colored rectangular box... a large triangular craft.... a large matte black triangle.... two ping-pong-ball orbs....huge and dark rectangular-shaped..star-like objects...a large cigar-shaped craft.... a ruddy red orb... a 'Star Craft'... lights flashing like fire, the rest looked black metal dark... a different-looking craft with red lights... a silver disk, a green fluorescent ball.....a big rectangle floating... a huge ship, stories high... a bright diamond-shaped craft... a large triangle-shaped craft ... a red glowing UFO ... a craft sitting, glowing with a white light inside... a diamond-shaped craft ... a very large white transparent sphere ... a large circular craft ... an isosceles triangular craft ...a smallish saucer, the width of a house.")

#### **Edited-down verbatim and paraphrased cases comprising theme A:**

- (BM-5) "A craft "very large and dark at night..... no lights, just a presence."
- (BM-4) Three stationary lights...wobbled, and flashed red, yellow, and orange lights... a white reflective orb-type craft. Then saw a second ...They seemed synchronized..no sound... a white light that appeared from thin air... flashed sequentially seemingly at my mental request...affecting all the electronics in the house...orb-forms, casting an orange light."
- (BM-12) Saw a large round alien craft hovering silently like "a birthday cake"...windows spaced around the second level...saw human-looking beings moving at the windows."
- (BM-10) "A large white sphere or form...totally quiet....a UFO pacing my car...a large gray-colored rectangular box with a big black circle on the side facing me."
- (BM-1) A large triangular craft hovering silently...a dull dark gray or black, about 50 feet long and maybe 25 to 30 feet wide...a large bright yellowish-green light with a sparkling or luminescent quality....A smaller whitish blue light at the top of the object flashed once like a strobe light.

- (BR-11) A large matte black triangle, no lights, just silhouette... a blacked-out military helicopter chasing two ping-pong-ball orbs, like a dim-blue LED light illuminating them.
- (BR-17) "Hovering over my backyard, huge and silent, with six red lights, I think rectangular in shape...larger than a football field, the undercarriage like smooth silver plumbing, pipes in a maze-like pattern."
- (BD- 19) Five star-like objects in sky zipping at impossible speeds and angles....a large cigar shaped craft in the sky, bright orange and lit up darker and lighter with the vibration of the sound it was giving off.
- (BD- 9) Ruddy red orb was a trans-dimensional portal of a much larger ship... color changed during ascent, absolutely silent, exhibited extreme sentience and seamless intelligent control....seemed to distort and warp space/time...two protruding flat trapezoid planes extending simultaneously horizontal to the center of the craft with hieroglyphic symbols in bass relief shadow, symbols change shape, melt, sink and reorganize in descriptive proportion to the engine's power phases... center of the Star Craft was transparent with only an intense central clear white light."
- (BD- 8) "Lights flickered like fire, like magic"...red, yellow, white only on the edges, the rest looked black metal dark, a disk. Made no noise."
- (BD- 17) Noticed a different-looking craft with red lights, "was larger than others I've seen. The lights flashed and the pattern changed."
- (BD- 4) Throughout his life, he says he saw stars moving forward, backwards, sideways; lights moving in and out of triangles, a silver disk, a green fluorescent ball floating over fields, and a big yellow rectangle UFO floating over a lake.
- (JK 1) "The ship was huge. Stories high and a runway through it. Portholes and people....[also] saw a bright blue diamond-shaped floating craft."
- (JK- 8) "Silent blue green light traveling below dense cloud cover...Red orbs moving up and down in the sky..Large triangular-shaped UFO less than 300 yards away, about 150 feet across, accompanied by smaller disc. The triangle responded to our light signals by signaling back to us. Totally silent...Red glowing UFO with advanced heads-up telepathically sent that it would appear at 2 AM [which it did]...Tiny points of light moved across the sky in small jumps constantly changing direction. Also, golden globes."
- (JK- 12) A craft sitting on "incredibly thin, straight landing gear," glowing with a white light inside.... entire body of the craft was transparent with only a base and some thin supports around the edge. The craft was shining a beam of light from the bottom onto the ground. Saw between two and four silhouettes of humanoid creatures moving about...a dome-shaped craft with a light at the apex of the dome and running lights across the bottom-edge circumference.
- (BM-10) A massive flash of very bright white light in total dead silence....about 50 to 60 feet in diameter and approximately 50 feet off the ground....the classic disc-shape...three beams of white light coming from the bottom, shining all about as if it was looking for something...saw a UFO shaped like a walnut, brightly lighted to an amber color, then started to move up and down, then move around, very quickly blinking off and on... saw a very large white translucent sphere, slowly moving. Two smaller white spheres exit from it.
- (JK- 3) A large circular craft with 5 white lights in a circle around the edge, surrounding a larger, brighter, blue light in center...identical isosceles triangular crafts, with three red lights, one on each point, and a brighter, green light in center...a small disc of metal spinning around the brighter light on the circular craft.
- (JK- 5) Saw a smallish saucer, the width of a house, over a lake. Dropped an orange beam, narrow at the base of the craft and wider towards the water.

## **B. Co-Witnessed Cases** (18)

*(Summary: Involved family member(s), friends, neighbors, coworkers, fellow auto passengers.)*

Edited-down verbatim and paraphrased cases comprising category B.

- (BR- 9) Also experienced by a state trooper who took a Polaroid picture of the object.
- (BM-6)-*(experiencer was a flight attendant for 17 years)*. With pilots and three other attendants "saw a huge circular mothership above the airport. It made no sound, appeared to be completely still, about 10,000 feet above us...I could see windows in the bottom . I knew they were watching me."
- (BM-7) She and her daughters at four different times saw triangle-shaped craft in clear rural sky, 100 feet above ground.. *[In another incident]* co-witnessed a white tubular cigar-shaped craft *(and says she has photos and videos of craft and 'energies')*.
- (BM-4) "My mother, father, sister, and I were in backyard of our house, watching the stars when we all saw a row of four white lights flashing back and forth rapidly in sequence, unmoving and hovering directly overhead. Had sensation of being watched... I saw another craft with two friends. Orbs of light moving in unison in night sky, disappeared as though being blocked by the body of a large craft, and then came back into view... I surmised to my friends that it must've been a massive cigar or cylinder-shaped craft based on the movement of the lights."
- (BM-3) Two grandsons saw craft *(and filmed one)*, including "releasing maybe 100 smaller ones like fish spawning." "And I also saw a black-boomerang-shaped craft with five lights."
- (BM-9) "With about eight adult friends, we watched what looked like a busy highway of different-colored UFOs moving and changing directions at slow to extremely fast speeds"... Driving with her son, being followed by "a glowing purple ball of light with some other colors swirling through it"... *[Another time, driving with her daughter]* "I saw a giant shimmering ball of energy, like a silver-blue-white force field around something, descend behind some houses"..She and fiancé went for a walk, and were "stopped by 2 by 4 foot intelligent ovals of different-colored light (red, blue, green, yellow) that were traveling at blurring speed around us on a level plane about my shoulder height. I asked my partner if he saw anything and he described the same thing. We just knew they wanted our attention and for us to know that they were intelligent. Then they shrunk into pin pricks of light, which I've sometimes seen around people."
- (BM-3) *(with two friends)* "Saw the same bullet-shaped UFO, with orange flame and white trail and round window..."
- (BM-10) *(Another incident)* "Sitting with neighbor on front porch, We noticed a large white translucent sphere traveling from the East and going overhead. Then a lot of little white balls or orbs exited from it, traveling in all directions."
- (BM-10) *[with two others]* "I saw a bullet-shaped UFO about 12 feet in diameter and 20 feet long, hardly moving at all toward us from the East. It had an orange-colored flame and long white trail behind. Enveloped inside the light and had what looked like a port-hole window on the side toward the front. I could see someone inside. They were sitting on a seat. The whole thing took about 30 seconds."
- (BM-1) "I saw a small, bright, round object or light going from East to West at extreme speed. A second or two later I saw a military jet appearing to follow it but much more slowly. Both the object and the jet were high enough to reflect the sun. My husband and I had just parked. We

both saw three silvery white discs in a triangular-formation above us. Each disc looked like a yo-yo on its side with the top section a little smaller than the bottom . Each one had several windows or portholes. They moved very slowly ...I saw a large white light in the sky to the East, maybe half the size of a full moon . It began to flash off and on for 10 flashes. The pattern seemed very regular and impressed me as being mechanical." Was 100 to 200 feet above the creek...with husband, I caught sight of the underside of a very large object, 50 to 75 feet by 25 to 35 feet, glowing, circular, white lights on the bottom, about 20 to 35 feet above the car."

- (BR-11) [*Mid-1990s*] Walking on beach in Georgia with girlfriend. "We saw green and red lights on the horizon, over 10 miles out, doing the same impossible maneuvers my dad described that he saw there with his brother over 20 years earlier. We watched in awe as they chased each other at incredible angles and speeds." On another occasion, on a dark beach with no homes nearby, no city lights, "We were spotlighted from above with a daytime-bright bluish light, about 30 feet wide and perfectly even." They noticed the shadows cast by people's footprints in the sand. His girlfriend, looking very confused and frightened, with eyes wide and arms flailing, with her head snapped back looking up. "When I finally looked up after seeing her, the light spontaneously shut off before I could see its source."
- (BR-3) [*In 1976, on Miami toll road at 3 AM*] "I saw a large saucer-shaped UFO with colored lit windows. It hovered just over the power lines." Witnessed by a second person in the car. Reported two hours of missing time.
- (BD- 19) With a friend, driving. "We saw a bright light coming toward us on the road. As it got near it got bigger, almost blinding us"... She slammed her foot on the brake. As she did so, it suddenly shot backwards at tremendous speed and disappeared. Two weeks later, she began to draw first scribbles and then all sorts of craft and beings and have had otherworldly writing come through to her.
- (BD- 8) [*Next occurrence, 2012, He and friends saw two UFOs over Lake Michigan. One descended to the surface of the lake. One vanished while the second lowered into the lake, still visible as a red light in the water descending out of sight... [In 2013] He and his partner saw a UFO fly over the house. Went on a camping trip, but it found him there.*
- (BD- 9) Has a 20-year history of observing and interacting with over 260 'Star Craft'. Has had dozens of group sightings with friends and family.
- (JK- 12) [1993] "I was working at a summer camp in Minnesota. We were in the wilderness where the night sky was vast. A fellow counselor ran up to me shouting that her entire cabin of girls saw a UFO hovering over one of the buildings. I followed her out and joined the gaggle of people staring into the sky at a light about the size of a small pea held at arm's length. It was shifting color between red and green. Later, after putting the children to bed, the two of us felt a deep vibration stirring, asking each other, 'Do you feel that?' The windows started rattling around the entire perimeter of the building. We went outside. Hovering not more than 25 feet above us was some sort of craft. It would have been about the size of a manila envelope held at arm's length. It wasn't making any audible sound, but the vibration it emitted was tangible. It had four giant lights on it in an offset honeycomb pattern, and because of the lights' glare, neither of us could make out any structure other than the lights. It hovered, stationary, for less than 10 seconds before moving off to our right."
- (JK- 3) In a busy intersection in the city during the day...."a huge cigar shaped ship, hovering silently right above the traffic light wires, metallic and brown [with] pipes and valves on the outside, looking like a flute." Co-witnessed by boyfriend and another driver.
- (JK- 2) [*Witnessed with 10 others*] "A large, geodesic egg-shaped ellipsoid craft with a faceted surface, like a green gem with distinct corona/halo around it of same color. It

materialized, then descended rapidly, partially materializing, could see stars behind the craft...Dematerialized completely as it approached ground."

- (JK- 10) "My husband and I saw a UFO by our window and it suddenly zoomed away erratically in a zigzag pattern. Then it was above a car park, but nobody else saw it. We looked at each other, and then we went back to doing what we were doing, which is not normal, a bit robotic...The craft was a like an upside down U shape and had a red and blue light."

### **C. Sightings Leading to Interaction with NHIBs** (12)

*(Summary: Many of these cases started with a sighting of an unidentified object in the sky, then moved to ET communication with the observer and often even being taken on board. Additional examples of this kind of case can also be found under "Part 2: Personal Experiences with NHIBs")*

#### **Edited-down verbatim and paraphrased cases comprising category C:**

- (BM-10) Very large white translucent sphere, slowly moving, Two smaller white spheres exited from it...."That night, when I went to bed, a white vertical pillar of light appeared by my bed and slowly moved across the room for about 20 seconds."
- (BM-2) *[Says she has had dozens of sightings lasting from 30 seconds to an hour or more.]* "It is as if I can communicate with them telepathically. The NHIBs were teaching me how to call them (*channel*) when I was young."
- (BD- 9) Observed *[what he took to be]* "An 'Altimirian Star Craft' silently operating and existing simultaneously in 3D/4D/5D dimensional space/time while being in a telepathic state of connected consciousness with the crew and ship directly overhead. The craft continued to silently amplify its energy phase and seemed to approach a power apogee and then simply turned off, phased out, went invisible, dropped out of our space/time continuum dimension without a sound as the craft prepared to depart...There are few words to describe the feeling of loss and separation after being physically within their advanced fields of consciousness and spiritual being....Most effective techniques *[for contact]*: amplify an open loving heart, psionic projection of friendship with an openness to the universe and its beauty."
- (BD- 9) A "Zetan scout craft" approached half a mile away, with one, then two, bright headlights. Silently went over the hedge-top at 15 feet at a distance of 75 feet while decreasing in altitude to prepare to land. Then the craft optically camouflaged, turned off, went transparent... Observed a 30-foot spherical "Star Craft" materialize over a line of trees, stop, beam a vertical shaft of light, and move on while turning transparent. When walking back to the house, "'an Estican" (Mantoid) within the pine trees telepathically clicked a very loud, unmistakable 'Hello,' causing me to skid in my tracks."
- (BD- 11) *[First experience in 1959/60]* Woke up with a sharp pain coming from inside his body lower area and woke up crying. Above him was a ball of white light a little smaller than a baseball. The pain did not last, and the ball went through the closed window and curtain.... *[In 1964/65]* noticed a lit-up object over the trees that made no sound. He shined a light toward the object and it shot off and was gone.
- (BD- 17) Multiple experiences of standing outside a house, barefoot on the grass, watching the stars and feeling a lot of joy energy coming down crown chakra, which he sends out through his body and into the ground "for mother Earth." Communicating telepathically during these experiences.
- (JK- 11) "I was dematerialized... conscious of my physical body, I was able to take a deep breath through my nose. It was cold in there. I sat up on a table in a foggy dark room with 3

little flashing lights, each a different color. I fell back from a blast wave that hit my chest, then one hit my head on the right side. There was then a fast array of images and dematerialized back into my room, setting down half on my bed and on the floor at the end of the bed. Returned back to bed angry, thinking 'Everything will be Ok' over and over... I used telepathy and returned the message that this was unfair treatment, and I appeal this to a higher authority. I got my answer... when daylight broke, I searched the house, looked out every window, and there was an ET looking over the fence as plain as day. I was too afraid to do anything."

- (JK- 11) "At the plaza in Hamburg, 2012. A craft landed in a parking lot, and my daughter saw it... I was at Applebees looking out the window. The craft were everywhere.... felt in a state of equanimity with everything, connected, oneness with the world. I tried to communicate in my mind. It was conscious and our minds locked together... I felt rather small and unworthy, like I could not be a part of this, but then I felt magnanimity; forgiven and loved... sat down to eat...I was jolted with electricity... I thought I stepped on a power cord.... it hurt, but I sat next to window... thinking of my family... then a solid silver craft floated down and landed in the parking lot. Then many other crafts appeared flying at a high rate of speed everywhere, like Star Wars.. I looked behind me to make sure it was not the TV reflection in window, and knew this was real... A second disc came out from underneath the first and started to spin counter-clockwise.and took off in the sky and all the other crafts too. Then it came back after doing a big triangle formation in the sky about 100 feet up. It had to fly around the telephone wires and as it approached me, it changed shape with a long projection coming out of its bottom. As it came closer, it had structure like a tall gothic black building.... it stopped as I pressed to the window.... how could something that big be that fast?"
- (JK- 4) "I witnessed my father being taken aboard a saucer-shaped craft by a grey being,"
- (JK- 7) [*Made a video she put on youtube*] "clearly shows an interdimensional ship on Lake Titicaca, not clear to the eye, but slowing down the film, can see it very clearly They telepathically let me know when to film...Only when I got home did craft appear on film...I sensed they were with me often, but invisible... I call and they come within 10 minutes, though often they are already there, waiting,...I feel an energy and often see spherical craft, translucent, an energy of some sort, floated and dematerialized after I acknowledged it."
- [JK-3) "A shadowy doorway opened in the air and an NHIB that looked like a troll wearing a coat came out of the doorway and walked past me muttering like he was annoyed that I saw him. His coat had lots of pockets in it and jingled when he walked. He was 4 ft. tall and dark brown in color with a big nose and rough skin. He walked off into the woods and faded into the air like a mist. I got the impression he was a scientist gathering plants, and ran the doorway for others to come through."
- (JK- 11) " I awoke to my wife screaming in bed next to me... and what looked like a ghost over her... legs spread open... I tried to get up and one ghost was right in my face... I crawled back out of bed to get away....my wife was pregnant at the time. [*After*] four months pregnancy, baby was gone... nothing there. Woke myself up for the last time I was ever abducted again."

## **Part 2:- Personal Experiences with NHIBs**

Emergent themes and Number of Contributing Cases:

**A. Contact Experiences on Board Ship (38)**

**B. Experiences Involving Physical/Medical Procedures (33)**



### **C. Descriptions of NHIBs (32)**

*[Incl. very boiled down versions with no codes for cases; gist of descriptions of NHIBs from earlier "Contact Experience on Board" category; original cases in this category before being edited down; of the remainder, stopped distilling down, fearing losing too much good detail]*

### **D. Encounters in the Home (26)**

#### **E. Abduction type (5)**

#### **F. NDE-related (2)**

#### **G. Human military type (2)**

#### **H. Single complex case**

---

### Emergent themes:

#### **A. Encounter Experiences on Board Ship (38)**

*(Summary: Often, spatial or dimensional changes were experienced. For example, once inside a craft the interior space becomes much larger than could have been the case when experienced from the outside. Most craft were reported to be round or circular from the outside with curved, tapered, sloping or crescent-like walls or rooms inside, Interiors were usually smooth, no seams or connections, as if made from a single mold. Contactee often felt he/she was being observed. Numerous descriptions of feeling in an altered state of consciousness, dreamy or groggy. Many of the ETs experienced during contact were described as typical 'Grays,' some as insectoid or praying-mantis-type, some as somewhat reptilian, some very human-looking and often very attractive; also 'hybrid' babies sometimes described. Recurrent motifs of an opaque interior wall of a craft becoming temporarily translucent or clear to see through. Sometimes on board, a change in one's body sometimes experienced, as changing from physical to subtler-energy, higher-dimensional, or 'astral' form, or one's body being transmuted or levitated. Cases of alive-seeming craft able to respond to intention and mental command. Often, the ETs (NHIB) seemed very familiar to the contactee and were experienced as a longtime friend or as true family, being told by the ET: "You are one of us," or "I am you." In a number of the experiences, contactee said, "They don't like it when you know what's going on." One ET was felt to be the contactee's "real" father. A number of the contactees reported being taught things on board, including how to pilot the craft, or being told one already has the needed information within only awaiting later access and use. Telepathy almost always the mode of reported ET/human contactee communication; descriptions of getting mind-scanned and of having one's mental contents accessed. Recurrent motif of seeing, or being on, an examination table with scanning/imaging technology being used. Some of these kinds of reports can also be found under "Part 2: Personal Experiences with NHIBs; "Experiences involving medical/physical procedures.")*

### Edited-down verbatim and paraphrased cases comprising theme A:

- (BD- 1) While driving, observed an object, glowing white, mute heaviness all around. Distinctly felt a high intelligence watching him, conveying the very definite impression of being not only intelligent and massively powerful, but also benign, even loving, yet in an unfamiliar, objective, impersonal way. No sound. It came slowly through the dense, low cloud ceiling and out of sight... Suddenly she saw a craft. The hatch opened and standing in the doorway was a tall, blond man in a blue-green jumpsuit. He stood there smiling, and telepathically invited her aboard. The outside of the craft looked about 30 to 40 feet in

diameter, but inside was huge. "He took me all around and explained how it worked, where he was from, what he did for his job. They used crystals in this craft. I asked him, 'Why are you even talking to me? You are so far beyond my intellectual capacity, so conscious, so loving and wise.' His answer was, 'Because you are me,' meaning the future and the past does not exist and the apparent differences between the two of us, male/female, present/future, superconscious/conscious, spiritual/material, does not exist either.

- (BD- 9) "The interior of the Star Craft was enormous, stadium-sized. It first appeared as a small sphere and enlarged 10 times in our space/time but was really a trans-dimensional ship that simultaneously existed in 3-D and 4D dimensions. The compartment or training room where my navigation lesson occurred had ceilings 25 feet in height with highly technical architecture with walls and a matte aluminum finish with ashes of orange and violet light.'
- (BD- ) They pull him up, or he projects himself up. Has been in a craft with different rooms and walked to other rooms. One room had babies/toddlers in it and he held one of them. He thinks they had been through some trauma on earth.
- (BM-2) Some larger than a football field, interior areas, many levels of rooms and areas. Not very colorful. Floors made of some kind of metal substance. Some larger areas had a softer material underfoot."I have no idea how I got on and off the craft. I'm just suddenly there."
- (BR- 16) "I remember being taken from my bed and seeing my astral body hovering up passing through the attic and then to a ship. This happened a few times. I also remember being in a class with other kids. There was a large table and we are all moving objects with our minds'
- (JK- 12) "I recall being on board an alien craft—or whether it was actually a base, another planet, or whatever, I'm not sure. But my perception and assumption is that they were spaceships....as a child, after being removed from my bed, found myself inside a giant room presumably in an alien craft. There were several other human children there, maybe 40. We were communicated with telepathically that we were to take part in a certain test and when the test was done, all this would be over. The test was for us to try to find a particular pebble with something written underneath it. We walked around a path of pebbles in a giant circle until we were told to stop, at which point we were told to pick up the pebble in front of us. I just knew the pebble I was going to pick up was the right one, and it was. Two aliens in physical form came over to congratulate me ..The first craft that I remember being on, I only saw from the inside. I believe it was quite big. I saw a very big, circular room; presumably domed (I could not see the ceiling, but the walls curved up as if it were a dome). The diameter was probably 30 feet. Along one edge, there were ledges and platforms to sit on, appeared built in. Everything was metallic, but wasn't cold. Around the perimeter of the big room were a few doors, presumably leading to rooms around the edge of the ship. I went through one of these doors into a room. There was an examination table in the center, a curved wall on the far side, opposite the door through which I entered through what seemed to be an exterior wall to the craft. During my experience, part of the crescent-shaped room became transparent and I could see deep space beyond. All the walls tapered up, curving to an unseen ceiling. Later, I was taken down a hallway to a small room, circular, 7 to 10 feet in diameter. Some sort of landing craft, and the previous rooms were on a so-called mothership, because there were suits hanging on the walls, as if for use in inhospitable environments and also because the floor opened up and I was walked down a ramp onto my front lawn. I did not turn around and look back at the craft, so I can't say what it looked like. On the last craft that I remember being on, it appeared like a relatively stereotypical flying saucer, sitting or floating on/above the ground as we approached it, and we went into an opening in the lower half of one side of it. The craft was domed on both the bottom and the top, like two shallow bowls set against one another. There was a slightly higher dome on top, which I presume could have been the cockpit. The entire

craft was probably 15 to 20 feet in diameter and 12 feet tall. Once on board, I was in a very small room where they took a sperm/urine sample from me. Again, the walls curved and everything was metallic."

- (BM-7) Aboard a craft, round bubbled-out window [*provides a lot of detail*]... I knew they were observing me. At first out of focus, then vision clearing... I see three sets of black slanted eyes and three transparent white smoky beings, see-through transparent.. going from sitting position to lying down sideways, saying, 'No, you are not going to do this to me' "
- (BM-11)-In rounded medical facility, being taught things, shown ecological changes. "I felt uncomfortable, like I was being watched... Absolutely wide awake. Falling asleep, saw three beings come toward me, immediately blacked out, , saw a bright light shining over my face, a being with large black almond-shaped eyes peered over me... My mental questions were immediately answered telepathically by the being... Other smaller ones, 3 1/2 to 4 feet, looked humanoid, behaved like worker bees... Taller main being, 5 feet, somehow knew my Gray was masculine, seemed familiar."
- (BM-6)- "I experienced being moved out of the window and up to a craft, placed on a table...continually kept saying, 'Please don't take me,' over and over ...felt like being mentally communicated with ...like that sighting was for my benefit"
- (BM-4) "I have both been taken against my will, and taken with permission (me being aware and okay about it)," but not clear of her mental state, how she got there. much of incident seemed dreamlike, "as soon as I close my eyes, I opened them to find myself in a completely different area and in a groggy state" (repeats this phrasing for a number of different situations); gives detailed descriptions of being on different crafts, remembers guiding others around a craft, "I saw other human-looking people in similar attire to my own. They saw me as though I was one of them. I notice I'm not alone in the room. Standing in front of me, working near the counter, was a tall young man about 6 feet in height, short-blond hair, fair features. His eyes were almond-shaped, blue irises with vertical-slit-shaped pupils. He wore a blue-colored, full-body skin-tight outfit with black boots and a belt"... Has had numerous experiences with human-looking NHIBs, blonde and brown hair, 5 to 6 feet in height. "They wore silver loose-fitting jumpsuits with white shoes. I was told they would be teaching me about how the craft runs and operates. I saw blueprint or diagram appearing on the tabletop. As I was seeing these images, affirmation poured into my head at the same time. It was the propulsion and energy system of the craft, it involves the system's electromagnets spinning opposing magnetic fields in a toroidal form. It was complex seeing it, yet I understood how it worked. Had an experience of an "androgynous-looking woman dressed in white robes. She was tall, blond and had blue eyes and graceful features. She spoke to me in her own language, but it translated automatically into the English in my head via telepathy. She said I was not like human children: 'You are unique. Special. One of us.'. Everything went black. There was a popping sensation and I fell to the floor of my room, having been dropped from a foot in the air. The vortex that was in my room disappeared. It felt like I was on that planet far longer than the conversation with the woman took."
- (BM-12) During a nighttime sighting, "I purposefully closed my eyes shut as tight as I could make them so that my eyes hurt. When I opened them, the craft was still there. I did it again, and it was still there. The third timek when I open them, I was on the craft standing with three perfectly formed, tall, blonde, blue-eyed, very-human-appearing beings in long white robes with a long gold stripe going the full length from top to bottom. One of the beings held a small device in his hand and used it to scan up and down my fully clothed body. These three beings felt to me like they were my real family, unlike my parents who were raising me. They were loving, caring, gentle intelligent and wise beyond human. Toward the more central part of the

craft was a much shorter gray alien operating some of the craft controls. Telepathically heard from the others that this gray was an 'independent,' was told it was a great honor for them to meet another alien being. Following them to a very dark space, I saw that I was sitting in front of a very large mantis being. His body was entirely black. I had no fear. It made mind-to-mind encounter with me, exceedingly intense. I felt that everything I had ever seen, felt and experienced was being pulled into the mind of this mantis being. It left me completely exhausted."

- (BM-9) In a lucid dream, "I found myself in a curved room with lots of windows on one side, and saw the street and houses below. There were tall silvery white haired beautiful people in white uniforms moving at a curved control panel. One woman addressed me lovingly in my mind and said they were related to me. She asked me if I would do something for them-- to become a watcher. I asked what I had to do and she said they would put a recorder in me and that all I needed to do was to live my life and that they would return from time to time to see what I learned. I said okay. All the communication was telepathic. She said their technicians would put the recording device in me and when I turned I saw an alien coming toward me out of a darkened area (one of six): big black-eyed, big-headed, skinny uniformed bodies, olive skin, 4 feet tall with no hair and only a tiny mouth. I wasn't afraid until their mind touched mine: there was nothing recognizable about their mind; it was alien and connected to many other alien minds, like bugs. I was so terrified that I passed out. I woke up walking along the street and ran home."
- (BM-9) Was inside a ship on the observation/control deck. There was lots of light on the window/control panel side where five Pleiadians (unsure of) were. Other half of the room was in darkness with 6 to 8 technicians with big eyes (need less light?). The control panels look like computer screens but there weren't any buttons. It looked like the controls were operated with hand gestures and/or telepathic interface."
- (BM-10) "In another experience, three entities enter the room and each is holding a strange-looking machine. The first one has what looks like a backpack and a small box with what looks like a cable and a microphone attached. The second one is carrying what looks like a small diameter long flexible tubing. The third one is holding something in his hands. They bring my sister into the room. She's holding something that looks like a board with both hands. I'm face-to-face with a dark brown entity named Elbe, the same entity from my previous encounter. When I became awake or coherent I found myself inside of a small clear cubicle attached to the ceiling above a large room. There are other cubicles there along with mine. Each has a human in it. He tells me that I'm in one of their ships and that I had to be in this cubicle for my protection. He tells me that I have been programmed since birth to fly the ship to transport chosen people off of this planet to another dimensional earth in the near future. All communication is done telepathically. After he tells me this he gets close face-to-face as if he were downloading information. Everything in the ship looks as if it's all a one piece unit, as if it has been injection molded. All shiny-looking black plastic or ceramic-looking material with absolutely no seams anywhere. Elbe has me sit down in this chair and immediately I can see through the walls out into space, looking at the earth. Symbols appear on this panel, same as I've seen in previous encounters. There are holes and depressions on arms of this chair and Elbe tells me to put my fingers into them, then to lay my arms down into the depressions. They fit perfectly and very comfortably. Off to my right is another dark brown entity sitting in a chair with a control panel like mine. Looking at me, I sense she is female. He (Elbe) tells me when we accelerate I will feel G force until we start to dimension-hop and after that no G force. In a previous encounter he showed me a device that allows them to travel inter-dimensionally. He told me such knowledge is already inside of me and all I have to do is think about what I want

to do in the ship and it will respond in my thoughts. I think Earth and acceleration, causing the stars to streak, then bam and we are back in a second looking at the earth... In another contact, 'I would find myself in a very white hazy or cloudy room that has a table and off over in the corner is the tall being from my earlier encounters.

- (BM-10) Later incident, on couch. Again, the vertical floor-to-ceiling beam of light. Everything turns fuzzy white and I find myself standing in front of a large window looking at the stars inside of what looks like a ship of some kind. The brown-colored entities are with me, but only one is communicating. This isn't a scary experience and I feel completely relaxed. He tells me that we are going to take a little trip and that there is nothing to fear. The stars turn into streaks of light. I wake in a room sitting on an armless chair watching symbols. There are six rows of six symbols that change about every three seconds to another symbol. I'm forced to sit there watching these for a long time and this entity tells me that I have to learn this. There is a feeling of love with this entity. After everything turns a fuzzy white, I'm face-to-face with the same entity again and now it feels like he's downloading information into me. This staring goes on for a long time and then I find myself with this entity on some kind of a craft, all black and looks as if everything is made from one piece. I can feel the G force and it gets to the point where I pass out and then find myself in a room watching symbols. An entity is over in the corner watching me. I can't move my body, only my eyes.
- (BD- 3) On a craft that had brownish walls on the inside , a white panel where two people sit, one to send navigational intention for destination and also to bring people on as we pass over their homes . We have agreed to do this. People will arrive in OBE form, though they have most times full recollection of how they got there. The sensation is being pulled up through the ceiling, going through it, and then suddenly being seated behind the two of us at the view-screen. Was told by one of the half reptilian/half Zetas that the chairs are to make humans feel more comfortable.
- (BD- 2). In another incident, on a saucer-shaped craft approximately 30 to 50 feet in diameter with three levels and everything looked like an unpolished tungsten very sterile environment. There was no instrumentation and then it seemed to manifest when they needed it and until the manifestation was no longer required. He got to the craft, immobilized and levitated by three grays. He saw three small grays, two tall grays, and one human in military uniform, also two other abductees on tables in same room, one male, one female. Was taken on board this craft numerous times from age 3 to 16, but they stopped after his NDE.
- (BD- 19) Recalls the craft being large and circular, silver inside. On the left-hand side there was a very large map of different planets and routes that were in line of tenuous dashes. There were many planets on a map next to that map. To the right were arch-shaped doorways. The whole of the right was full of panels with screens, levers, and knobs.
- (BD- 18) Was taken once aboard a one-man craft, held above the earth, and passed across to another round, silver craft. One held a group of confused hybrids in horrid forms. The other was a group of grays. They wanted to apologize for interfering with humans. The reps (reptoids) used hybrids of the program for trafficking, cannibalism, and slavery. Those working under them were afraid of them. The reps had a 'shredder' which could destroy planets. The conversation went into the early government. Other encounters with reps are sometimes hostile. Insectoids give a sense of malevolence. One of them killed her encounter.
- (BD- 8). Saw three figures outside the craft floating. One had a wand like device that had a glowing light on the end. Was terribly afraid, then instantly calm when the light came on. There was an opening that looked like a beehive, meaning it opened with tiny octagon's. It reminded him of tables that change shape by moving them. There were multiple levels with curved halls. No corners. Everything seemed to blend together like a mold... Recalls a long rod floating

above him and shooting light into his body starting at his head and working its way down. Was shown another room where there was a female being behind amber glass. "I felt like she was related to the taller one and to myself." Then he saw something that he will never forget, which would change him permanently. One being walked with him up a set of curved stairs to a top level where the walls were smooth and seemed like an endless black. Then he could see stars and the earth and seemed to be moving closer around in a high orbit. So many colors, blue, and then green, a swirl of sand, then he passed out... Some look like stereotypical grays, some like the work I've seen of David Chase. Some, more human in appearance. There was a message in his head that kept repeating: "This is not how this should be happening." They were interested in his body, and his feelings about the world, love, fear, and death. They took out an implant. Saw glowing lights coming off the craft, but it wasn't just lights. It was ionizing radiation and was turning the gases in the air into plasma. A part of their propulsion device was harming him, so they had to stop. He felt the pull in his stomach and then could see blue light before he passed out.

- (BD- 9) Experienced pilot training for space-and-time StarCraft navigation. In a well, encased and organically molded neural interface chair. The conforming chair was matte-black metallic structure over his head. The training was intensely telepathic and silent.
- (BD- 10). A large circular room inside a craft. Dimly lit, silver walls, black shiny floors, and had two inset, small, round blue-lit 'kiddie pools'. In the center there was a column coming from the ceiling to the floor, but was not permitted to wander off... Tall, male, gray, approx. 5' 6". Hybrid children (1 to 2 years of age). Humanlike, translucent male beings. The tall gray was guiding, directing, and supervising him through the tour of the craft and introducing him to the humanlike male translucent being and guiding him towards the little hybrid children whom he knew, speaking telepathically to him. The humanlike male translucent beings were just sitting, waiting in the kiddie pool with their shirts off, as if sitting in a hot tub, relaxing. They were gawking at him. "Little hybrid children were cheering and jumping up and down in the kiddie pool when they saw me standing over by the first pool as I turned around to look at them. I then hurried over to see them and they jumped into my arms off the ground. They were giggling and talking to me and hugging me. It was quite incredible."
- (BD- 11) First time in craft, the taller being leaned over and looked into his face. He said nothing, but felt his emotions. Believes it is a device that checks on and can transfer energy of one body to another temporarily.
- (BD- 11) Inside, was totally lit up, smelled like plasma. The room was too bright to see where things ended.
- (BD- 12) In 1990, with daughter 12 weeks old. "I woke up and found myself lying in a chair, almost like a recliner, in my flannel nightgown in what looked like some sort of storeroom/sleeping area. The walls were gray and there was very dim, recessed lighting." Her first thought was that she was dreaming and should go back to sleep, but realized two things: That she was awake and was also conscious and was waiting to see someone who was very important to her. It was like being in two separate states of consciousness at the same time...Had one recollection of being on a craft and only an interior room which was a dimly lit storage/sleeping area. It was rather small, maybe 10' x 10'. The walls were gray in color. There were no sharp corners, everything had rounded edges. A 'man' came into the room, was bipedal, about 6'7", wearing clothing that seemed to be made out of pressed felt or some sort of non-woven material. At some point, he started to shape shift, beginning with his hand, which was pasty white in color. His hand looked like a large human hand and then began to soften in appearance so that it resembled the hand of Mickey Mouse. It became sort of blobby looking. She was right next to the chair at this point and its hand was near her face. He began to tell her

telepathically, "Deep sleep, deep sleep." "And I remember struggling, telling him that I did not want to go back. The next thing I remember, my eyes are shut, but I can see a golden light through them. I was spinning around slowly. Then I went through the roof of my house, through the ceiling, and was dumped onto my bed. I literally bounced off the mattress." Also experienced a small three-foot being with a large head and no clothing. The small being ran out of the bedroom when it realized that it was being observed.

- (BD- 13) "When I was taken to the ship, I thought, 'Oh wow, this again.' I was hustled off into a room and put on a table. I remember people saying or thinking that they had to do whatever quickly. I didn't have my clothes on, I think I maybe I had some sort of a white thing over me, then was in a uniform closely resembling what everyone else was wearing. Was alone when a man came up to me and told me I was on a spaceship." He tried to reduce her anxiety. The ship gave an overall feeling of calm and seemed to be a giant tranquilizer for all aboard. They were telepathic and weren't verbose. She felt some individuals' emotion more than others. They showed her parts of the ship.
- (BD- 14) "I remembered being in a large room, but didn't see a being." A device came down from the ceiling, cone-shaped and scanned her.... She had an experience with a 'Mantis', tall, strange long arms, bent. "They were scientists, very gentle.' They were showing the containment areas on the ship with their experiments. "There were various creatures from our planet. One was a centipede. Another was a furry little dog, but I could tell that they had done some kind of procedure on it because its head was unusually big, slightly lopsided. It was looking at them with a very human emotion. It was needing to be touched, to be loved, but was treated as an exhibit. I felt like I could read its emotions." There was something round in the center of the ship like glass for observation.
- (BD- 15) They all walked onto the craft. It was very sterile looking. The inside was metallic as well and it shined like polished stainless steel and was dimly lit. She saw a panel with instrumentation on it, and a chair on the floor, all one piece, no seams. "We walked down a dimly lit, narrow hallway with some kind of lighting coming up from the floor. I looked up and saw only black, like there was no ceiling. We filed into a small round room with bench-seating around the perimeter. In the middle of the room was what looked like a large, round rough crystal, maybe 6 feet in diameter, set in some kind of casing." While waiting for everyone else to get seated, she remembered her husband asleep at home and became concerned that he might wake up and get scared when he found her missing. No sooner had she finished having that thought, when the tall woman now standing in the doorway told her telepathically, "Do not worry, he will be fine." Her next memory was waking up in bed the following morning.
- (JK- 18) The craft was disk-shaped, maybe 20 to 25 feet in diameter, 10 feet high, but standing on some sort of landing gear which made it seem like maybe 15 feet. It was metallic and had a ramp. Inside, the hall was round. Everything was smooth. There were no edges, no seams or bolts holding it together. Just smooth, like it could be upside down and you would not know it. It was dimly lit. "The room I was brought to was round. The table was rounded. Everything was smooth, no edges or seams. There was what looked like a computer monitor or TV in the wall....1972, I don't remember seeing the outside of this craft so I'm not sure what it looked like. The inside looked like the first craft. Everything was smooth, the same metallic look, the room was rounded, dimly lit. The second room they took me to was very similar but no table. The wall became translucent and I could see the earth. I don't think it was gone. I don't know how I could see through it. And then they made it back into a wall that could not be seen through, just a smooth and metallic looking wall again."
- (JK- 1). "I have been to council and federation meetings, while watching my body and also seeing through my body."

- (JK-20) "They looked really old. They brought me to some other place that was all metallic and with technology that I did not recognize and that for all purposes looked like magic. There was no messing around and everything they did was purposeful and seemed routine on some level. They had me on a metal table that was cold and did things to me they were just plain disturbing and embarrassing to speak of."
- (JK-19). "I was in bed again thinking about them and if they were indeed real, I asked them to show me something that only they could. Then I was inside their viewing room, that is what they call it. It is a very large, rounded room on the outside. A floor-to-ceiling window was at one end of this huge room. It was then I realized I was with them again. I think it was a short grey that was with me, but I remember looking at him because I was walking up to this window to look outside. There were other people in the room with me in groups of no more than 4 and with each group was a short grey. Also was single people looking out this window. When I got closer to the window to have a good look, my mouth fell open and I swore out loud when I realized what I was witnessing. In front of us and under to the right was this huge flying triangle, massive in size. I was looking down on it and could see all the top of it. It had rectangular windows, not in a line, but kind of random-like along the top. It was flying just like it was under manual pilot because it was sort of tipping back and forth like our airplanes do when they are lining up to the runway. Also with us, like we were being escorted, were just a bunch of saucer-shaped objects flying with us beside and around us. In front of all of us was this magnificent planet. It had the most beautiful blues and greens I have ever seen. It looked so clean and unpolluted, just beautiful. I immediately knew it wasn't Earth, because there were no oceans. The land and water was all over this planet with no big breaks for oceans. We were flying towards this planet. Then, all of a sudden, I was on a table with a thin sheet or something on me. It was blurry around me, but I could hear movement and see shadows. Standing beside my head was something. I knew they were there, but all I could really see for sure was like eyes flashing, like a blink. I also felt they knew me very well and it was their job to make sure I was alright."
- (JK- 17) My first recollection was when I was 6-7 years. The craft was very large and appeared to be round. I was teleported into it with two ET's. But I was not conscious of being out -of-body. I was fully awake. I was taken into a room, and do not recall other parts of the ship except for a corridor to the clinic room. Inside there were human like entities in white. The room was very bright so it was hard to see walls. There were operating room like equipment and a bed which I was lying on for the procedure they were going to do... On another journey onto a craft I was about nine years ago. The craft was not huge and I was in the control room. There were windows all around and I was with my 'father'--the ET who heals me. He was taking me on a journey through the galaxies. It was black outside except for the stars. I could see panels in the craft that were against the base of the windows. There were seats also. At one point another craft came close to ours, it had spokes jutting out of it and I mentioned it to my father that I had never seen anything like it. He said that it was unmanned. I teleported back to my room." ..."Each time I have gone onto the ships it was a pleasant and willing experience.".. "I have been told by the person who was the assistant to Dr. Roger Leir that I have 4 implants."
- (JK-19) [*father, granddaughter and grandson have also had contact experiences*]. "I was on a craft, but didn't see the outside of it. I know the room I was in was very very large with floor to ceiling window. Rounded outside walls. Greys were with us in this one. We traveled, and I saw another planet but do not remember landing on this planet, just flying to it. I saw at least 5 greys and maybe 15 people in this room."
- (JK 13) "They don't like it when you know what's going on, like I wake up on the table too many times. Then I got off and looked around. After that I got to go see more of the ship. I've



been above my house/state/world and I have seen other planets, other places. They allowed me to go into one of their glass balls where you are turned into light. I've seen many other human beings, exams, other beings too. I got to see my children they had with me.... The ones on the ship were small, 5 feet or less, but the old ones are very tall. They all have large heads and eyes. Not all look like us: Lizard-type heads, big hands, green/brown ones not nice. Grays. The old ones kind of blue, very kind and they run the show. Longer arms. They all have sex with you. Exams, emotional tests, feeling like a trapped rat sometimes....[On ship] was huge, inside clean, like Army ships, only bigger. Beam of light. Movement. Looking down, put into a fog like space, more light, then moving. On a light table, looking at me, through me. Pokes, needles. Female exams, taking eggs. Sex. Mental checks etc. I said I was cold. They warmed the table. I kept talking to them... They took me to see planets, other worlds, other people's. They will not allow earth to fall apart, because it is a seed planet... Four or five grays doing exam, one for each person. The older, bigger ones look on, watching. Other kinds of beings too watching what's happening. Always naked. You're left in a white room. Floor, walls, all white. No doors or windows. Walk around looking for ways out, going nuts. Then you know it's about stressing you out, so I sat down. Next, filthy nasty stinks like a hothouse or summer day after rain. And you got to pee, but hell no, that's not going to happen. Then you're back on the table. You want a bath all the time. You're not dirty, just need to be clean. It smells like helium dentist's office. Others smell like mold. Others like sulfur. Some sweet, some stink. They don't all care for us or even at all. I've been hurt because I fight them sometimes. I don't want to be toughened up, but they still get their way. Nothing you can do... In the glass ball they used for rest, you go into your light. When you come out, it's like you're high. It feels great. You want more."

- (JK- 1). "I have been to council meetings and federation meetings, while watching my body and also seeing through my body. I have been on a federation ship which used plasma type energy as its main power source. I have been on a very large ship which was used to transport beings through planets and dimensions....Pleiadians on the federation's ship. Arcturians on their healing ships. A Pleiadian male was the captain of the federation ship. He gave me a tour of main sections of the ship.... They were staff and acting similar to a stewardess on a plane, helping ETs and myself prepare for the trip."
- (JK- 15) As a child wandered many times aboard massive ships. In regressions as an adult and having conscious experiences as well. Worked with communities on ships.
- (JK- 16) The two tall beings came and got me, the craft looked like a helicopter without blades-called by them a "nacell" craft. The outside was silver with large windows on the front. Inside had only two chairs and some controls. One of the beings held me on its lap and we were strapped into the seat together. There was no noise but we moved quickly. I felt very at peace and safe with these two. They took me away from Earth and showed me a really neat city and huge information building. There were black upright snakes [?] which closely observed me at all times but never harmed me. There were all sorts of different beings in this place. I loved the information building the best! Then we had to come back...I'm having difficulty discerning which [NHIBs] are good and which have bad intent.."...
- (JK- 10) Was never abducted . Never part of an alien breeding program...Male with bald head and a gemstone embedded in his forehead, human-looking male, female reptilian with red Eyes, long tall whites, Grays, humanoid with 2 sets of eyes.. "I believe I am one of them [NHIBs]. I was sent here to do something. They are from Orion and Arcturus... my husband and I lost about 8 hours and found ourselves lying on top of the bed1 dead straight, likely placed there and we just got up and carried on like robots and never even asked each other what happened."

## **B. Experiences Involving Physical/Medical Procedures (33)**

*(Summary: Physical/medical experiences fell into three basic areas: genetic/sexual procedures; implants; and treatments (including examinations). The following are highly edited verbatim and paraphrased excerpts from cases comprising this category:)*

### Genetic/Sexual Activity

*Reference were made to procedures involving 'genetic markers;' "genetic coding information" taken from her, from husband, and daughters; five cases believed they were part of an "alien breeding program";" one reports "there are more than three [hybrid children] that are mine;" another was told program is intended to "upgrade DNA"; cases of being paired with alien beings for sexual experiments"; being asked to have intercourse with an uncommunicative female ET on table, "like I had no control over my body. everything felt like it was preprogrammed. The being didn't feel real, more like a doll or some kind of a sperm-extraction machine;" another described having sex with an approx. 5-foot-tall very-thin hybrid woman with large blue eyes, large head, sparse white/blonde hair, communicated telepathically, contactee felt more love for this woman than anyone or anything before or since; participant was told she had seven hybrid children and her earth children may also be hybrids.; onboard exams, samples taken from skin and inside vagina; had 2 miscarriages, one with tissue completely cleaned out, the fetus gone; "have seen the infant types which my eggs were used to create;" "I often carry a baby for a short period. They tell me this is to allow other beings to experience earth life for a short time, often to decide if they really want to come." They will give a cesarean to remove the babies..... she feels "like I am just a baby-maker and nothing more."*

### Implants

*Implants put in wrist and high in nostril; a Gray with "claw-like fingers" drilled into her ear, with loud noise- and much pain; became conscious of "a Gray creature standing in front of me taking what looked like a base string of a piano out of my nose (incl. detailed description); two cases of frequent nosebleeds, picking nose and pulling out a complex, object (described in detail)...another detailed description of rough treatment received during implant insertion; having an examination on a "sort of hospital table" in a white room with three Grays. "One introduced a thin cylinder into my right nostril, very painful;" saw two Gray-type beings, blue in color Says she has x-ray proof of implant; "I believe I have several [implants].including to monitor when I'm fertile; a sonogram, and a chiropractor's machine used pulsed energy to release muscles, both hurt when the pulse would hit the implant.*

### Treatments

*Numerous cases describing being taken to a craft and having a biomedical exam on a table, often paralyzed either in a usually dimly lit or very bright white room; one contactee became conscious, was shocked and tried to sit up, the ET 'doctor' scanning her reacted, very surprised she was awake, and stepped back; three different cases describing being dropped more than a foot to floor as contactee seemed to return to physical; two cases of describing use of "rectangular screens" that admit various light color frequencies "to realign various things that are not working right" and "to do upgrades to your physical body," being told "you are broken; we will fix you:" description of "white-lab-coated humanoid males of short stature with a golden tint to the skin and dark hair;" being scanned with light, usually done by short Grays, often using rod with blue light on end; genetic and other tests, told done "for their own good as well as ours;" a "medical healing" using a blue light... they repaired his cellular damage with light which came out of a 4-inch-diameter rod that floated above his body; saw a Mantis being, and "they had me on a table. No fear this time;" "They were beings of light and love. They are saying they do not want to hurt me"; pulled out a large rectangular*

*flat sheet to put under her to x-ray. I could look inside her body and "see, in 3-D, all the systems, everything moving, something like a hologram;"they say they use "energy instruments; "walls changed colors while receiving some kind of color or vibrational "therapy"; another case: "felt like a very cold liquid entering my head." Was in bed and "suddenly was in a sort of dentist chair, something suctioning my breasts in painful way, opened my mouth and made me drink a liquid"; visited by "a midsize Zeta who came to heal me, "touched my pelvic area and released some warm energies expanding throughout my body;" another visit "touched my upper vertebral column and pushed one of the vertebrates in"; recalled laying on a table surrounded by light and then her heart being removed and replaced with one from a human laying next to her, no pain, awake the whole time; another asked ET to hold his hand to help endure very painful injection; extended description of finding a 2-3 inch cylinder-shaped clean hole the size of a little finger in left breast, healed in 12 hours, doctor dumbfounded; a number of contactees cases were frightened, "not knowing what they [the ETs] were doing or why;." different cases of procedures done to prostate system, kidney stone removal, spinal injury repair, healing a detached retina and a knee-straightening, being healed from a severe chronic unknown stomach condition, operation for fibromyalgia, painful hemorrhoids cured, husband healed from "extremely dangerous high blood pressure" ....used a sharp, long tool put into his sinuses and brain "to stimulate pineal secretions in the decalcified gland"; after bad industrial accident with spinal cord damage and pain, contactee asked for help from the entities to "please fix my back," after procedure, no more problems; another felt doctor-type ET was her real father.*

Full verbatim or paraphrased cases comprising category B.

- (BM-11) "Showed me a log book of all the times I've been taken, ranging from birth up to the present... My own children also had the same fate... When I asked why, was told 'It's a genetic marker'" ... Says she was never abducted, but emphasized she "was not an abductee/contactee," and was treated with respect.
- (BM-6)- "Genetics is definitely at the top of my list because of the procedures that they performed on me."
- [BM-?] . "I have had a few scientific/bio exams done on me. When I was about 12, I had a bb-size implant put in my wrist... In 1989, when the little Grays came, they used a long needle to insert something high into my nostril."
- (BM-5)-Had a medical healing. A very bad pain in stomach, kneeled against the bed and asked for help. "A blue light appeared and I felt a sense of warmth on my back, and the pain went away:" believes they have taken "genetic coding information" from both her and her husband (and daughters); believes she is part of an 'alien breeding program'.
- (BM-3) Experience mostly with Grays; a Gray with claw-like fingers, "They went into my ear with what I can only describe as an electric drill, both noise- wise and pain wise. ... I have learned that it is no use trying to resist". Most experiences, however, are of positive NHIBs: Taking to a craft, sat with other humans at a table. Whole wall transparent, could see endless sky... "Used to heal with aid of a team of ET medical students who took me aboard many times to watch.". Her [NHIB] doctors have communicated to her telepathically in both English and Hebrew. Each name ends in the letter EL, which is 'God' in Hebrew."They gave names which I would be comfortable with." NHIBs have interceded at her request to heal her husband, once with extremely dangerous high blood pressure, they took him to the ship and wired him up to a computer where they checked his complete medical history. Ever since then his blood pressure is that of a young man (he is now 73). Another case with healing his detached retina. And a second knee operation. "This time I asked them to be present during the operation. The second leg was crooked in the wrong direction, so I asked the ET's to straighten it. They did."

- (BM-2) "I had literally dozens of those events on ship where was in rooms filled with babies, mostly in incubators. I would hold them, nurse them, sing to them, rock them. Some felt like they were mine." Went on for 10 years. Says she has been involved in an 'alien breeding program'. The infants look mostly human. "I know there are more than three that are mine. For some reason I believe there are 17." The hybrid program is intended to upgrade DNA...
- (BM-12). "NHIBs would come very late at night, from 4 to 8 in my room, on either side of the bed. They would place their hands over my body and levitate me. Until this point in my experience, I was conscious. At the point that I was levitated, I was completely unconscious and remember nothing. When I woke up in bed, there was blood on my pillow. Frequent nosebleeds. Picking my nose. I got hold of something and pulled it out. It was a long thin flexible eraser-like object, skin-color with what look like blue veins and a helical configuration that went from top to bottom and appeared embedded in it. Once the object was gone from my body, my regular long-term nosebleeds stopped."
- (BM-10) "The room is very brightly lit, white light. The tall being told me in my mind to climb up onto the table and have intercourse with the being on the table. I could sense that it was female, no breasts and only a small round hole between the legs. It never communicated at anytime. It was like I had no control over my body. At the age of 14, this was pretty traumatic for me. Everything felt like it was preprogrammed. The being I was forced to be with didn't feel real, but more like a doll or some kind of a machine and today I feel it was some type of sperm collection device. In another incident, after bad industrial accident with spinal cord damage pain .I decided to try meditation and asked for help from the entities to please fix my back. He had me face down on the table, a device hooked to my legs and arms to control my movements. To this day I have no more major problems with my back. Another time, a brown-colored entity was examining my back while hooked to the device, he had what looked like a 3-inch-diameter metal ball and twisting it harshly into my left ear, he then grabs my earlobe, feels like he's trying to rip it off my head. He then rubs his finger over a bump behind my ear and tells me that this is my implant and do not have it removed for any reason. Another experience, machine puts my body into a spread-eagled position and he tells me that he will be getting on my back. This is for my good, not to worry. He jerks my head back real hard, and then runs those long bony fingers down my face and into my mouth, putting pressure on my upper gum. He slowly pulls out his fingers keeping pressure on my upper gums and runs them up my face to the top of my head. He does this three times. I still remember how awful-tasting those fingers were. This entity climbs down off my back, turns my head and tells me that I have an implant in my left ear.'
- (BM-8) Awoke on a starship, very white light, source seems to be all over. 'The table I was on was silver, but soft and warm. I saw a person passing a metal looking cylinder (shape and size of a paper towel cardboard tube, but metal) back and forth over my abdominal area. I was fully clothed except for that portion. I reacted in surprise and tried to sit up. The "doctor" passing the instrument reacted very surprised that I was aware and awake and stepped back. I heard telepathic chatter not directed to me. Heard 'left cerebrum', then felt dull pressure on the left side of my head and went unconscious again. Awoke to feel like I had just been dropped on to my bed from a few inches up. Heard an inner voice say, 'Stay off your feet a couple of days and rest.' They had apparently healed me. "Had been operating on my mid- to lower-right abdomen. It left a scar which I found later. Was healed from a severe chronic unknown stomach condition."
- (BR-1) In a former aerospace engineer's 1963 abduction near Chicago, 4-foot-tall beings with gray skin and large dark almond shaped eyes. One believed to be a female fed him "a metallic tasting something." One, even though a Gray with large eyes, had a "sort of transparent orange

color skin." She raised her hand and levitated three small, brown-skinned beings about 2 feet tall with oval shape-shaped heads and round, dark brown eyes. Had biomedical exam. Was placed on a table, paralyzed, and felt a small pain in his genital area. "They penetrated my skin from the front part of my neck to the back part and left scars. They moved me out my window, through and up to some craft, floating upwards. Was placed on a cold metal able (again) and sperm extraction by machine. Taller creatures of the same type seemed to control everything.

- (BR- 8) In 1988, awoke 1:30 AM on a metal table in large circular room. Had sex with an approximately 5-foot-tall very thin hybrid woman with large blue eyes, large head with sparse white/blonde hair. Communicated with alien female telepathically. Felt more love for this woman then he had had for anyone or anything before or since in his life.
- (BR- 5) Beginning around age 9 (in 1967) awoke in bedroom, became paralyzed, then saw approximately 4-foot-tall shadow figure. Then transported to a craft where she was placed on table and prodded. Happened often. Then beginning June 1989, while pregnant with son, saw a Gray with large black eyes.... During an onboard examination, claims samples were taken from her skin and from inside her vagina. Says she has x-ray proof of having an implant.
- (BR- 13) As child, awakened in the night, running to parents telling of having encountered a gray monster with dark red eyes. Remembers next being floated outside the closed window then having an examination on a table in a white room with three Grays.
- (BR-18) In May 1993, "I suddenly appeared in a bright room. There were four Grays in the room. I was sitting on a sort of hospital table. One of the Grays introduced a thin cylinder into my right nostril. It was very painful. I don't remember anything more.... 2012, I was in bed and felt vibrations in my head and then felt that these beings were doing something in my head very painful. I open my eyes and saw a room with a lot of instruments. I saw two Gray-type beings, but they were blue in color. I was in bed, saying 'vibrations,' then I felt like a needle helmet in my head. It felt like a very cold liquid entering my head... I was in bed and suddenly I was in a sort of dentist chair. My eyes were closed, I heard a woman's voice trying to calm me down. Something was suctioning my breasts in a painful way. Then they opened my mouth and made me drink a liquid."
- (BR-17) "I have no recollection of whether anything was done to me physically, but I do have unusual marks on my body and also an occasional rash that the doctor could not explain around my female parts and upper inner thighs. I hadn't been sexually active for over five years at the time. The doctor and nurse practitioner were actually grossed out by it. Within a couple of days it was completely gone. I've often wondered if my daughter is an alien hybrid. She was a perfect baby. A lovely child I raised and a beautiful young lady now. She is so advanced in her thinking, her understanding of people and nature. She's brilliant and struggles with being different, but is finding her way."
- (BR- 16) '2009, visited by a midsize Zeta, looked like an elder visitor. He was also next to my bed and came to heal me because he touched my pelvic area and released some warm energies expanding throughout my body. Another visit from a star being next to my bed, but was not allowed to see one of his eyes. His eye was about twice the size of humans and was green and yellow color. He touched my upper vertebral column and pushed one of the vertebrae in."
- (BD- 3) Says they use rectangular screens that admit various light color frequencies to treat, and occasional needle injections. White-lab-coated humanoid males of short stature with a golden tint to the skin and dark hair, who spoke broken English, short sentences. Wasn't paralyzed and felt no pain. Became more familiar with one, 'Ampus.' He had large black eyes and a smile, has sort of a rounded point to his head (think like the hats they wore in Egypt, like Nefertiti). Was completely translucent white, less than 2 feet tall. -In a room where they do upgrades to your physical body. On a table where they used a different color rectangular

screens to realign various things that are not working right. They are usually male 5' 2" to 5' 4", speak very little and when they do in broken English. One replied, 'you are broken. We will fix you.' They are human-looking, but have a sort of golden tint to the skin, wearing the traditional white pharmacist or doctor's coats. The room is dimly lit and small. There are always two of them. One does most of the scanning with the light and the other hands things that deal with the diagnostics, like a recorder-looking thing with a bright blue light on the end of it."

- (BD- 1) While meditating, saw some kind of humanoid creature in a clinical exam room that was angry and frightened, fighting to get away from three or four medical types in white lab coats struggling with it. Humanoid because it looked like a four or five year old child in size, but had no hair and the skin appeared translucent. Saw veins and tissue beneath the skin which appeared translucent, slightly gray or bluish. Several other children in the room looked human, about the same size. The humanoid was naked, its genitals had been terribly wounded or surgically removed, the tissue around it appeared to be partially healed."
- (BD- 6) The Grays always do something medical, involving genetic tests. Thinks they are doing something for their own good as well as ours. Says he is involved in an alien breeding program.
- (BD- 8) Beings assessed the damage done to him by getting too close to the radiation produced by the craft being repaired. They removed the implant from the back of his head with a type of drill which he could feel, which scraped the pineal gland. They used a sharp, long tool put into his sinuses and brain to stimulate pineal secretions in the decalcified gland. They repaired his cellular damage with light which came out of a 4-inch-diameter rod that floated above his body. He was paralyzed for most of the time.
- (BD-14) In 2014, was at the VA in their yoga class for female veterans and once in that state saw the Mantis again, and they had me on a table. No fear this time. They pulled out a large rectangular flat sheet to x-ray her. They suspended it over her and could look inside her body and see in 3-D, all the systems. Everything moving, and she knew it was something like a hologram.
- (BD- 17) Much of the experiences were healing/medical related, including implanting babies. Most of the instruments looked similar to what we have on earth, to understand and not be fearful. They tell her they use 'energy instruments'. If she gets upset, they will sedate her, or if they are doing something she's not allowed to move, they will do that too, but it is not common. "One placed something in the back of my hand and it hurt, which they did to get my attention. I didn't like it. They were beings of light and love. They are saying they do not want to hurt me." Was told she had seven hybrid children and her earth children may also be hybrids. "I often carry a baby for a short time. They tell me this is to allow other beings to experience earth life for a short time, often to decide if they really want to come." They will give a cesarean to remove the babies. She says it doesn't hurt to be implanted, but she can feel it and was never ever harmed. They are compassionate and loving, but she finds it difficult because she feels "like I am just a baby maker and nothing more."
- (JK-20) "These creatures had taken me to a dull silver oval shaped craft with no protrusions. I entered through the bottom half, but there was no door at all. I was placed in a metal chair and was not really conscious until I felt excruciating pain and became conscious of a Gray creature standing in front of me taking out what looked like a base string of a piano out of my nose. It was white in the middle, but seemed to be covered with copper. There was another creature at a console further away and it turned its attention toward me, communicating to me that everything was all right and to calm down. The being closest to me began to put it up my left nostril again and I passed out from the overload." On a cold metal table. On another visit, they

put him on a cold metal table again and sperm extraction was done by machine. "I was there for a while and there were taller creatures of the same type that seemed to be controlling everything."

- (JK-12) "Also I suspect they might be using my biological material for hybrid purposes or something similar. I believe they are simply studying us, as we might study animals."
- (JK-17) "That particular event I was taken into the ship and was immediately inside a room with lights and a table, like a medical clinic. They told me they had to do some procedures on me and that they would not hurt me and that I was not to be afraid. I was awake for these probes that went inside me but I did not feel pain. They were very loving and caring. I was able to sit up when they were finished and get off the table."... "The night that I was healed and taken to the craft by the ET's I was in so much pain (from having fibromyalgia) I could hardly move... about 11:00 pm I was almost asleep when I woke up and saw an entity standing in a sideways position to my bed. There was also another being who was hovering over my bed to my right. I just knew that he was going to give me a shot for my pain. I asked the small entity, about 4ft high, elongated head and wide brow, long arms to his knees, dressed in a shirt and pants that appeared to be all in one, but looked separate, to hold my hand because I knew the shot was going to hurt. He said yes (telepathic talk). I grabbed his hand with both of mine, the other ET gave me the shot in my right thigh. It was so painful that I levitated off the bed from the pain. The skin of the being who held my hand was as soft as satin. And he had only love for me. I immediately went to sleep after this encounter. The next day I found the puncture mark on my right thigh and photographed it....I was awakened by the voice of an ET telling me that the ship was here and I needed to go with them for treatment of my pain. I told them I was too tired, but they lifted me up and carried me into the craft. There was a humanoid man waiting for me who I knew to be my father. He had a white coat on, he was about 5 ft tall, had a human like body and a kind face. I absolutely knew him. The room I was taken to had walls that he was able to change into different colors. This is where I had my therapy. He had me face the walls as he changed the colors and the warmth of the colors healed me all night. The room in the ship was round. That healing lasted more than a year."
- (JK-19) In 2000. I was having a shower one morning and I noticed a little blood on the towel. So I walked out to the kitchen and asked my husband if he could see where it was coming from.. He looked and found a drilled-out hole in my left breast.. He said to call the doctor immediately. I did and he said come right in to his office. I went in and the doctor said to put on a gown, he wanted to look at the hole. I put the gown on and he said get up on the bed. When he saw it, he thought I had been shot. I said that I definitely had not been shot. He asked me if I was in any pain and I said none whatsoever. He didn't believe me; that a hole like that couldn't be painless. He said he was going to send me over to the hospital for an ultra sound to look at it more. I went over and got in right away. You could tell the lady had a very concerned look on her face when she saw the hole. It was just a perfectly drilled out cylinder-shaped hole the size of a little finger and about 2 1/2 inches deep, with no rough edges. It seemed surgically done. I went back to the doctor. He put on a pair of gloves and put his finger up inside it. He couldn't believe I felt nothing. No pain at all.. He said I should've been screaming in pain. I came back in a week and I told him it had healed in 12 hours. He had to sit down. It should have taken 3-4 months to heal. He was dumbfounded, and said he should have taken a picture of it for the medical journals... I have had 2 miscarriages. One I had to have a D&C, with the other no tissue was gone. It was completely cleaned out already. But I do not think I am part of a breeding program. The fetus was just gone."
- (JK- 16) "When I was young they had playful personalities and we're kind, but as I got older the things they did became more painful and they were very clinical in behavior towards me."

They'd tell me that it wasn't going to hurt and to relax and it would be over with soon, but it did hurt and did remember and most of it was quite painful! Only a few recent encounters have been kind, yet quite clinical."... "I was paired with beings for sexual experiments. They would remove an egg from me and sperm from the creature and then combine them in a tube. Other times they also did things to my heart and my brain. I recall laying on a table surrounded by light and then one being removing my heart and replacing it with another one from a human laying next to me. The brain surgery was more just to check various systems in my body. Another time I was laying on an elevated table and with this light I was split open and inspected internally. Then I was closed up. I was awake for the whole thing, it was quite scary but I was assisted throughout the whole thing by a smaller being. I did feel controlled to an extent, like they were going to do the procedure either way- awake or asleep. Felt like I had to do it, but was very afraid."... "I have seen the infant types which my eggs were used to create. They usually only show me these once."..

- (JK- 18) 'I was 6 years old and was taken to some sort of craft. While there I was put on a table and had some sort of exam. I was paralyzed and couldn't move. They stuck something in the bottom of my right foot. It felt like I stepped on something sharp like a tack or pin. It was frightening because I didn't know what was going on. They stuck something in my upper right arm and the right side of my neck. It hurt like getting a shot. It was frightening not knowing what they were doing or why. But the light in my eye was the worst. I saw a light shining into my right eye. It looked like something was in the light but it was too bright to see. I couldn't move and get away I couldn't even move my eye. I felt pain on the right side of my face. I don't know if the NHIB reduced my pain, but the being there did help me feel better."
- (JK-4) "I will say that I have been inside their saucer-shaped craft at least 3 times, maybe more. To the best of my recollection, in each incident the craft was on the ground. I was given a physical examination and there was a time that I lost consciousness, so I don't know what occurred during my unconscious state. I know that in at least one incident, I was given an implant.... I tried to steal a knob off a cabinet on the ship, but they caught me and took it off me. I gave the leader one of my musical instruments, a soprano recorder."... "I was examined and I believe they performed some kind of operation on me, but I was made to lose consciousness before it occurred. When I awoke later, they were wrapping up what looked like surgical instruments in a cloth. There was no blood and I wasn't aware of any open wounds.".. "I was given one [an implant] when I was a very young child, perhaps around 3 or 4 years old. They communicated with me through it for a while. Eventually, it stopped working as a communication device, though they may have still used it to monitor me. I feel it was inserted behind my left ear."
- (JK- ?) "They did procedures to my prostate system which left me totally in pain and unable to get out of bed."... Implanting of cells in prostate. Incapacitated following procedures. Back surgery and kidney stone removal.
- (JK- 16) "I believe I have several [implants]. But one is in my left big toe not sure why. Then there is something by my left ovary that was placed there when I reached puberty, that is to monitor when I'm fertile, or do what I was told. I've not been able to find a reason to make anyone help me prove or disprove they are in my body. When I went in for an exam and they used a sonogram I could feel the pulses which hurt slightly as they hit something near my left ovary. I could also feel the same sensation when the chiropractor used a machine which pulsed energy to release muscles. It hurt when the pulse would hit the object."
- (JK- 15) Kidney stone removals and spinal injury repair. Only surgery ever requested by me. Other surgery they initiated. No warning. Grays."... Involved in Genetics with Army project. Mother participated. Man involved in surveillance, explained this to me. Mother confirmed



before death." ... "I know about the genetics aspects and values they have shared...Grays and military cut me up on back and put a big piece in. Surgical marks quite obvious. No anesthesia used. Posted pictures of marks. Discovered by hypnotist."

- (JK- 14) "Something that I cannot see was very quickly doing something to me below the waist. I was on my right side, on a table. My left leg is lifted up. I don't know what was holding it up. It's not me, I'm paralyzed. I cannot move. Something is fluttering below my waist from back to front, repeatedly, quickly. I kept trying to scream "hemorrhoids."I cannot scream, my voice will not work. Terrified it was going to touch those hemorrhoids and cause excruciating pain. When they were done, something happened that I did recall when I woke up the next morning. This is a gap that I quickly forgot and still now cannot remember. I do remember, after that gap - I was allowed to look at what had been working me over. I was allowed to get off the table. I was no longer paralyzed. There is a curved wall. There is a being, just standing there, very still. I walk over to him. I walk around him. He stays still. He is whitish bluish. He had a rounder head than a typical Grey. (Refer to drawings by David Chace). I kept saying (or thinking?).."OMG, you are no bigger than a child." I kept repeating this over and over. I could not believe that this one small child-sized being had been responsible for that flurry of activity below my waist. The next morning, when I woke up, those monster hemorrhoids had vanished."

### C. Descriptions of NHIBs (32)

*(Summary: This category comprises the longest single section in this Phase 3 qualitative study. Of the different kinds of NHIBs described, the majority are depicted as "Grays"-- gray-skinned, short, bald, big-headed, big-eyed (almond-shaped or wraparound), hairless, with little or no nose, ears, or mouth. Going through the winnowing-down, theme-identifying qualitative data analysis process for this section, was long and complex. There were times when, trying to shorten the material, the researcher strived to severely condense down the content of the cases, but in doing so felt he was denying the reader too much interesting, characterizing information, so he made a decision to curtail this foreshortening process, noting at the start of such sections when he was doing so. In another place, excerpts were included describing NHIBs that are not from this category (of "Descriptions of NHIBs") but, rather, are from the prior section ("Contact Experiences on Board Ship") where so many first-time experiences of NHIBs took place. Also, some of these case excerpts do not include the codes usually used to identify participants to provide a more direct feeling; in addition, although quotation marks are usually used where appropriate across all results citing original data, in the following section, they are purposefully left out by the researcher in an attempt to be more direct; later sections under this theme C. sometimes provide more detail about certain cases that are here extremely foreshortened in this first subsection. Also, in a few of these cited cases, there may be some repeating of sentences and phrases due to the fact that sometimes a case is being very edited-down and then later a fuller version is returned to so the reader can get further depth and detail.)*

#### Severely edited-down verbatim and paraphrased cases comprising this theme:

- Tall beings with fair hair and beautiful. Others were smaller, only three or 4 feet and wore cloaks; pointed chin with yellow pale silky skin; others almost 8 feet, very thin, white skin, no or little hair, wearing dark cloaks.
- Smaller ones, who acted like robots
- Was shown beings that live in the sky almost like jellyfish but they are intelligent beings...

- Some look quite human, others not.... I have had experiences with Grays, thin bodies and limbs, light gray smooth skin, larger eyes, small nose and ears, small mouth rarely seems to move, varying in height from approximately three to over 6 feet.
- A larger being that looks like a large insect-- praying mantis closest I can think of, brownish in color, smooth exterior, probably over 8 feet
- Another type was a 'white alien that had the glow of moonlight'. The head of the being was long, rounded rectangular.
- Slim, Caucasian, beautiful, young, wise, men and women with angular features and long silver white thick hair; 4-foot humanoids with olive skin, big black almond shaped eyes and angular tiny mouth, large head, no nose but breathing holes, skinny bodies and hands, no hair; and discorporate humans with visages of physicality, tall, slim, young, handsome, Caucasian silver-white-haired male with angular features and white clothes; tall, olive skin, big black-eyed, prominent brow, nasal ridges with indented temples and going under cheek, skinny neck, no hair. Tall 6'- 8' humanoids covered in longhair auburn to dark brown to black color (Sasquatch type).
- All the NHIBs I have seen have appeared with (projected?) human form. All have been dressed in one-piece close form-fitting spacesuits, usually gray blue or silvery color. Their heights have been between four and 6 feet.
- She was not human, was perhaps what we would call reptilian....appearance of some of the NHIBs: silver hooded robe, average height. Gray skin, large head, large knuckles on long fingers. Small nose, pastel blue skin, long bluish robe. Light green and tan skin, mottled pattern on forehead. Short stature, human eyes and mouth, small human type nose. Green tight suit. Bald head, long oblong skull. Narrow chin. High cheekbones. Tan skin with slight appearance of scales on cheeks and forehead, slightly reptilian.
- A brilliant plasma blue light swirling around about a foot off the floor, taking on a humanoid form.
- They both saw a 'white-dove-looking thing in the windshield. It had huge black eyes' and appeared to be staring into her eyes
- Beings were about 4 foot tall, resembling 'Grays', but with light-colored skin, big heads and large eyes. Remembers them having only three fingers, wearing no clothing, and communicating telepathically.
- The beings were small, female in appearance, gangly and long leg, with long black hair and large dark eyes, small noses, and small mouths. They communicated without moving their lips, telepathically.
- The second alien was a Caucasian type man with short hair. The third alien was a very handsome Nordic type Caucasian
- Blonde blue eyes, robust, delicate 6 foot, beautiful skin, short-haired blonde, perfect skin, extremely handsome,
- 'Armesiss' is a 12-foot golden light being with rainbow liquid light running through his veins.
- Saw short, humanoid 'light being' with no discernible facial or other features, about 3 to 4 feet tall and hovered above the floor 3 to 4 inches....
- 'Ant people' who appeared at the foot of her bed while awake. They were male, about 7 feet tall, very black and with heads that appeared as ants.
- Saw three small Grays with large eyes, thin arms and legs, little round nose and no mouth, 3 or 4 feet high. Also translucent beings with four toes and three fingers with heads shaped like an egg with a pointed bit at the front. They are a luminous green in color and very thin-skinned. They have no mouth, just a thin line,

- Experience with 'Tall Goldens'. Gold-color, 6 to 8 feet tall, large head, large eyes, no nose or mouth, four fingers, thin, no genitalia or clothing. Small Grays were also golden in color that I played with as a child.
- Others seen are a gray color. Praying mantis-type, long, no clothing, large head, telepathic, kind. I could feel its joints in pain. Another, a reptilian, "face like a type of reptile, eyes with slits inside of regular eyes, nose like that of a fighter, a mouth with the muscles twisted like a towel when twisted to squeeze out the water."
- The tall Nordic people are white in nature with white hair, eyes are mainly blue, light blue, and some have gray eyes. The facial features are the same as ours, along with their bodies, just taller. They always seem to be wearing a robe.
- A gray put its face close to his and 'looked into my history, like my soul'...
- Was shown holograms of a [hybrid] daughter. She looked like him only with a taller forehead with large oval eyes, wisps of dark hair atop a large head, a small mouth, but full lips. She is beautiful.
- "They looked relatively human. One was 6 foot tall with large eyes, large cranium, smaller ears, nose, and mouth. Long arms and wide hands with long fingers. One-piece silver/gray jumpsuit."
- Many experiences of Zetan and Altimarian beings. 4 and 1/2 to 5 feet in height. Large semi-bulbous humanoid hairless head with very large eyes. The whites or sclera had a vascular pattern. Small nose/protuberance with two nostrils. Small mouth/lips. Classic embryonic/fetal appearance.
- Saw tall Gray going through my bedroom closet door with a female, chalky white gray...
- The reptilian monster seemed angry and wanted attention. The tall white light being was very kind, loving, and peaceful. The small chalky white female gray was gentle but in a tremendous rush.
- The human-like male, translucent beings are very seductive.
- The tall white, male, light being spoke telepathically. The large, reptilian monster type used body language and roared like an alligator.
- Small, short, big heads, slender Grays, usually males. Skin is cooler than human skin, feels smooth.
- Small, slender, chalky white, translucent female gray. Very long fingers, Long neck, long arms, skinny and very fragile looking, glowing white around her. Eyes were big and gentle looking, but intense. Tall gray wasn't very attractive, and was very serious and militant. The face seemed a bit wrinkled and eyes were very intense. Long fingers and arms. Seemed nude.
- Saw three little beings at the base of my bed. They had bigger helmets on than they needed for their body size. Short about 4 feet.' Shorter ones had black suits and big helmets with shields in front of helmet to look as if they were eyes. Taller one, maybe 110 pounds, eyes like a deer, no point at the edge. Cream-colored skin with a tiny shine of green, mouth fit the face, no teeth, forefingers longer than humans and all the same length, no rear end and no genitals, was naked, nose was not big or protruding out as a human's. Black veins running through his body including through his face, bulging under the skin. No hair.
- Saw a small UFO with two human-looking men inside
- The NHIBs appeared humanoid, although they were holographic-looking during the day, and amber luminescent at night. They were slim, slightly above average height.
- They definitely manipulate time.
- They were thin and had large heads and short thin bodies that looked fragile but weren't. Large heads that seemed unfit for their bodies. Large eyes. The color seemed olive drab. Have seen

them with dark gray uniforms, but no insignias. Tight jumpsuits. Skin like the belly of a frog. Eyes like a hornet or insect like. Shoulder sloped down from the neck. Wrinkled forehead and under eyes. They walk in complete unison with each other. They are fast.

- 5-D Reptilian Beings from Andromeda Galaxy, called Fajans. Mostly green, long tail, athletic build, hermaphrodites. Have artistic rendering. All types of 'Gray' ETs. 4' - 9' or so, some 3-D looking, others higher dimensional. Some walk, some glide. Very thin, normally grey in color. No clothing for most, although the higher ones wear a wispy-type of flowing cloth. Not all the same species nor from the same planet. 3. 'Loran' from Orion's Belt area, tanish-colored 'Grey', 5D 4; Brown Being with red eyes. Tall and fat. Stood still during experience, nothing else known about 'him'. Many more.... Pleadians, 'Quabar'"...Reptilians, greenish, with tail, sometimes wearing armor and sometimes a robe/cape. Insectoids, tall and short, various shades of gray, large black eyes, seemingly naked, but I know they are wearing a tight fitting uniform, some a translucent robe. Human-looking, Caucasian, various color hair, athletic build, tight-fitting uniform, one turned out to be an Insectoid and another was Reptilian... Saw a tall Insectoid floating towards me on the ship. Saw a human-looking caucasian male with dark short hair float towards me, both were slow. Another human-looking caucasian female walked towards me slowly, but was quickly next to me, like a time-warp. Other times we were running together, many times walking around on the ship, normally. One human-looking female showed me that she was really a Reptilian, but knew it would scare the other humans they picked up. Another human-looking female walked up to me and allowed one side of her face to show her true Insectoid form, hiding it from the other humans.
- Encountered what I suspect is a hybrid ET/human female being.
- Much fairer than caucasian. She had larger eyes than a human, but not as large as a typical grey alien. The eyes were slightly angled down towards the bridge of her nose. The "whites" of her eyes were dark grey, but not so dark that you couldn't discern her dark brown, or potentially black irises. Her nose was slight, but definitely present. She had thin lips, that were darker than her complexion.... all of them were hairless and their features were largely the same. They looked like what we typically call the grey aliens. Their skin was very fair, almost grey. I would say that it was more milky than grey. They each wore what appeared to be one-piece jumpsuits that were darker grey than their skin were. Their eyes were very big, although not as big as a lot of popular culture would have us believe. Their heads were certainly disproportionately large for their body. None of their proportions seemed awkward, other than being about the height of an 8-year-old human. Their eyes were very black, their noses and ears are mere hints at the features, exist, but they do. Their mouths are little more than slits... I found my spirit surrounded by light beings, each of which looked sort of like a tapered pillar of glowing white light... I have encountered typical grey alien, what I perceived to be a human/alien hybrid and several ghosts or interdimensional beings taking human form, like being form, and shadow being form... started as what I described as light beings, but then that light would form into a physical, bipedal entity...
- A Reptilian was either on his knees or leaning bent over me . He was very close to my face. It was almost like he was breathing my own breath in. The head has a massive bone structure going up and back from his forehead. He also has a rounded bone above his eyes that goes around the back of their heads. The nose is very flat with 2 small nostrils. The jaw-line is very squared off and masculine. The neck is very thick and muscular. I think it is so thick because his head is so heavy. The shoulders are very broad and muscularly rounded, very broad. Also his chest was massively thick. His eyes were round. ...His scales were the most beautiful. They were a deep black color with green around the outside. The pattern was just beautifully

matched... a mantis- male, but did not see any genitalia. Height was about 7 ft. He had no clothes on.

- Just standing inside my bedroom was a mantis and what I think was a tall grey. The mantis was a male, about 7 feet tall. The tall grey was a female. She had a long robe on with a hood over her head... the mantis. His head was just touching the top of the ceiling. He was kind of humped over because the ceiling was so close to his head. His eyes were very large, bulging almost, almond-shaped up on the side of his head. The actual head shape was almost like a rounded triangle. His legs and arms were very skinny and much longer in proportion to his thin body. He would move his arms out from his elbows away from his body in a very smooth motion. I was just totally amazed by his movements. It was like he was talking with his arms.
- The beings I experienced were of the 'grey' type with large heads and large dark eyes that curved around the side of their heads a bit. They had long arms and fingers and were wearing a kind of uniform which had some kind of insignia either to the left of the chest or on the shoulder...they seemed to communicate telepathically through their eyes.
- Their fingers seemed to be long and misshapen and somewhat claw-like....
- First ones were short with large eyes.
- They appeared human. Both had hair, blonde/brown color. Hands were human but a bit larger with long fingers. They were both quite tall and slender. Very human in appearance....I've seen many types- tall and short grey, large white Bigfoot type creatures, Egyptian dog like creatures, tan very nice looking creatures whom I was told were called antedeluvians about six foot five, grey skin with a soft texture. Large wrap around eye's tiny nose and a slit for a mouth, thin neck, no hair. A type of glow
- Arcturians... 7 to 8 ft tall, humanoid shape, clear translucent bodies filled with bluish purple colors with pink colors at times... Pleiadians - Look human around 6 feet tall, blue eyes, light colored sandy brown hair....females have wavy light colored sandy brown hair. uniform very similar to the Star Trek uniforms. Solid color with an upside down triangle emblem on the chest. Blue Pleiadians - Human form around 5'8 to 6 ft tall, light to medium blue color skin. Both male and female are bald....White "grey" - tall around 6 ft tall, white pearlish skin, wore a white and silver cloak type clothing, long fingers, large oblong head, large black eyes... an Andromedan seated across from me. He was orange in color and short in stature....
- Grays and Pleiadians..Grays, typical of pictures. Tall Whites. bald and tall with features different than ours. Seven to eight feet. Pleiadians, look like us, but auras feel very different. Energy feels nice that emanates from them. was very short, probably 3.5 feet tall. He was whitish, bluish, grayish. He stood perfectly still. I thought he might be a droid. The Gray with the geometric images looked like a typical gray."... The Greys have always been 'all business'.
- The being in bed with me, I believe was a Reptilian due to its gigantic size.
- The only thing I sense is energy. There is no physical manifestation of what you would consider a body, yet it is intelligent and loving.
- (*Descriptions of NHIBs from earlier "Contact Experiences on Board" Category*)
- I see three sets of black slanted eyes and three transparent white smoky beings, can see-through..
- Other smaller ones, 3 1/2 to 4 feet, looked humanoid, behaved like worker bees... Taller main being, 5 feet, somehow I knew my Grey was masculine...
- A tall young man about 6 feet in height, short blonde hair fair features. His eyes were almond shaped blue irises that vertical slit shaped pupils. He wore a blue colored full body skin tight outfit with black boots and a belt'... Has had numerous experiences with human looking NHIBs, blonde and brown hair, 5 to 6 feet in height.

- Was tall, blond and had blue eyes and graceful features.
- Three perfectly formed, tall, blonde, blue-eyed, very human appearing beings
- Was a much shorter gray alien operating some of the craft controls.
- I was sitting in front of a very large mantis being. His body was entirely black.
- Tall silvery white haired beautiful people in white uniforms.
- Big black-eyed, big-headed, skinny uniformed bodies, olive skin, 4 feet tall with no hair and only a tiny mouth.
- Five Pleiadians.
- A dark brown entity named 'Elbe.'
- Another dark brown entity sitting in a chair
- Half-reptilian/half-Zetan
- Saw three small grays, two tall grays, and one human in military uniform,
- A group of confused hybrids in horrid forms. The other was a group of grays.
- Repts (reptoids). And Insectoids.
- Some look like stereotypical grays.
- Tall, male, gray, approx. 5' 6". Hybrid children (1 to 2 years of age). Humanlike, translucent male beings.
- A 'man' came into the room, was bipedal, about 6'7", he started to shape shift.
- Experienced a small three-foot being with a large head and no clothing.
- Had an experience with a 'Mantis', tall, strange long arms, bent.
- A short grey that was with me.
- Grays were with us.
- The ones on the ship were small, 5 feet or less, but the old ones are very tall. They all have large heads and eyes. Not all look like us. Lizard type heads, big hands, green/brown ones not nice. Grays. The old ones kind of blue, very kind and they run the show. Longer arms.
- Four or five grays doing exam, one for each person. The older, bigger ones look on, watching.
- Pleiadians on the federations ships. Arcturians on their healing ships.
- The two tall beings came and got me,
- Male with Bald head and a Gemstone embedded in his forehead, Human looking male, Female Reptilian with Red Eyes, Long Tall whites, Greys, Humanoid with 2 sets of eyes

*(Original cases in this category, "Descriptions of NHIBs", before being edited down)*

- (BM-6)- "Had an experience with three beautiful women/beings, large eyes, long arms and legs. I remember when I was downloaded with information [from them].. We were communicating through telepathy and they could see into my mind.... I think I was initially taken to the mothership in a small triangular-shaped craft."
- (BM-5)- tall beings with fair hair and beautiful . Others were smaller, only three or 4 feet and wore cloaks, pointed chin with yellow pale silky skin, others almost 8 feet, very thin, white skin, no or little hair, wearing dark cloaks. The small beings float as do the very tall thin ones. Taller beings had personalities, but not the smaller ones, who acted like robots ...Bright light coming down like a beam and these two beings walk out of the light, tall and beautiful. The male wears a blue one-piece and the female wears magenta colored. I knew their names and it was as if I had known them forever. There was great love. I remember being taught how to fly a craft. You had to move it with your mind... I was shown beings that live in the sky almost like jellyfish but they are intelligent beings... Was shown a large circular mirror that when you look

through it there is all the past lives and how they are stored... One time they came they brought my future husband, they said it was so that I would recognize him when I was older..

- (BM-2). I wake up in the morning knowing I was on a ship engaged in meetings and we discussed my life. Some look quite human, others not.... I have had experiences with grays, thin bodies and limbs, light gray smooth skin, larger eyes, small nose and ears, small mouth rarely seems to move, varying in height from approximately three to over 6 feet. Colored eyes, blue I think. They wore floor-length robes. Body shape similar to ours. A larger being that looks like a large insect-- praying mantis closest I can think of, brownish in color, smooth exterior, probably over 8 feet. Some very much like humans, dressed similarly, some wear robes, some may have been uniforms. Some walk quite quickly. Some appeared to be floating smoothly... seem to float in the direction they look,
- (BM-12). Another type was a 'white alien that had the glow of moonlight'. The head of the being was long, rounded rectangular
- (BM-9).. Has had experiences of slim, Caucasian, beautiful, young, wise, men and women with angular features and long silver white thick hair; 4-foot humanoids with olive skin, big black almond shaped eyes and angular tiny mouth, large head, no nose but breathing holes, skinny bodies and hands, no hair; and discorporate humans with visages of physicality, tall, slim, young, handsome, Caucasian silver- white-haired male with angular features and white clothes; tall, olive skin, big black-eyed, prominent brow, nasal ridges with indented temples and going under cheek, skinny neck, no hair. Tall 6'- 8' humanoids covered in longhair auburn to dark brown to black color (Sasquatch type) ; 3 foot levels of light plasma in colors of red, green, blue, and yellow, able to change direction of movement, however, and move to earth without resistance, able to change size at will.'
- (BM-1) "All the NHIBs I have seen have appeared with (projected?) human form. All have been dressed in one-piece close form-fitting spacesuits, usually gray blue or silvery color. Their heights have been between four and 6 feet... Have had a clear sense that NHIBs in space craft were being playful. I felt the message was: 'We see you'. This was very emotionally uplifting.
- (BM-8). "During meditation, I suddenly felt tingly like electricity all over especially my palms. I then felt the telepathic/empathic presence of a female star visitor. She was not human, was perhaps what we would call reptilian"....appearance of some of the NHIBs: silver-hooded robe, average height. Gray skin, large head, large knuckles on long fingers. Small nose, pastel blue skin, long bluish robe. Light green and tan skin, mottled pattern on forehead. Short stature, human eyes and mouth, small human type nose. Green tight suit. Bald head, long oblong skull. Narrow chin. High cheekbones. Tan skin with slight appearance of scales on cheeks and forehead, slightly reptilian.
- (BR- 4) Age 12, wide awake in bed. A brilliant plasma blue light swirling around about a foot off the floor, taking on a humanoid form. She was frightened, closed eyes, then suddenly it was morning... Years later, she and husband had a series of odd experiences including seeing small humanoid beings in silver jumpsuits... Driving home late one night, they both saw a 'white-dove-looking thing in the windshield. It had huge black eyes' and appeared to be staring into her eyes. They told themselves it must've been an owl.
- (BR-3) Respondent and companion taken aboard a UFO. Beings were about 4 foot tall, resembling 'greys' , but with light-colored skin, big heads and large eyes. Remembers them having only three fingers, wearing no clothing, and communicating telepathically.
- (BR-17) "I recall seeing beings, and being in a place that is not of this world. The beings were small, female in appearance, gangly and long leg, with long black hair and large dark eyes, small noses, and small mouths. They communicated without moving their lips, telepathically. They seemed friendly and almost amused in their reactions to me. They told me not to worry,

that they liked me. But I felt concern for others that were walking about that seemed disturbed, in some sort of trance, roaming about in a daze, and I hoped that these aliens 'liked' them as well . I never felt personally threatened, but I was fearful for others. There were places that I was allowed to walk around and other places I was not allowed to venture into. It was a very busy place and a combination of caves, corridors next to caves, and a very large open area that almost looked like a hospital. Very clean."

- BR-4) Three contacts: the first alien in a light brown, pinkish awful room in the spacecraft. The second alien was a Caucasian type man with short hair. The Caucasian type apparition could have been a shape-shifting from a tall gray. The third alien was a very handsome Nordic type Caucasian that he said he 'bumped into with a friend in the elevator at the Library of Congress in 1966...(Another incident:) one ET crewcut blonde short hair, pale skin, sitting down in front of console. Second: blonde, blue eyes, robust, delicate 6 foot, beautiful skin, short-haired blonde, perfect skin, extremely handsome, serene peaceful joyous, big sense of humor, eyes very penetrating, overwhelming.
- (BD- 2) 'Armesiss' is a 12-foot golden light being with rainbow liquid light running through his veins. This is when the enlightened beings took over and started grooming him for what they call "the great event."
- (BD- 1) Saw short, humanoid 'light being' with no discernible facial or other features, about 3 to 4 feet tall and hovered above the floor 3 to 4 inches.... In another incident, encountered 'ant people' who appeared at the foot of her bed while awake. They were male, about 7 feet tall, very black and with heads that appeared as ants. She felt their minds and they were benevolent, loving and very wise. "They are charged with helping the earth." They disappeared shortly and communicated via telepathy.
- (BD- 19) Saw three small grays with large eyes, thin arms and legs, little round nose and no mouth, three or 4 feet high. Also translucent beings with four toes and three fingers with heads shaped like an egg with a pointed bit at the front. They are a luminous green in color and very thin-skinned. They have no mouth but a thin line, do not seem to be threatening in any way.
- (BD- 18) Experience with 'Tall Goldens'. Gold color, 6 to 8 feet tall, large head, large eyes, no nose or mouth, four fingers, thin, no genitalia or clothing. She made a drawing. "Small grays were also golden in color that I played with as a child in smaller version of the above. Others seen in life are a gray color. Praying mantis-type, long, no clothing, large head, telepathic, kind. I could feel its joints in pain. Another, a reptilian, face like a type of reptile, eyes with slits inside of regular eyes, nose like that of a fighter, a mouth with the muscles twisted like a towel when twisted to squeeze out the water..."The Negotiator" was kind, direct, could see into the heart. The four of them behind him were angry. All were covered from neck to mid leg with a kind of cloth robe. Across the chest was a type of banner material and a belt. Long torsos, long fingers with long nails, very sensual beings. This was undoubtedly the most frightening encounter experienced because it was clear that the four reps (reptilians) behind this 'Negotiator' could have torn me apart psychologically and physically. 'Mechanicals' aboard a craft in 1992, assisted with the 'see-through' pilot. Uncomfortable around them. Very small. Felt robotic. Wore covered robes, very similar to what is seen in early Star Wars movie. Communication was telepathic in nature and bore a sense of the biological component to that communication."
- (BD- 6) Says the grays are both small and large and seem to have no clothing on. The hands have three long fingers and a thumb. Feet are small with few digits. The small ones are thin but proportionate to the body size. They stand about 4 feet in height. Their eyes are black, head in proportion to their size. Large ones are tall, slender arms are long, their hands and their legs. Their bodies are just out of proportion to their frame. Their heads are large, and out of



proportion to a small and slender body. Height would be about 6'6". Their eyes are black, almost like they are lenses of some sort.... The tall Nordic people are white in nature with white hair, eyes are mainly blue, light blue, and some have gray eyes. The facial features are the same as ours, along with their bodies, just taller. They always seem to be wearing a robe. Men would wear a toga and the women would wear something almost like what the Romans would wear... He receives a sound in his ear that only lasts about 5 to 10 seconds and then gets a feeling that they are coming soon or something will happen later..

- (BD- 8) A Gray put its face close to his and "looked into my history, like my soul"... was shown holograms of a [hybrid] daughter. She looked like him only with a taller forehead with large oval eyes, wisps of dark hair atop a large head, a small mouth, but with full lips. She is beautiful. She seems to be younger than when they showed me her about 12, I'd say.' They told him they are visiting for the same reason they visit all other life present in our galaxy: To observe them, document their lives, and weed out those without souls and preserve those with spirit. They are attending a galactic garden of life. Stewards of a much larger scale...'They looked relatively human. One was 6 foot tall with large eyes, large cranium, smaller ears, nose, and mouth. Long arms and wide hands with long fingers. One-piece silver/gray jumpsuit. Outside of the ship they had white/gray one-piece jumpsuits on like leotards. Inside they had robes like desert clothing of neutral tones.
- (BD-9) Many experiences of Zetan and Altimarian beings. 4 and 1/2 to 5 feet in height. Large semi-bulbous humanoid hairless head with very large eyes. The whites or sclera had a vascular pattern. Small nose/protuberance with two nostrils. Small mouth/lips. Classic embryonic/fetal appearance with a deeply powerful telepathic mind, orders of magnitude more advanced than us.
- (BD- 10) "Saw tall Gray going through my bedroom closet door with a female chalky white gray... They certainly seem to have personalities for sure, showed facial expressions, moods, and body language, just as we do. Hybrid children were very playful with me. The tall gray showed immense concern for me.... The reptilian monster seemed angry and wanted attention. The tall white light being was very kind, loving, and peaceful. The small chalky white female gray was gentle, but in a tremendous rush. He saw the little hybrid children whom he was very closely bonded with. The hybrid children spoke audibly, were highly emotionally expressive, and used a great amount of body language. 'The human-like male, translucent beings are very seductive and used a fair amount of body language. I but did not speak to them telepathically or audibly. The tall white, male, light being spoke telepathically. The large, reptilian monster type used body language and roared like an alligator but didn't speak intelligibly.'...In 1996, 30 years old, experienced tall white light beings and small short gray. While sleeping was awakened by someone crawling into bed with strong intentions of having sex, "I kicked the hell out of it and ran out of the bedroom." Small, short, slender grays, usually males. Skin is cooler than human skin, feels smooth, but a little more clammy than human skin, has a rubbery texture and smoothness. 'They reacted to my touch and affection, and showed concern... Small, slender, chalky white, translucent female gray. Very long fingers, look like less than we have, maybe just four. Long neck, long arms, skinny and very fragile looking, glowing white around her. She seemed very gentle, but moved like lightning. Eyes were big and gentle looking, but intense. Did not notice genitalia, but I knew it was a female, and some type of nurse. Tall gray wasn't very attractive, and was very serious and militant, but showed worry and concern for me. The face seemed a bit wrinkled and eyes were very intense. Long fingers and arms. Seemed nude, no uniform."
- (BD-11) 1983/84, "Saw three little beings at the base of my bed. They had bigger helmets on than they needed for their body size. Short about 4 feet." He blinked and they were gone... 5

foot seven and 4 feet. Shorter ones had black suits and big helmets with shields in front of helmet to look as if they were eyes. Taller one, then, maybe 110 pounds, eyes like a deer, no point at the edge. Cream colored skin with a tiny shine of green, mouth fit the face, no teeth, forefingers longer than humans and all the same length, no rear end and no genitals, was naked, nose was not big or protruding out as a human's. Black veins running through his body including through his face, bulging under the skin. No hair.

- (BD- 14) In 2012 , was walking on the Camino de Santiago and saw a small UFO with two human-looking men inside and waved to them and caught their eye. They shot her with a device like a gun that made her feel like she was having a heart attack or paralyzed with pain. "They weren't nice."
- (BD- 17) The NHIBs appeared humanoid, although they were holographic-looking during the day, and amber luminescent at night. They were slim, slightly above average height.
- (JK-20) "They are absolutely fascinating and magical. They are far beyond what I have known of the universe and reality as I know it. Part of me is in all of them and wants to learn more. I have tried this with some success and found myself missing time but also sleeping better .. They definitely manipulate time. I do not know how forward or backward they can go, but they have mastered gravity and time-space is not far away after you have conquered these. The reason I know it is because I witnessed time slow down and speed up as if they had a speed controller for time itself... They have interacted with me countless times. Most of the times I have blocked out or cannot or won't remember....I did not see them anywhere when I was floating. They live in a world with no secrets. I felt that religion to them was not a mystery and that God was understood. There was a oneness with them that I have only experienced with them. It is enticing and I believe it spoke to some place that they have reached in their evolution... They were thin and had large heads and short thin bodies that looked fragile but weren't. Large heads that seemed unfit for their bodies. Large eyes. The color seemed olive drab. Have seen them with dark gray uniforms, but no insignias. Tight jumpsuits. Skin like the belly of a frog. Eyes like a hornet or insect like. Shoulder sloped down from the neck. Wrinkled forehead and under eyes. They walk in complete unison with each other. There were four of them, it was perfect synchronization. They are fast. They seem to be able to manipulate time somehow. When they floated me up to the craft, they were holding on to me when I was younger."
- (JK- 6) "I have had ET contact experiences throughout my 45 years! Way too much to list here."... 1. (Have had experiences with) My own star-family; 5-D Reptilian Beings from Andromeda Galaxy, called Fajans. Mostly green, long tail, athletic build, hermaphrodites. Have artistic rendering. 2. All types of 'Grey' ETs; 4' - 9' or so, some 3-D looking, others higher dimensional. Some walk, some glide. Very thin, normally grey in color. No clothing for most, although the higher ones wear a wispy-type of flowing cloth. Not all the same species nor from the same planet. 3. 'Loran' from Orion's Belt area, tanish-colored 'Grey', 5D 4; Brown Being with red eyes. Tall and fat. Stood still during experience, nothing else known about 'him'. Many more.... Plieadians, 'Quabar'...Reptilians, greenish, with tail, sometimes wearing armor and sometimes a robe/cape. Insectoids, tall and short, various shades of gray, large black eyes, seemingly naked, but I know they are wearing a tight fitting uniform, some a translucent robe. Human-looking, Caucasian, various color hair, athletic build, tight-fitting uniform, one turned out to be an Insectoid and another was Reptilian... Saw a tall Insectoid floating towards me on the ship. Saw a human-looking caucasian male with dark short hair float towards me, both were slow. Another human-looking caucasian female walked towards me slowly, but was quickly next to me, like a time-warp. Other times we were running together, many times walking around on the ship, normally.. "One human-looking female showed me that she was really a

Reptilian, but knew it would scare the other humans they picked up. Another human-looking female walked up to me and allowed one side of her face to show her true Insectoid form, hiding it from the other humans."

- (JK-12) "I've encountered what I suspect is a hybrid ET/human female being who each time I encountered her (once when she appeared to be about 6 or 7 years old, and once when she appeared to be about 18 - 20 years old) was wearing a white, one-piece sundress with a light-blue collar. The dress was long sleeved and had buttons going all the way down to the bottom. It went to the ankles, and on her feet she wore slip-on flats that I believe were also white. She had brown hair, about shoulder length, and in her hair, she wore a blue headband. Her face and hands were the only exposed skin, and it was very fair. Not quite white, but much fairer than caucasian. She had larger eyes than a human, but not as large as a typical grey alien. The eyes were slightly angled down towards the bridge of her nose. The "whites" of her eyes were dark grey, but not so dark that you couldn't discern her dark brown, or potentially black irises. Her nose was slight, but definitely present. She had thin lips, that were darker than her complexion. I'm pretty sure that she only had 4 digits on each hand. When I encountered her when she was older, she had a thin braid in her hair that draped over the front of her shoulder while the rest of her hair hung behind her back, and I'm not sure how long it was....As far as I can tell, each of the aliens that I've seen, and I've seen many in one room at one time, look very similar. Their height varied only slightly, and all of them were hairless (as far as I could tell), and their features were largely the same. They looked like what we typically call the grey aliens. Their skin was very fair, almost grey. I would say that it was more milky than grey. They each wore what appeared to be one-piece jumpsuits that were a darker grey than their skin. There were no discernible shoes. The jumpsuits were sort of like tight-fitting footie pajamas. Their eyes were very big, although not as big as a lot of popular culture would have us believe. Also, while their heads were certainly disproportionately large for their body, they were not as large again as popular culture would have us believe. None of their proportions seemed awkward, other than being about the height of an 8-year-old human. Their eyes were very black, and I could only discern their irises when I was very close to them. Their noses and ears are mere hints at the features, but they do exist. Their mouths are little more than slits, with very subtle, thin lips, if there were any real lips at all. The muscles around their mouths moved, and they could use facial expressions to emote, if only slightly... I found my spirit surrounded by light beings, each of which looked sort of like a tapered pillar of glowing white light. They surrounded me and sent me messages of love, primarily through intention. They bathed me in their light for what seemed like a good few minutes, and then put me back in my bed. I was exhilarated and slept incredibly peacefully for days... I have encountered typical grey alien, what I perceived to be a human/alien hybrid and several ghosts or interdimensional beings taking human form, like being form, and shadow being form... When they used to come into my room, they always started as what I described as light beings, but then that light would form into a physical, bipedal entity...
- (JK-19) "In July 2015, I was again in bed and had been asleep and was awakened. My heart immediately started to speed up and pound like I was very scared, but I wasn't scared in the least. I turned my head to the side and a Reptilian was either on his knees or leaning bent over me . He was very close to my face. It was almost like he was breathing my own breath in. The pictures do not give them justice whatsoever. I had to Google for a month to find out what he was. The head has a massive bone structure going up and back from his forehead. He also has a rounded bone above his eyes that goes around the back of their heads. I don't know if they attach to each other, though I didn't see the back of his head. The nose is very flat with 2 small nostrils. The jaw-line is very squared off and masculine. The neck is very thick and muscular. I

think it is so thick because his head is so heavy. The shoulders are very broad and muscularly rounded, very broad. Also his chest was massively thick. His eyes were round. He didn't hurt me or say anything to me.. The reptilian was just as described it in my experience. They are really magnificent creatures, not at all mean, like people describe them. He was not wearing any clothes either.. It was like he was there to stay with me until he knew I was alright.. Why I don't know. My heart was still pounding very hard and fast.. He kind of backed up into the darkness in the room and was gone. It was a very strange experience. His scales were the most beautiful. They were a deep black color with green around the outside. The pattern was just beautifully matched. I wish I would of touched him and seen what temperature he was..In another experience, was with a mantis- male, but did not see any genitalia. Height was about 7 ft. He had no clothes on. The tall grey I am not 100% sure that is what it was, but my guess it would be.....May/2016. I was trying to go to sleep, I had another operation scheduled in the morning. Just standing inside my bedroom was a mantis and what I think was a tall grey. The mantis was a male, about 7 feet tall. The tall grey was a female. She had a long robe on with a hood over her head. She was also carrying what I think was some type of clip board, was about 5 ft 8 inches - 6 ft tall, wearing a dark-color robe with it pulled up over her head, her head was just like the typical grey that most people describe, large almond eyes, grey in color, but my attention was on the mantis and not the assistant His head was just touching the top of the ceiling. He was kind of humped over because the ceiling was so close to his head. His eyes were very large, bulging almost, almond-shaped up on the side of his head. The actual head shape was almost like a rounded triangle. His legs and arms were very skinny and much longer in proportion to his thin body. He would move his arms out from his elbows away from his body in a very smooth motion. I was just totally amazed by his movements. It was like he was talking with his arms. They would look at me and talk, then look back at each other and talk, look back at me again and talk. I could tell they were talking about me and how concerned he was for me. It was a very positive visit, almost like it was the doctor and his assistant come to see the patient. I was totally in awe of him. Then it kind of went like an old movie all grainy and they were gone. I was not scared in the least. It was very calming really. I thought about it briefly then went immediately to sleep."

- (JK-4). "I remember thinking that they were ugly... The beings I experienced were of the 'grey' type with large heads and large dark eyes that curved around the side of their heads a bit. They had long arms and fingers and were wearing a kind of uniform which had some kind of insignia either to the left of the chest or on the shoulder. The uniform was dark-coloured, either black or dark blue and appeared to be all one piece. They appeared to have some kind of boot-like foot wear. The eyes appeared to have pupils as our eyes do, although much larger and they seemed to communicate telepathically through their eyes. Their fingers seemed to be long and misshapen and somewhat claw-like. I cannot say how many digits as I found them uncomfortable to look at... They have not harmed me and I feel that they need our help somehow. I am not afraid that they would harm me. I feel connected to them some how... They seemed to be able to walk when necessary, but mostly they floated just above the ground... I had several experiences that were quite extensive."
- (JK- 16) "First ones were short with large eyes. Not very nice but don't think they meant to be mean. The pair from the landed craft were tall and slender, they were very kind to me." ... The two that came in the nacell [?] craft had smooth skin and grey jumpsuits on. They appeared human. Both had hair, blonde/brown color. Hands were human but a bit larger with long fingers..They were both quite tall and slender. One seemed more female and the other more male. Very clean-cut looking with grey full-body suits on. Very human in appearance..."I've seen many types- tall and short grey, large white Bigfoot type creatures, Egyptian dog-like

creatures, tan very nice looking creatures whom I was told were called anteluvians and a few other creatures who were watching to see the outcomes to decide whether or not to participate and try to save their race or species."

- (JK-21) "About six foot five, grey skin with a soft texture. Large wrap around eye's tiny nose and a slit for a mouth, thin neck, no hair. A type of glow, I'm not sure if I could just see the glow, through emotion."
- (JK- 1). Arcturians... 7 to 8 ft tall, humanoid shape, clear translucent bodies filled with bluish purple colors with pink colors at times... Pleiadians - Look human around 6 feet tall, blue eyes, light-colored sandy brown hair....females have wavy light colored sandy brown hair. uniform very similar to the Star Trek uniforms. Solid color with an upside down triangle emblem on the chest. Blue Pleiadians - Human form around 5'8 to 6 ft tall, light to medium blue color skin. Both male and female are bald....White "grey" - tall around 6 ft tall, white pearlish skin, wore a white and silver cloak type clothing, long fingers, large oblong head, large black eyes... I saw human like beings as staff on the transport ship and an Andromedan seated across from me. He was orange in color and short in stature."
- (JK- 15) "Grays and Pleiadians. Future events and time travel aspects, don't understand."... Grays, typical of pictures. Tall Whites. bald and tall with features different than ours. Seven to eight feet. Pleiadians, look like us, but auras feel very different. mannerisms very different. Often aggressive in sexual behaviors. Play fighting. Respond to thoughts as if spoken. Energy feels nice that emanates from them. orgasms spontaneous. Feel part of and merge. Humans, argumentative and aggressive sometimes. Often fearful. Pleiadians show no fear. Very direct with feelings. Humans defensive. Other looks like us with different mouth features. Similar bodies as ours. hairy ones sasquatch like. Long hair all over body and face. about seven feet or so tall. Black Hairy Person, short and black hair and face. Black comes off in hand. Telepathic in English. Short and stocky. from planet with high gravitational field.... Pleiadian walk like you and me. Clothing seemed a bit out dated. 1940's ...
- (JK- 14) "The small creature I was allowed to look at and walk around was very short, probably 3.5 feet tall. He was whitish, bluish, grayish. He stood perfectly still. I thought he might be a droid. The Gray with the geometric images looked like a typical gray."... "The Greys have always been 'all business'. No sense of humor whatsoever. The being in bed with me, I believe was a Reptilian due to its gigantic size. When he said 'I bet you're almost sorry now' and laughed loudly, I am not sure if he was laughing at me or laughing with me, although to me there was nothing funny. I was terrified like never before. I think the Repts are more likely to show human-like personalities. I think of all the races, they are closest to us. During the second incident I had involving the hemorrhoids, I was allowed to see the being. I had been asking to see them for a long time. I believe he was a droid. No sense of humor or individuality but nowhere near as scary as the others."
- (JK-9) "The only thing I sense is energy. There is no physical manifestation of what you would consider a body, yet it is intelligent and loving. The kind of craft I see is spherical."

#### **D. Encounter Experiences in the Home. (26)**

*(Summary: Some of the following cases do not include their identifying codes, which can be retrieved if needed. The first set of 10 cases were distilled down to their gist)*

##### Edited-down verbatim and paraphrased cases in this category

- Three beings in the doorway, 6 feet to 5 feet.

- Little Grays like the one in Whitley Strieber's book *Communion*. Larger head, large black eyes, slit for a mouth and maybe little holes for nostril; had elongated arms and legs, just three or four long fingers... saw 6-8 little greys by bed...one communicated with me by telepathy and said, 'just go to sleep, Carol, and it will all be over'... woke up with a bloody nose...
- They just make tingly ticklish sensation in my body and take me. I have seen myself going through the wall, and through the ceiling. I greet them with a smile...
- Awoke in my bed with a 'praying mantis' insect-like being over me...
- Grays in the apartment, many of them. Some tall, some shorter. I woke up to a bright blue light beaming in the window. I recall being happy to see them, Communicated telepathically.
- Six Grays enter bedroom. Light blue colored skin, gray from neck down, wearing some kind of jumpsuit. Accompanied by grays on each side, we all went through solid front door. Outside, a beam of blue light, a buzzing sensation engulfs my body. I turned to a horizontal position and slowly start to rise up. I can see my rooftop, my neighbor's rooftops. As I enter into the bottom of the UFO, everything turns white. I pass out and I find myself lying on a table and around the room six grays that seem taller than the ones who took me out of the house. Trying to scream, but can't. I hear a loud bang and find myself hitting the floor next to my bed... I lie down on the couch, see a vertical beam of light...
- Felt like I was floating above the bed unable to move, blinding light coming through window... became aware of seeing through someone else's eyes. Someone approaching the house. There is a two-way channel that once open cannot work one way. I am speaking about telepathy. Eventually entered the room, Small beings, large heads, and black eyes. They marched in perfect unison, 'a silver rod producing a buzzing sound was held up, at which point he lost consciousness for about an hour. Last memory was of falling in the bed from about 3 feet above the mattress.
- Perceived beings around the bed, in paralyzed state, scared. Finally kicked one of them, who was puzzled by the action and wanted to know why he had done that '
- Awoke in bed to 'low vibration buzzing' coming down the hall from living room and the bedroom. Watched as a ball of blue-gray light came toward him, described as a 'cross thatched (like wicker) orb of gray lines filled with blue light too intense to stare at, but didn't brighten the room at all. 'The orb moved toward my head and a chill slowly crept up from foot to head. Then his body shuddered, went into lucid dream state, then in an out-of-body state. Wife woke up and also observed the orb.
- Visited by three beautiful short Zeta Star Beings who appeared next to my bed. In another night visitation, a tall star being with long fingers. Craft with white -greenish light coming out of the open door in back of house. A star being began to lift me up with his hands, looked down and saw three long fingers. There was an incredible energy of love emanating from the being...
- Awoke to find a humanoid male in a seamless white shirt and pants or leggings quietly watching her. He placed a hand on her shoulder and said in clear English, 'It is all right now'

*(For the remainder of this section, stopped further distilling cases down because felt most of each case was needed for the reader to appreciate its specific nature)*

- Experienced a translucent 3 to 4 foot tall 'platinum being' with a large head and undefined limbs and body structure, moving very quickly in the living room at night. Circular white aura that could grow to 2 feet in diameter, mother-of-pearl type, translucent with moving black zigzag lines along the perimeter. 4-5 foot, appearing like a traditional gray. filmed it walking backwards through the kitchen until it disappeared. Has another video of same type of being

levitating in kitchen with another one of same type. A white-robed gray-type with large black eyes who needed DNA from her ear.... allowed to video one of them who was quite solid-appearing (at least for a while), 4 foot 9 to 10 inches, black in color with bright white spots in the eyes which could eventually grow and spread out. He backed up as far as he could in my kitchen. He was then able to raise his vibrations much like the craft I worked on and teleport elsewhere in a nonphysical form

- After an NDE, sitting in a room reading, had a funny feeling like an electric shock without pain, and looked up and there was his mother between two grays, approx. 3 feet 8" . They levitated him through a large plate glass front window, and took him aboard a craft, the next thing he knew he was sitting back in his room..
- Saw two beings in his room. One was very tall, dressed in a long white shirt and knew he was male and saw his face clearly. The other being was small and seemed to be female and was also dressed in white. They were very friendly and loving. He asked them why they were here and the male said he wanted to warn me. Then he leaned over and kissed my forehead. Communication was telepathic...
- Saw three little beings standing next to the bathroom. The room was dark and they seemed to be crouching. They were short, about 4 feet tall, and wore a dark kind of overalls that were fitted. One of them started pointing across the room toward the kitchen, so he looked his head and all around the edges were symbols. The next thing he remembers is coming into his apartment through the window.... Another time, he woke up laughing, looked up and there was a little being about 2 feet tall hovering up in the air wearing his clothes. 'He was going in and out of my closet wearing different outfits and making these hilarious poses. I couldn't see his face, but he was very funny.'
- (BD- 11) woke up with sharp pain coming from inside my body lower area, crying. Above was a small ball of white light, a little smaller than a baseball. The pain didn't last and the ball of light went through the closed window and curtains'...
- (BD- 13) Saw three white orbs pass through the fluorescent fixture in the kitchen and followed them down the hallway. Another night, saw shadow feet under the door. The door pounded and the doorknob turned, but it was locked. The racket didn't cease until I stopped praying. I went to bed. I can remember being extremely cold and flying out the window on my left side from our second story condo.' Couldn't remember where she went. On the third night of this repeated scenario, 'struggled desperately to open my eyes and saw two small grays at the foot of my bed. Their heads were barely above my bed and seemed to be bobbing from anxiety and a bit of fear. Was on the left side between my ankle and knee. I turned my eyes toward it and it seemed a little surprised, but the emotion soon faded.' Felt heavily drugged, as if in surgery and soon succumbed to sleep. Remembers being ice cold again. Next morning, her husband awoke her and said, 'My God, have you seen this?--The whole floor on your side of the bed is completely white with frost (this was in the summertime). You and the floor are ice cold. The frost was so thick that I left footprints on it." .
- (BD- 14) She closed her eyes to sleep and saw alien eyes and felt contact with this being and her body felt like it was vibrating and lifting. This went on all night for weeks. She tended to stay awake until daylight to fall asleep and did this for a year.
- (BD-15) In 1986, standing in a clearing surrounded by trees. There were other people walking around in their pajamas like they were sleepwalking. She looked up and sitting several feet from her was a spacecraft. 'It was shaped like your typical saucer type craft, about 50 to 75 feet in diameter. It was metallic in color and there was a tall figure standing just outside of an open door. It was a woman, about six or 7 feet tall wearing a long white robe which covered her feet. Her hands had very long fingers and her skin was pale. All started walking toward the craft and

the closer she got to the woman she felt a very strong 'energy of unconditional love.' By the time she got right up to her, the loving energy that came from her was overwhelming. 'I had never felt anything like this before. If I took the love that I feel for my children and multiplied it by 100 it might come close to what I felt. It was amazing. There are literally no human words that can come close to describing what I felt.

- (JK-20) In an earlier experience, 10 years old, in bed, wide awake, 12 PM, "I felt like I was floating above the bed. It was like gravity was gone. It also felt like my life just flopped upside down. There was a blinding flash from the west side of the house coming through the window. I was immediately aware that for some reason I was seeing through someone else's eyes as they approached the house from the West. I did not know who they were or how it was possible to see through its eyes. I felt it was somehow able to read my thoughts and it was allowed to be looking through my eyes. I have come to understand it is a two-way channel that once opened cannot work one way... They entered my room, marching in perfect unison crossing in front of my desk by the door. I could see their shape in some detail. They were on a mission and it seemed that it was to be accomplished as quickly as possible....Another time they came from the Southwest from the field and woods to our log cabin. A blue light came through the window. They were so fast. A strange blue flash. Was lying in bed on my back. Saw three of them out of the corner of my eye, and went immediately into fight or flight mode. I had this strange sensation again of something entering my mind. Their presence is unmistakable. It's like a smell somehow, but it's not. They seem to know what I was going to do as soon as I do.' ...These creatures were interested in our whole family [other family members had experiences as well]...they are very real [had two main contacts when 10 and then at 23]. They came into my room at night both times. There was a lot of bizarreness about the whole thing. Gravity was changed somehow and it seemed time was being altered. Four of them came both times. They headed quickly, militarily, and were small and slight, 3 1/2 to 4 feet tall. Their heads were extremely large and out of place on their bodies. They were able to know what I was thinking and were able to react to my thoughts before my thought turned into physical action. At least one had a piece of equipment on his back. They used a silver rod or metal round device that in my experience they used to immobilize me. In the dim light, they look like an olive drab color, but seemed different colored at other times. They walked in perfect unison with each other. There was a blue dim light that seemed to surround their entire bodies. It was faint but was some form of light. Their eyes are huge. They look like insects, but with skin like reptile. There were deep wrinkles on the forehead and under the eyes."
- (JK- 2) "3-4 hours after my UFO sighting on November 15th, I could not sleep. At roughly 3am I decided to meditate and try inviting the ETs for a face-to-face contact in my hotel room. While meditating with my eyes closed, rings of light began appearing in my mind's-eye, forming a bright orb of light in the center. After 1-2 minutes, the rings stopped and only the orb of light remained. Then, the orb began to morph into a humanoid figure. It stood there for a few minutes in my mind's-eye, doing nothing when I decided to open my eyes. At the foot of my bed stood a NHIB. This being was roughly 5'9" in height, with a thin body made of "light". Parts of its body were semi-transparent. The head was slightly larger than a human head (in proportion to its body) and formed a crest on top. The eyes were just like the eyes of a skull, with sockets in which I could see the two holes deep in each socket where the optic nerve would normally be. After staring at this being for 2-3 minutes and neither one of us moving an inch (I was quite shocked and excited), I greeted it telepathically with something I had practiced: 'Thank you for coming. I am honored that you are here. I hope this is the beginning of a life-long relationship. I trust you to do anything you wish to me and my body. I totally trust you.' As soon as I 'said' this, he began moving from the end of my bed and approached me on



my left side. I didn't move a muscle as he stood next to me. He then slowly reached out with his right hand to touch my left side...."

- (BM-7) In her home, three beings in the doorway, two taller 6 feet, one 5 feet.
- (*Original slightly edited cases in rest of this section*)
- (BM-6)- Little Grays like the one in Whitley Strieber's book *Communion*. Larger head, large black eyes, slit for a mouth and maybe little holes for nostril; they had elongated arms and legs, and I think just three or four long fingers... Gave detailed descriptions of being in mixed states, "weird dreams" and episodes upon waking "saw 6-8 little greys by bed...one communicated with me by telepathy and said, 'just go to sleep, Carol, and it will all be over... woke up with a bloody nose...felt like I was going crazy ...
- (BM-3) Whenever they come they just make tingly ticklish sensation in my body and take me. And I enjoy it. I can happily say I have seen myself going through the wall, and through the ceiling. I greet them with a smile...
- (BM-2) 1992, awoke in my bed with a 'praying mantis' insect-like being over me... 1989, the grays were in the apartment my son and I lived in. They were many of them. Some tall, some shorter. I woke up to a bright blue light beaming in the window. I recall being happy to see them, we communicated telepathically. They told me that everything would be all right and that I should go back to sleep...
- (BM-10) in bed, immediately became paralyzed, only could move eyes. Six grays enter bedroom. Light blue colored skin, gray from neck down, wearing some kind of jumpsuit. Accompanied by the grays on each side, 'seemed like we all went through front door.' Outside house, 'we all got to the corner of the garage and then a very light beam of blue light coming from the bottom of the light the buzzing sensation engulfs my body. I turned to a horizontal position and slowly start to rise up. As I keep rising up, I can see my rooftop, my neighbor's rooftops, my truck in the driveway. As I enter into the bottom of the UFO, everything turns white like I pass out and then I find myself lying on a table and around the room six grays that seem taller than the ones who took me out of the house. Trying to scream, but I can't. I hear a loud bang and find myself hitting the floor next to my bed... I lie down on the couch, see the vertical beam of light... age 10, midnight, 'felt like I was floating above the bed unable to move, blinding light coming in window on west of house. Suddenly became aware of seeing through someone else's eyes, someone approaching the house from East to the West. I have come to understand there is a two-way channel that once open cannot work one way. I am speaking about telepathy.'" Eventually entered the room, Small beings, large heads, and black eyes. They marched in perfect unison, 'a silver rod producing a buzzing sound was held up, at which point he lost consciousness for about an hour. Last memory was of falling in the bed from about 3 feet above the mattress.
- (BR- 9) Experiences of waking up at night seeing strange light and hearing unusual noise in bedroom. One time perceived beings around the bed, in paralyzed state, scared. Finally kicked one of the beings, who was puzzled by the action and wanted to know why he had done that.
- (BR- 6) November 2012, midnight, subject awoke in bed to 'low vibration buzzing' coming down the hall from living room and the bedroom. He watched as a ball of blue-gray light came toward him, described as a 'cross thatched (like wicker) orb of gray lines filled with blue light too intense to stare at, but didn't brighten the room at all. 'The orb moved toward my head in a chill slowly crept up from foot to head. Then his body shuddered, went into lucid dream state, then in an out-of-body state. Wife woke up who also observed the orb.
- (BR- 16) 1995, first visited in Austin, 1995, by 'Zeta Star Beings'. April 2008, three beautiful short Zeta star beings appeared next to my bed. I miss them now when I think about them and my eyes get all teary'....in another visit (in 2008), had another visitation during the night by a

tall star being with long fingers. At first I saw a star craft with white – greenish light coming out of the open door. Located about 50 m Northwest the back of my house. I was looking at the StarCraft, a star being began to lift me up with his hands. I looked down and saw three long fingers. There was an incredible energy of love that emanated from the star being...

- (BD- 3) Age 19, awoke to find a humanoid male in a seamless white shirt and pants or leggings quietly watching her. He placed a hand on her shoulder and said in clear English, 'It is all right now' ... In 2010, experienced a translucent 3 to 4 foot tall 'platinum being' with a large head and undefined limbs and body structure, moving very quickly in the living room at night. Circular white aura that could grow to 2 feet in diameter, mother-of-pearl type, translucent with moving black zigzag lines along the perimeter. Black 4' 8"-9" appearing like a traditional gray. He filmed it walking backwards through kitchen until it disappeared. Has another video of same type of being levitating in kitchen with another one of same type. A white-robed gray-type with large black eyes who needed DNA from her ear.... Was fortunate in 2011 to be allowed to video one of them who was quite solid-appearing (at least for a while) who was 4 foot 9 to 10 inches, black in color with bright white spots in the eyes which could eventually grow and spread out. He backed up as far as he could in my kitchen. He was then able to raise his vibrations much like the crafts I worked on and teleport elsewhere in a nonphysical form....One NHIB she videoed walked backwards through kitchen, expanded and dissolved into nonmateriality.
- (BD- 2) Age 16, after an NDE, sitting in a room reading, had a funny feeling like an electric shock without pain, and looked up and there was his mother between two 3' 8" grays. They levitated him through a large plate glass front window, and took him aboard a craft, the next thing he knew he was sitting back in his room..
- (BD- 7) Saw two beings in his room. One was very tall, dressed in a long white shirt and knew he was male and saw his face clearly. The other being was small and seemed to be female and was also dressed in white. They were very friendly and loving. He asked them why they were here and the male said he wanted to warn me. Then he leaned over and kissed my forehead. Communication was telepathic... Next experience was in 2012. In his dark apartment, he saw three little beings standing next to the bathroom. The room was dark and they seemed to be crouching. They were short, about 4 feet tall, and wore a dark kind of overalls that were fitted. While trying to see them, one of them started pointing across the room toward the kitchen, so he looked to where it was pointing and the next thing he knew he was floating across the floor about 3 feet in the air. He didn't try to move or resist and went to the window and up into the air. 'I saw a huge light in the sky that I thought was the moon.' The next thing he remembers is being on a table, but couldn't feel the table. There were beings talking to each other, but he couldn't understand what they were saying and not sure if it was telepathic. This big round light was over his head and all around the edges were symbols. The next thing he remembers is coming into his apartment through the window.... Another time, he woke up laughing, looked up and there was a little being about 2 feet tall hovering up in the air wearing his clothes. 'He was going in and out of my closet wearing different outfits and making these hilarious poses. I couldn't see his face, but he was very funny.'
- (BD- 11) In 1959/60, 'woke up with sharp pain coming from inside my body lower area, crying. Above was a small ball of white light, a little smaller than a baseball. The pain did not last. And the ball of light went then through the closed window and curtains'...
- (BD- 13) Saw three white orbs pass through the fluorescent fixture in the kitchen and followed them down the hallway. On another night, saw shadow feet under the door. The door pounded and the doorknob turned but it was locked. The racket didn't cease until I stopped praying. I went to bed. I can remember being extremely cold and flying out the window on my left from

our second story condo.' Couldn't remember where she went. On the third night of this repeated scenario, 'struggled desperately to open my eyes and saw two small grays at the foot of my bed. Their heads were barely above my bed and seemed to be bobbing from anxiety and a little bit of fear. Was on the left side between my ankle and knee. I turned my eyes toward it and it seemed a little surprised, but the emotion soon faded.' Felt heavily drugged, as if in surgery and soon succumbed to sleep. Remembers being ice cold again. Next morning, her husband awoke her and said, 'My God, have you seen this: The whole floor on your side of the bed is completely white with frost (this was in the summertime). You and the floor are ice cold. The frost was so thick that I left footprints on it...

- (BD- 14) She closed eyes to sleep and saw alien eyes and felt contact with this being and her body felt like it was vibrating and lifting. This went on all night for weeks. She tended to stay awake until daylight to fall asleep and did this for a year.
- (BD-15) In 1986, standing in a clearing surrounded by trees. There were other people walking around in their pajamas like they were sleepwalking. She looked up and sitting several feet from her was a spacecraft. 'It was shaped like your typical saucer type craft, about 50 to 75 feet in diameter. It was metallic in color and there was a tall figure standing just outside of an open door. It was a woman, about six or 7 feet tall wearing a long white robe which covered her feet. Her hands had very long fingers and her skin was pale. All started walking toward the craft and the closer she got to the woman she felt a very strong 'energy of unconditional love.' By the time she got right up to her, the loving energy that came from her was overwhelming. 'I had never felt anything like this before. If I took the love that I feel for my children and multiplied it by 100 it might come close to what I felt. It was amazing. There are literally no human words that can come close to describing what I felt.
- (JK-20) In an earlier experience, 10 years old, in bed, wide awake, 12 PM, I felt like I was floating above the bed. It was like gravity was gone. It also felt like my life just flopped upside down. There was a blinding flash from the west side of the house coming through the window. I was immediately aware that for some reason I was seeing through someone else's eyes as they approached the house from the West. I did not know who they were or how it was possible to see through its eyes. I felt it was somehow able to read my thoughts and it was allowed to be looking through my eyes. I have come to understand it is a two-way channel that once opened cannot work one way... They entered my room, marching in perfect unison crossing in front of my desk by the door. I could see their shape in some detail. They were on a mission and it seemed that it was to be accomplished as quickly as possible....Another time they came from the Southwest from the field and woods to our log cabin. A blue light came through the window. They were so fast. A strange blue flash. Was lying in bed on my back. Saw three of them out of the corner of my eye, and went immediately in fight or flight mode. I had this strange sensation again of something entering my mind. Their presence is unmistakable. It's like a smell somehow, but it's not. They seem to know what I was going to do as soon as I do.' ...These creatures were interested in our whole family [other family members had experiences as well]...they are very real [had two main contacts when 10 and then at 23]. They came into my room at night both times. There was a lot of bizarreness about the whole thing. Gravity was changed somehow and it seemed time was being altered. Four of them came both times. They headed quickly, militarily, and were small and slight, 3 1/2 to 4 feet tall . Their heads were extremely large and out of place on their bodies. They were able to know what I was thinking and were able to react to my thoughts before my thought turned into physical action. At least one had a piece of equipment on his back. They used a silver rod or metal round device that in my experience they used to immobilize me. In the dim light, they look like an olive drab color , but seemed different colored at other times . They walked in perfect unison with each other.

There was a blue dim light that seemed to surround their entire bodies. It was faint but was some form of light. Their eyes are huge. They look like insects, but with skin like reptile. They were deep wrinkles on the forehead and under the eyes.

- (JK- 2) "3-4 hours after my UFO sighting on November 15th, I could not sleep. At roughly 3am I decided to meditate and try inviting the ETs for a face-to-face contact in my hotel room. While meditating with my eyes closed, rings of light began appearing in my mind's-eye, forming a bright orb of light in the center. After 1-2 minutes, the rings stopped and only the orb of light remained. Then, the orb began to morph into a humanoid figure. It stood there for a few minutes in my mind's-eye, doing nothing when I decided to open my eyes. At the foot of my bed stood a NHIB. This being was roughly 5'9" in height, with a thin body made of "light". Parts of its body were semi-transparent. The head was slightly larger than a human head (in proportion to its body) and formed a crest on top. The eyes were just like the eyes of a skull, with sockets in which I could see the two holes deep in each eye socket where the optic nerve would normally be. After staring at this being for 2-3 minutes and neither one of us moving an inch (I was quite shocked and excited), I greeted it telepathically with something I had practiced: "Thank you for coming. I am honored that you are here. I hope this is the beginning of a life-long relationship. I trust you to do anything you wish to me and my body. I totally trust you." As soon as I "said" this, he began moving from the end of my bed and approached me on my left side. I didn't move a muscle as he stood next to me. He then slowly reached out with his right hand to touch my left elbow, but his hand penetrated my elbow and continued slowly to penetrate the left side of my torso. There was a static "tingly" electric sensation where our bodies were merging. He continued merging with my body until he was completely inside of me. I just sat there in my bed trying to stay calm as this happened, which was a bit challenging since I was "tingly" all over and it was a very strange experience. After sitting still for a few moments, the static electricity feeling slowly faded until it completely dissipated. It was then that I knew he was still there, inside of me, so I asked him his name telepathically. He replied "Tezjbar". So I said out loud: "Tez-bar"? "No", he replied telepathically. "Tezj-Bar". This began a 12-day "communion" experience (his word for it). It was the most incredible 12-days of my life and I learned much about the history of our world and the evolution of consciousness (the soul), among many other things. He left my body on the morning of November 28th, 2012... Tezjbar explained he was a "Celestial Being", a multi-dimensional being from the "Celestial Realm". He explained that he had once been a human being on Earth thousands of years ago, but he had "graduated" to a higher level of existence/consciousness. We talked a lot about how that works (i.e. how he evolved from human form into a celestial being via reincarnation and ascension)."
- (JK- 14) "(1998). My first thought is always that it's an intruder. It continues to walk towards me. It seems to be about 5'10-6' tall. He walks to the back of the couch so he is looking over, standing directly above me. I am looking into his face but there is no face. Inside the hood is complete darkness. ..I perceive him as a male.... I am afraid I may die from the fear. I can't move, can't scream. I can't take my eyes off that darkness in the hood. I feel myself dissolving. I am so scared that I am actually okay with dissolving ...I realize that something is in bed with me. I am laying on my right side. Someone is behind me, their leg is over me, resting across my hip. This leg weighs a ton...., I realize, this is no ghost.. This thing in bed with me speaks. It laughs, a deep, loud, booming laugh and says in a loud, powerful voice, 'I bet you're almost sorry now.' I have never been so scared in my life...The thing in bed disappears just as the paralysis disappears."... (2014) I silently asked the ET to allow me to see them while conscious. Of course, I ask that this happen during daylight, in the car, in rush hour traffic and asked that they sit beside me, not behind me. That night in bed, I woke up paralyzed. I'm

thinking 'this is insane, do they actually pay attention to my thoughts?' I just couldn't believe this was happening tonight....(2014) Got in bed. Closed my eyes. Suddenly a Gray was there. He began showing me images. Some were geometric. They are familiar. They remind me of crop circles on flash cards. He is quickly showing me each image. He asks me telepathically if I remember what each image means. I do. At the time, I am completely sure I know what each means. I felt like a student acing a test. He then showed me a 3-D moving image with balls and circles. I thought to myself "I know what that is". The next day as I wrote down the experience, I remember what it looked like but do not remember what it was or what it meant. It reminded me of a physics model. I strongly felt that showing me the geometric images was for the purpose of recalibrating my emotions. I think the entire experience was about recalibrating me..."

- (JK-15) When with her, we were embraced and floating. She always had no clothing. Felt drugged with her. Visits in bedroom. Same level of disorientation. Bodies were synchronized, but mind felt out of focus. Four or five visits in last six months. Wife removed from bed when she [female ET] was in bed with me."... The woman that took me from my room, started out as a group of colors that transformed into her wearing a blue dress with white vines. I was awakened to see her form. Question of other entity awakening me. Sitting on bed, I saw her form. When walking towards her from in the Bathroom, I disappeared to find myself in another house bedroom. She was partially dressed in bra and panties. After being sprayed with a gas, I assaulted her and then lost memory. Other times I awaken with them in the bedroom."... I agreed on the genetics, because they seem devoted to this. When angry, they asked me telepathically if I would continue to participate...Fully conscious in many sexual interactions.". Conscious of orgasm. Had previous encounters with her. Didn't want sperm like others. Complained I wasn't with her when in stupor. "... Children look like us. Was introduced to many. Had unpleasant encounters and beautiful encounters. Offered photographs by one woman. Wish I had taken them. It was beautiful holding her child."..
- (JK- 21) "Light from the kitchen window on the other side of the house shone very bright. I got out of bed to investigate. I felt terror when I stepped into the light, but I could not stop myself from trying to find the source. Telepathically I heard a voice in my head that assured me, "everything is going to be all right" accompanied with the feeling of tremendous love. When I got to the window I saw a silver disk in the yard next door in the back. Then I saw what looked like a telescoping effect going from the disk to under the window where I stood. The outside basement door was also underneath where I stood and I heard a noise in the basement, like someone was moving around down there all the while hearing soothing words of nothing to fear. There was a tall female grey, and a few smaller ones. My feeling was that the tall one was a female. She smiled at me and I could feel a great happiness. I remember pleading and crying for her not to leave. She said she must and I had to stay. She warned me it would not be wise for me to remember the signs of her return. She expressed a caring, compassion, and love that we are not capable of... Personality, very playful.... She smiled when I said I needed to know when she will be back, after I cried and pleaded. I must have refused to participate until she told me. Then she reached down and extracted semen from me...When I begged her to let me know when she was to return, she was explicit in telling me that was not what she was allowed to do, but I cried and begged and she felt sorry and told me what signs to watch for."...
- (JK- 16) "My earliest memory is of laying in bed and these faces looking at me from the doorway then they entered my room and touched me. Another time I was standing outside and a craft landed near the house and two beings got out and walked toward me calling me by name I tried to run away but couldn't and they took me on board."

- (JK- 5) "Some years ago, about 20, I think. I had a visitation in the night by a little grey and a smallish reptilian. They said 'there's someone who wants to meet you.....would you like to go?' I said 'Yes' excitedly and up we went, through the roof. I could see the underneath of a great mothership. It was very dark and looked ominous, but I wasn't afraid as I felt like I belonged there. I was to meet my 'mother'. She is a Mantis being. I also met 4 or 5 of my 'children' who were pure Mantis. They had made contact with me previously via language, and we would speak rather excitedly and loudly in their language. When I arrived, my Mother was waiting for me. she was about 7ft tall and I wondered how I could hug her. All I could reach were the long thin legs. She bent down and put her face closer to me and I felt that she was 'very proud' of me for all the work I'd done."... I am now almost 75 years old. My most recent contact has been with some beings that I call the 'Acetonians' simply because I can smell acetone [like nail polish remover] just before they come and it gets stronger and stronger as they come close to me. They started coming to me early this year [2016].
- (JK-17) "I have had contact since childhood as early as 6 years old. I know that these entities are relatives of mine. They are my previous family. I have been in the ship many times and when I asked where I came from they simply told me that our planet was destroyed and now our ship cruises in space as we have no permanent home any more. These entities were very human like."... When I was 12 years I do remember waking up and seeing two beings, human like at the foot of my bed who told me that they were going to take me into the ship. I was never afraid because I knew they were my family. That particular event I was taken into the ship and was immediately inside a room with lights and a table, like a medical clinic. They told me they had to do some procedures on me and that they would not hurt me and that I was not to be afraid. I was awake for these probes that went inside me but I did not feel pain. They were very loving and caring. I was able to sit up when they were finished and get off the table."... The night that I was healed and taken to the craft by the ET's I was in so much pain (from having fibromyalgia) I could hardly move... about 11pm I was almost asleep when I woke up and saw an entity standing in a sideways position to my bed. There was also another being who was hovering over my bed to my right. I just knew that he was going to give me a shot for my pain. I asked the small entity, about 4ft high, elongated head and wide brow, long arms to his knees, dressed in a shirt and pants that appeared to be all in one, but looked separate, to hold my hand because I knew the shot I was going to hurt. He said yes (telepathic talk). I grabbed his hand with both of mine, the other ET gave me the shot in my right thigh. It was so painful that I levitated off the bed from the pain. The skin of the being who held my hand was as soft as satin. And he had only love for me. I immediately went to sleep after this encounter. The next day I found the puncture mark on my right thigh and photographed it....I was awakened by the voice of an ET telling me that the ship was here and I needed to go with them for treatment of my pain. I told them I was too tired, but they lifted me up and carried me into the craft. There was a humanoid man waiting for me who I knew to be my father. He had a white coat on, he was about 5 ft tall, had a human like body and a kind face. I absolutely knew him. and the room I was taken to had walls that he was able to change into different colors; this is where I had my therapy . He had me face the walls as he changed the colors and the warmth of the colors healed me all night. The room in the ship was round. That healing lasted more than a year."... The ET's that came to my bedroom I suppose were greys though I do not remember them as such. They were very sweet beings dressed in pale blue with big eyes and small mouth. Their arms were long and I remember only about 4 fingers."... I have been on crafts.
- (JK- 6) (They have taken "me with a group of human strangers to another planet - this occurred several times. They always pull me aside to let me know, they know who I am. They 'Greys' teach me to fly their ships, just let me hang out with them because they know I miss them or

have personal intimate contact with them. The more human-types took me and my partner one night just to have us on the ship, another time they had me and my dog on board and did some procedure on her."... I get a lot of bright 'flare-ups' after meditating to have a visit. Normally, this is just one flare-up that occurs after me sending them a telepathic message to do so if the craft is an ET craft. It is similar to a very bright star, no landings or close fly-bys during this type of calling for them."... I myself am a Hybrid being. Also, during one contact, a tall benevolent Insectoid type Being floated towards me and asked if I would be willing to participate by giving them a hybrid child. I said yes, but I was never pregnant in this lifetime, so they must have just taken a DNA sample."... I have met two of them (hybrids). They were each various degrees of Reptilian, and part human. They could not live on Earth. One has skin that was VERY sensitive and she would not let anyone touch her but me because I know what it feels like when you move a scale wrong, it is very sensitive. She smelled like baby powder and we rubbed faces, which is common for my people. The other one was a younger child and I held her hand as we were walking." I remember my eye implants put in on my optic nerves. I felt one in my shoulder heat up during a channel session by an ET. And I often itch my left wrist where there is an implant. My people put in my eye implants. I don't know who put the others in, but I believe it is one of the many Insectoid ETs I have contact with."

- (JK-7) "Living on the southern tip of the Big island of Hawaii.... I went outside at night, and when I spotted a craft way up high, I tried mentally calling it, like the CE5 protocols suggested. I wasn't ready for how immediately effective this was, and scared myself. At this point my UFO encounters really speed up over a few months, until one night in my orchard 3 short beings about 3-1/2ft tall were in front of me...large heads, big black eyes. I remember telling myself at first why are 3children in my orchard at night, and wearing sun glasses.. I ran away very scared, 3wks later I was taken aboard a craft for a couple hours, and shown, the single occupancy crafts that are egg shaped, that leave the large space craft, to come down to Earth while the large craft orbits the Earth. Was shown how the walls of large craft can become see through like a window, I saw Earth from space while in orbit."
- (JK-18) I was 13, maybe almost 14. I remember waking up and there was a shadowy figure in the corner of the room. I could move from my waist up but from my waist down seem to not be there. I don't remember what was said to me but I remember my side of the conversation. I was telling them, no you don't have any right and you don't have any power over me. Which did seem a little stupid to say considering the fact I couldn't move my legs. I got very angry at them. I reached back to my right on my night stand and grabbed my bible. GO TO HELL! I said as I threw it at them.... Same age around the same time. One night I woke up to the sound of my mother's voice. The bathroom light was on and it was shining into my room. I got up to see what she wanted. As I looked into the bathroom I saw my mom and stepdad standing like statues. Facing them, my dad was on my right and my mom on left. Expressionless like robots they started walking towards me. I freaked and ran out into the kitchen towards the back door. But a figure stepped out of the shadows and I screamed and headed back into the kitchen towards the front door. But three shadowy figures blocked my way. I was surrounded. That was the last thing I remember. All the shadows figures were no more than 4 1/2 to 5 feet tall, a little shorter than me... The next event was when I was 6 so in 1972, in the middle of the night. I woke up and saw three NHIBs standing in my room. The one right next to my bed was one I had met before, the one that had held my wrist when I was 3. I reached my arm out and let her grab my wrist. Don't ask me why because I know I didn't really want to go. We all walked through the wall across the room from my bed. Into the light and up to the craft. In the light I felt pressure and yet weightlessness all at the same time. It was kind of like having a compression suit on from head to toe with the feeling you get when a plane takes off, that

weightlessness. Next thing I remember was an exam again, only this one was more traumatic. I remember something being stuck in the bottom of my right foot it felt like when you step on something sharp like a pushpin. I was frightened because it hurt and I didn't know what was going on plus I felt confused all at the same time because it didn't make sense how I had gotten there. I thought I must be dreaming. But I was also at the same time comforted by the NHIB that I had met before who never left my side. .. The height was almost five feet. The head was slightly bigger than ours. The NHIB had no hair. Its facial features were very similar to ours except for the eyes. They were three times as large and black, inky black. A body shape similar, but the hands had three fingers and a thumb, but they were longer than ours. Clothing was kind of like a wet suit almost the same color as its skin. Its skin was a very light tan with a grayish tint to it and the lips were the same color as its skin, just a bit darker, not red or pink like ours. The NHIB's height was maybe 6 feet 8 inches and very similar in body structure. No hair. His eyes are a bit bigger. Similar nose and mouth, but the lips are a little different. Ours come to a point where they meet; the NHIB's end separately. He is wearing something on his head like its metal and it had different parts to it, like maybe you would wear for a video game or something. He is wearing what looks like a monk's cloak, dark brown. The hands are very similar to ours, but they had more fingers, maybe 6 or seven. I didn't get to count. He was holding a gun of some kind in his hand...

#### **E. Abduction-Type Experiences (5)**

*(Summary: A number of other cases in this overall category of "Experiences with NHIBs" might well qualify to be included in this "Abduction" section, since so many cases tend to fall under that definition; but the only ones included here are those that include the term or explicitly referred to abduction-type experience characteristics. The next three sub-themes seemed too short to need an introductory meta-level treatment as was done with the sets of cases in the prior four themes.)*

- BR- 18) 'they told me that they do abductions for energy.'
- (JK-4) "I have had several experiences throughout my life (until 1976) with these grey beings and some of them are very involved and quite lengthy....I will provide you with a link to an issue of *Flying Saucer Review* in which my case was published under the heading 'Canadian Rock Band Abducted'. I was given the pseudonym 'Jack T.' to conceal my identity."..
- (BM-5)-"I was abducted, but not against my will."
- (BM-6)- Emphasized that her experiences were not abductions.
- (JK- 15) Abductions now are on earth in other countries. ET's seemed to respond with limited English, and feelings and emotions were telepathic. Some used gas in encounters. At night when young would attend classes and see much of same ones. Gave them nicknames: 'Short Blonde', 'Tall Blonde', and 'Angry Brunette'. Grew up with these children into adulthood with many nightly abductions. They are no longer present. Last seen ten years ago."... With the Grays, met woman that was human. She had cuffs on her in initial visits. Grays told me telepathically that she was aggressive and for their protection she needed to wear the cuffs. They removed her from her home because they were concerned she would be killed in the abuse she endured. She was happy with them. Eventually handcuffs would be removed. I would develop a crush on her. Many of these came through regressions, but the regressions were for developing conscious experiences. In time I would have conscious experiences with her. The Grays taught her much, including mind over matter. I would get in a fight and restrain her. She would cause tearing of muscle tissue in my shoulder and arm. Grays would use much surgery to correct this. Arm and shoulder were pretty damaged for months.".. Never respond



when I call them. Have given me rough dates for medical procedures. then they would complete surgery on a date near that time. Telepathic communications.

- (JK- 15) "Hundreds of abductions. Currently having abductions and filming abductions and Plasma teleportations and other processes of transporting. Continuing nightly, 3 to 4 times a week."... Friend [involved] in multiple abductions with me. Last year following her poisoning in November "both of us abducted by Grays. Missing time together and relocation of vehicle."... Multiple sexual interactions over lifetime. Grays and question of an Army group with very advanced technologies. Others from many different descriptions. Photographed several visitors.."

## **F. NDE-Related Encounter Experiences (2)**

*(Also see Part IV: "NDE-Related")*

- (BR 10, or BM-6) (Now in her early 20s.) "They came from nearby field. Blue light came through the window. I had this strange sensation again of something entering my mind. Their presence is unmistakable (like something being smelled). I saw three of them and immediately went into fight-or-flight mode. Saw a fourth one who had a silver buzzing rod in his hand and moved at great speed toward my neck, struck my neck and I was incapacitated. It seemed like *smart electricity* as it seemed to shut my body down system by system. My life flashed before my eyes I watched the rest of the event from outside my body somehow. It was like my soul was watching what was happening now. Everything after this point was cloudy."
- (BD- 2).In 1980 he had a very bad motorcycle accident, left his body and floated above and saw himself. Then a strange magnetic-type energy pulling him away from his body. Then a white-light-filled tunnel opened and he felt compelled to go to it. On the way to the tunnel, a wise old man appeared to the left and called him by name. He explained to him that if he went through the tunnel he could never go back and that his body was badly damaged and that humans did not have the technology to fix it. Then he offered an alternative: to come back on a high mission for the betterment of humanity and they would fix his organs. He agreed. Then he started floating back toward his body into an ambulance and paramedics working on him. The next thing he knew he woke up in the hospital with no injuries except for a very badly broken leg.

## **G. Contact Involving Human-Seeming Military (2)**

- (BR- 15) 1976, he and another person saw UFO in-flight. Then it was upon us with a bright white light and we blacked out. Upon awakening we were in shock . We could communicate telepathically without speaking audibly. After returning to the Army base we and other fellow soldiers were brought together telepathically to discuss taking on a clandestine mission to reacquire a beam weapon from the Army R & D. two weeks of chaotic events occurred and three months later I was kicked out of the Army with an "Other Than Honorable Discharge".
- (BD- r1ren777) Most encounters have seemed to be of a good nature...At 7-12 yrs, knew to go out the window and enter a large field in back of the house. Tall golden ET entered her space after stepping out of a 'Line of Demarcation', a long wavy line and silvery. Said she was 'walked into a dimension of ET's, military crafts, future available training, ET crafts holding 'Touch and Go Practices'. Specific experience with a two-star military person and an ET asking for a demonstration of jumping and landing. Specific experience of being placed underground in a large area and exiting it. Specific experience of watching men who were to participate in

the wars past 2000 sitting at a table.. Recent visit to her and husband from two hybrids over some large meeting which took place regarding agendas, disclosure and questions over all of the ETs and humans who attended this meeting. Felt much of her life and specific incidents have been corroborated.

#### **H. Single Complex Case (incl. medical, on-board, off-planet, military) (1)**

- (BR-18).2013, "I was in my bed, then I felt somebody put me facedown and put an injection in my buttocks. Then I was again in a dentist chair. I was in a sort of operating room. There were human-like beings, one of them was holding up a very small baby. Everything was very confusing to me.. I was in my bed. These human beings appeared and they were doing something in my lower body. Then they transformed into white beings and floated through the window... 2014, some Nordic beings took me from my bed and I went floating to the back door of my house. The door was open and they took me floating to the backyard. Suddenly I was within rectangular container in a thick liquid but I was able to breathe in the liquid. A Nordic woman came. She had a blue one-piece suit. She was checking the containers.. I was in my bed. These two beings (the Greys) were checking my breasts and my lower body. I asked them why they were doing this to us humans. They took me (I think in an astral form) to a big storehouse. There were military people, civilians and grays in the storehouse. The grays were wearing a blue one piece suit... Suddenly a woman appeared. She was wearing a long bright blue robe. She told me: you have to come with us. Suddenly I was face down in a table. Someone was introducing needles in the backs of my shoulders.... I was in bed. Felt the usual vibrations before the experience....I was taken to a craft. There were Nordics there and three humans. The ship had a huge window and I was looking at the stars. The Nordics were telepath's. .. I was in my bed, suddenly I was taken through a tunnel to a ship. They put something in my right eyes so I can see to the earth. I was looking at a very strange place with strange looking houses. Then they took me to a dome-shaped building. There were many kids in the building. There were humanlike beings taking care of the kids, but they were not humans. Their eyes and ears were different... They took me again and suddenly I was in a room like a laboratory. There were different beings there. White reptoid beings. They were working in a lab. I was lying on the table and they were doing something in my abdomen.... 2015, again needles in my head strong vibration in my head I saw a face above me, like a demonic face. He was talking in a strange language. He was sort of praying or chanting a mantra. I felt like my body was disintegrating. Suddenly I was in a military vehicle. I felt like I was drugged. I saw like a military base... They took me and suddenly I was again in a container. I felt as if my body was dissolving. They were injecting something in my left hip. Then needles in the back of my head again. Then I saw a very tall being, gelatinous. He took my head between his hands and brought his face close to mine. I felt as if his face was dissolving with mine... I was taken to a strange place, a cave. There was this being like a human but his color was strange.

### **Part III: Communications from NHIBs.**

#### **Emergent Themes:**

- A. How the Communication is Being Received?(36 respondents)**
- B. From Whom/Where is the Communication Coming? (6)**
- C. What Was Communicated (Content):**

Why are they visiting (16)  
Scientific/Technological Information (14)  
Religio-Spiritual (13)  
The Future and Concerns and Warnings about what lies ahead for us (13)  
Personal Counseling and Guidance (10)  
Military (1)

---

### **A. How the Communication is Being Received (36)**

*(Summary: As mentioned, the findings of this F.R.E.E Phase 3 qualitative research project adds further, confirmatory data to the overall nearly-75-year-accumulation of knowledge in the field of extraterrestrial, ufological, and otherworldly studies. For example, almost all (i.e., 34 of the 36) cases from the following subsection--"How communication is being received," is in part, or primarily, reported by the human experiencer to have been communicated to them in a telepathic manner. This finding agrees with the overwhelming number of reports received over the decades from contact experiencers, using survey, interview, anecdotal, and other research approaches and carried out by hundreds of different researchers, projects, and organizations. Throughout this widely varied and relatively uncoordinated research, it seems that close contact with NHIBs and their primary telepathic mode of communication automatically transfers to the human experiencers on contact the ability to immediately receive and comprehend such communication. This finding needs to be integrated with the many decades of virtually completely separate research done within the scientific discipline of parapsychology and psychical studies, particularly in the area of telepathy, to try and achieve a deeper understanding of the nature of telepathic information and cognitive sharing, not only between human and nonhuman beings, but also between human beings themselves, the latter having been the primary focus of parapsychology to date.]*

#### Edited down verbatim and paraphrased cases compromising this category:

- (JK-17) "Telepathy"
- (BD- 18) Telepathically
- (BD- 9) Safer to communicate in a projected astral state than in a physical one...
- (JK-13) "They are always in my head."
- (JK-1) Conscious channeling in English....telepathy, symbols... 'can write in the 'galactic language'.
- (JK- 14) "Grays are telepathic only, just thoughts dropped in my head The reps (reptoids) can speak...in a loud booming voice in English."
- (JK-15) "Through telepathy...have been shown their language, but prefer symbols explained in my language."
- (JK-21) Telepathic, in English with no accent.
- (JK-2) "I was in bed meditating before bedtime when the rings of light started again and the orb of light formed in my mind's eye...He [Tezjbar, his primary NHIB contact] told me telepathically, 'you are not ready' and the experience ended. Later during meditations he would speak to me... I would ask complex, involved questions and I would simply know the answer after I asked...[also experienced] full immersion regression, reliving the experience of a previous lifetime. The difference was I found myself in the body of another person reliving the experience. I saw, felt and understood everything that was happening"...[his communication was] telepathic. He read some, and images and hands-on learning. I was shown a scroll-type

document with lots of names and genealogies. Another time I saw mathematical things written all over glass walls."

- (JK-3) "Information was received simultaneously through telepathy; images, lights and audible speech that I did not understand... symbols that look like they are made of fire, but flashed by too fast to remember."
- (JK- 4) "Telepathically, through the eyes and also through the implant I had been given when I was a child... I attempted to draw their [uniform]insignia [*later published in "Flying Saucer Review"*].
- (JK-5) ["Audible speech in their language, which I have previously known and now remember....Information is given to those who are ready."
- (JK-17) "The communication from the orb was both global and personal."
- (JK- 6) "Many flash memories of my life before coming to earth. I incarnated from elsewhere... screen memories of my bedroom and of strange buildings made of normal material while others made of unknown metals... My knowledge given to me telepathically is that most are here to help with evolution."
- (JK-7) "Telepathic voice in English, no regional differences. They basically mimic and use my own voice."
- (JK-8) Was shown one elder ET leader writing on some kind of tablet in alien symbols similar to Chinese words. Each symbol represented the equivalent of many pages of human thought that could be conveyed in writing... "After a brief meditation, I experienced a kind of waking dream in which I was shown in my mind's eye images of aliens I dialogued with mentally. Unlike a dream that I frequently forget, these narratives were recalled in great detail. All mental interactions occurred in a kind of theater of the mind and had a dreamlike quality. Rare voice in the head, just my name being stated, kind of scary But the mental images told stories that included complex interactions with what appeared to be non-human beings, presumably ET's. These mental encounters lasted seconds, but when I wrote them down the narratives were many pages in length... in a weak dream kind of setting, the acquisition of a complete thought, a kind of knowingness... The emotional power of this consciously mediated communication was so great that it resonates in me to this day. The subject seems so important and the emotional tone of the experience felt so vital that I was compelled to speak to several channelers about what I believed was happening to me. They confirmed that they experienced channeling in ways very similar to mine. The message came in as a kind of matrix. Several complex ideas took shape in an outline form within less than a minute. The matrix is filled in by details provided by my own consciousness, receiving 'packets of information'. One might reasonably ask whether this 'objectively acquired material' is merely ego-based fantasy. I can state with certainty that in my case it is not fantasy. If it is, then these fantasies that I experienced in a highly anomalous and stereotypic fashion were unlike any fantasy or dream that I had before or since... I experienced the entire event as a rapid sequence of images and concepts that were transmitted as packets of information. The experience took probably no more than a few minutes, and flashed across my mind so quickly that it felt like one complex thought broken down into several bundles of images and ideas... I had inadvertently picked up his [i.e., his communicator's] fears and transformed them into my own. The entire exchange deemed inappropriate considering what I believe is the power relationship between contactees and what I perceived I assume are far more capable counterparts. My assessment is that the channeling process is a co-creation between human and nonhuman intelligence. This of course assumes that it is more than just ego-based fantasy... The reply I received from the 'Zen master' was truly amazing. It was an elaborate presentation consisting of a series of abstract concepts illustrated with visual imagery. The mental pictures that I experienced seemed far too subtle and precise to be merely ego-

based fantasy. The clear implication here is that the ET's were staging these events to express solidarity with our team by confirming their commitment and active physical participation in a collaborative project."

- (JK- 18)- 'Communication was through telepathy in English.'
- (JK-19) 'Communication was telepathic. It was like they were using my own voice, but I didn't say it. Their mouths didn't move, but you knew what they wanted to say.'
- (JK- 9) There have been many times telepathic contact occurs... I get the feeling they are saying hello or confirming my hearing them telepathically."
- (JK-11) "It seemed to be a mental download in the form of pictures in my head that sets me off in a direction of research into theories of the universe, zero point energy production, and engineering research into quantum fields. I understood linear space. Time is an overlying projection orthonormal state of consciousness and cosmos that is intertwined. Origination from the same source, a consciousness within a consciousness."
- (JK- 12) "Their communication with me primarily is via telepathy, seemingly to relay their thoughts in English with no discernible accent. They have also communicated with me first with what I would call intention/ideas without words."
- (JK- 20) "They were telepathic. It was basic English, with no discernible accent. We are dealing with human interpretations of aliens in this challenge. They live in telepathy every day. It rubs off in the weeks after the encounter. Highly psychic, I can now read minds with ease."..."I have seen symbols on walls... These creatures make a whispering sound when in a group, like whispering but much faster...a lot of information being transmitted at one time."
- 66(BD- 16) "The most strange aspect of the experience was the almost constant use of song lyrics to communicate, and their ability to do so rapidly, seamlessly and with little effort. It seemed to be their preferred mode of communication." On a couple of occasions, he received overwhelming telepathic communications and could hear a voice sounding somewhat tinny and communicating various things to him, such as what he was thinking, completely disconcerting and very uncomfortable.
- (BD- 14) She presents a problem and very soon gets a picture in her head and a word or phrase comes with the 'perfect solution'.
- (BD- 12) Communication with a tall male was telepathic. "I heard him talking in my head. Our conversation was pretty much around how much we missed each other. Had a definite personality, joking telepathically regarding the clothes he was wearing."
- (BD-11) Thought transferred to emotional feelings; telepathic with holographic images on occasion for stimulation.
- (BD- 9) Thought transference, images, and intuition.. Non-language, strobe pulses, hieroglyphics, all-size dynamic holographic and time graphs streaming the Altimarian StarCraft with trapezoidal wing dynamic bass relief hieroglyphics fluidly reshaping themselves into other sequences of letters. -Hyperspatial geometries and energetic physics for piloting through space-time; knowledge and intelligence greatly enhanced these lessons.
- (BD-6) They communicated mainly with telepathy and images, some more symbol type of writing in our own language.
- (BD- 18) The reptilian encounter as well as the most recent visit from the two hybrids was done like a Skype/virtual-reality/holographic/telepathic contact visit. The quantum window opened to show where he was going, so this required some doing to open these areas of dimension... The 'Negotiator' communicated with smoothness and into her eyes. The tall gold one spoke with kindness and it was from his frontal lobe to mine and easy to translate and hear and feel. One time an ET used actual speech, English language. He said it was to show respect

because she had shown respect to them... In one incident, she was taken and asked to sit down at a desk with paper and pencil and point out any symbols or math or physics seen before. All three of these were being run across a small screen, math/physics symbols. At the top of that screen was a symbol believed to coordinate the three together. When she could not ID fast enough for whatever 'the military man' wanted, he became exasperated and wanted her gone. The ET led her out to a room, which turned into a light beam, or 'light beam water ride', and she came home.

- (BD- 2) Just prior to a download, he feels mild electric shock all over his body but without pain and then gets very strong feeling of déjà vu.
- (BD- 5) Aware of telepathic communication since age of seven. To this day, if he has a question, he will submit it telepathically and receive responses accordingly.
- (BR- 16) Voice, telepathy, and channeling language was English and 'Estican' [*a Star Being race*]. Most of the messages have been in the form of video and images. Rarely was spoken language.
- (BM-1) "All communication has been telepathic and sound electromagnetic-like energy transmissions. Contact with these energies elicits an impression of thought or feeling to which I must then give meaning in my own words/language.... I felt as if this ability to pour myself back and forth between dimensions was natural and even ordinary."
- (BM- 10) telepathically... "They showed me symbols and I was surprised I could decipher them. They revealed the mountain range in California where they are located. They showed me symbols-- SISKIYOU-- and they told me they are there all the time. They say our government is there trying to find them, except they are in another dimension... I always communicated with them telepathically. The voice was clear, precise, and nothing else than what was intended. They communicated in English, very stern."
- (BM- 12) "Mind-to-mind contact."
- (BM- 2) "I have notebooks full of channeled material. Telepathic communication is quite common for me. Communication happens when I request it."

## **B. From whom/where is the communication coming**

*[Summary: It is interesting to note how few encounter cases, both from F.R.E.E.'s research and from other researchers, experiencers, and organizations includes information about the sources of such NHIB communication. It is as if the human experiencers are too caught up in the overwhelming and often life-changing impact of their ego-and-culture-alien experiences at the time to inquire, and the NHIBs seem to have their own reasons and agenda for only rarely volunteering their own identity or origins.]*

### Edited down verbatim and paraphrased cases comprising this category:

- (JK-14) "I think most of them are scientists... I think they are studying us for different reasons, different projects..."
- (BM-8) Has had telepathic communication from Arcturians, Alpha Centurions (dimensional beings), and 'Ashtar'.
- (BM-1) "I believe my contact experiences are with beings from nonphysical dimensions that may temporarily lower their vibrational frequencies to become visible in Earth's material dimension."
- (BM- 10) "It was communicated to me that these entities were from Sirius A in Orion's Belt."

- (BM- 12) They were mantis-like beings. And Nordics.
- (BM-4) "'Tharin', a human-looking NHIB, told me he was from Antares. They are visiting me and my family for genetic reasons. There is a sense of family with many of these ETs."

### **C. What is being communicated (Content):**

*(Summary: 6 content themes emerged (listed in descending order of frequency of occurrence: 1.) Why are they visiting; 2.) Scientific/Technological Information; 3.) Religio-Spiritual; 4.) The future and concerns about what lies ahead for each of us; 5. Personal Counseling and Guidance; 6.) Military)*

Edited-down verbatim and paraphrased cases comprising each communicated content area:

#### **1. Why they are visiting us (16)**

- (JK-1)...[The purpose of the contact] is "to begin our adventure of being closer to oneness of the grand picture of all life that we are all one in love and kindness. We are a step closer to that goal... [they are here] to help us into the next level of our evolution."
- (JK- 14) "We all signed up for this before we were born. I think they needed information about the human experience... I do believe we are in a sense NHIBs having a human experience... We communicate to them about fear, hate, love,, good and evil. I don't think they feel any of these emotions."
- (BR- 18) "They told me that they do abductions for energy."
- (BM- 11) They are contacting us in order to repopulate other planets and help make their genetic line stronger.
- (BM- 2) "I believe many of them are working cooperatively to help us advance, to assist us in discovering our best selves, that we are more than this mortal shell that inhabits this planet. (They visit to give us) Knowledge of the reality of higher consciousness and beings of light, knowledge of universal truth and divine energy, knowledge that we are capable of more than we know, knowledge that the stress and busy mindset of humanity is impeding our progress in many areas."
- (BM- 9) "The star beings said they were trying to help humanity so that we could reconnect. And that I would be able to record things better than other humans. I was asked at 10 years old if I wanted to be a record watcher."
- (BM-1) They are here to assist in taking evolutionary steps to avoid destruction of the planet and negative impacts of human behavior on the rest of the solar system and beyond. The basic plan for earth is for all human beings to remember and re-embody their own higher spiritual selves, and then manifest that into the physical dimension of earth. I believe I agreed to participate in these contacts. They help me stay focused on my journey and my purpose for reincarnating on earth at this time. I experienced no fear from this experience and felt it was under control of my own higher self.
- (BR- 10) "I was told and shown that reincarnation is real. These creatures have been around here for a long, long time. They know more about us than we do about ourselves."
- (BR- 16) "They are visiting me to wake me up and tell me their story. Also, they want others to wake up so eventually the NHIBs will present themselves to humans. They are preparing humans through us, Othe light workers, the abductees."

- (BD- 14) "The visits are for genetic material for breeding mixed children. They are changing humankind and it is unstoppable. It seems to be a joint effort with many races. There is a huge push for humans to develop psychically without need of language, to become more peaceful."
- (JK- 20) "We are being upgraded in a massive and important program with much energy and effort by several different races of the ETs."
- (JK- 10) "They are here to change what's coming and to awaken the sleeping to cause a vibrational shift in humanity."
- (JK- 9) They said (in a dream/meditation) 'you are us, we are you.' They are involved with 'recalibration of energy'."
- (JK-7) " Many reasons, one being simply to observe us. All intelligent life forms' evolution reaches a time where they make it or don't to the next step of evolution. Humans are at this tipping point and by observing us they are able to better understand themselves and their own past."
- (JK-19) "They have been monitoring us from the very beginning. They want us to do well. When they are finished with us we will be wiped out for them to start again if they want. To try and make us better in the first experiment."
- (JK-14) "They need information about the human experience... They are doing something to our DNA... I think our emotions and consciousness are of great interest to them."
- (JK- 8) "They are trying to expand their knowledge of us by taking selected individuals onboard their craft. Their behavior that humans find bewildering or outright frightening is perhaps excusable, or at least understandable, because it is part of a scientific research project... I was shown a kind of star map that traced the course of an extended migration into space. At this level of knowledge, I became aware of a massive exodus between star systems, one that lasted for a long time, generations, perhaps even centuries.. My ET mentor communicated without speaking. He explained that he had played a major role in developing the overall plan for contact between extraterrestrial and earth civilizations. This project spanned centuries and its successful completion would be the culmination of his life's work... He was afraid that he would die before successful completion of the mission... An ET female continued by explaining that they were here to assist our less advanced civilizations during a critical transition time in our development. Then her tone changed from stern to sardonic: 'You humans think you are so special, but you're not. We've been this way with others.' At the level of thought I became aware that this was the history of her people. They traveled through space, from one developing culture to another offering assistance. In no uncertain terms I was told that this was a religious duty that they willingly embrace no matter what the cost. Emotional power over communication increases. She was clearly expressing outrage, I understood it to be a most passionate form of love: 'So don't tell me this is an experiment! This is the history of my people! This is how we express solidarity and offer assistance to developing cultures of intelligent beings! And this is how we express our devotion to God!' ... They want to help us transition from a war-ravaged egotistical selfish society into a peaceful planet based on social justice and cooperation... I said something rather rude like, 'You are just part of my consciousness and I'm having an imaginary conversation with myself. Tell me something that I don't already know, something totally new so I can verify that you are not me '... The answer I received shook me to the core. The alleged ET communicated in a mocking tone: "If you believe in 'universal consciousness', as you claim you do, what difference does it make whether it is your consciousness or ours!"

## **2. Scientific/Technological Information (14)**



*(Summary: often reported beyond contactee's capacity to understand; received clairvoyantly, telepathically, or seen onboard craft in diagrams, formulas, explanations, nonlinear download information, content involving geometry and dimensionality, space-time, black holes and wormholes, "dimensional hopping," shape shifting" and size change.)*

Edited-down verbatim and paraphrased cases comprising this category:

- (JK-15) "Much communication on false education... I have problems with understanding references to recent mathematical formulas... They feel our sciences are false... They are working with me with schematics... I am working with explanations on teleportation methods in their sciences."
- (JK-7) "I was shown a part of a large craft where the earth was below us in space. What they use are single-occupancy egg-shaped crafts that once the occupant is inside, the outside of the main craft can take on much smaller sphere shape. It shrinks."
- (BM- 2) "I was told Tesla was right about energy and time travel. I know that free and limitless energy systems are available and they are being withheld from the public. I believe that electromagnetic energy is key to our development."  
(BM- 12) "I was told that this earth is being seeded with new life. They left the mantis insects here on this earth as a remembrance of them in their efforts in Earth's life-seeding project of which the mantis race beings are a part...I was told about the tetrahedral geometry of energy matrices fundamental to the structure of the physical universe. Time is an illusion of this dimension. In other dimensions, there is no space and there is no time. The mantis type being I encountered downloaded to me the history of earth as their species understood it. One of the Nordics asked me if I wanted to stay in the program. The man said I had agreed to be in the program since I was 12 years old."
- (BM- 10) "I was told by them that I was to transport chosen humans to another dimensional earth. Not only me, but thousands of others like me, and that I was programmed from birth to do this task and that I have absolutely no right to refuse. They told me that when this earthly shift to a higher vibrational plane of existence happens, there will be many people all over the world who will need to go along with the shift. This entity tells me telepathically that he will show me how to travel the vast distances by transversing the dimensions or in other words dimensional hopping. I can see in this approximately 20 feet diameter setting on a pedestal about 4 x 3' there is a beam of light coming out of the top of this disc that seems to go on forever. He tells me this device can enter into different dimensions he is going to allow me to experience. I will be able to control it by using my right foot. I will be able to transcend to the next dimension and when I want to come back out, I just bring it back. I tried it and I'm in the forest and our military personnel are everywhere. I'm told that when you see one of our crafts in the sky disappear, it's because it just ended into another dimension... They showed me how their ships are propelled in gravity and also out in the void of space. How to transverse the many dimensions, invisibly, but they won't let me remember it after they tell me. Most everything they tell me is in the form of a download, through eye contact, very close. I also had information given to me visually watching symbols on the screen [called 'school'] I always communicated with them telepathically in a voice that was clear, precise, and nothing else than what was intended."
- (BD- 5) Three different NHIBs educated him on subject matter never studied in school. Claims to have an elevated understanding of the technical investigative subjects beyond his formal education. Was shown other planets and life elsewhere. Was taken via an OBE and taught to fly

in lower gravity environments. Spoke of 'selection of those who could help humanity progress and better integrate with other NHIB species'... Made an agreement to understand and utilize propulsion systems, communicated content included quantum physics, space vehicle design, high-speed aircraft projects to improve the species to also survive elsewhere if that becomes necessary.

- (BD- 19) "I have been given knowledge of other planets, drawings of craft, and other beings. Have written work about vibration and how it affects the human body. They find our emotions hard to understand, especially fear. They would not have to paralyze us if they could somehow eliminate this emotion. Has received information 'too scientific for me'."
- (BD- 18) Sometimes they show her a grid pattern and talk about preserving the fabric of space, the importance of hovering above our nuclear sites; some are to prevent a particular accident, which they already have done.
- (BD- 8) Now understands how the craft he encountered works, how it is modeled after a vortex, and how it can lower its mass and travel between stars, how wormholes are open and how spin expands them for travel. He has an understanding of the geometry of the universe. He says he has been shown epics of humanity in fractured images and has been witness to 'the wax and waning of the human harvests'... The forces at work in the universe he has researched include plasma physics, electrogravitics, and anything else 'fringe science.' He feels his IQ has greatly increased overnight, and he can visualize much easier, much faster. "I feel a thirst for information I cannot quell"... They can travel in a relative time, meaning they can travel faster than the expansion of space/time by using pocket dimensions, wormholes to bridge distance/time between their star and the star they are moving toward. They keep telling him 'spin expands' and they say 'crossbreeding would improve galactic biodiversity and would help you adjust your genetics to a new planet'. He saw a star map that could be rotated, one with planets he felt a kinship with, and one showing the shape of the universe which is a twinned polar vortices with an expanding universe and its sister universe collapsing, a singularity at the center. The same forces that pull us away, pull them in.
- (BD- 9) Most confusing lessons occurred during trans-dimensional flight aboard portal ships that simultaneously exists in 3-D and [more] dimensions. Thinks that zero point energy is the likely power source but the amount of 'scalar dimensional energy' this advanced StarCraft exhibited is simply impossible to quantify.
- (BD- 2) He emailed well-known physicist Nassim Hamein his theory of how the Fibonacci sequence in Mandelbrot sets are generated . 'It seems, very simply put, Fibonacci sequence is a result of our universe being in a black hole and the mega magnetism of the spin causes this plus we are not just spinning around the inside of the black hole but moving at almost the speed of light through it and this causes the Mandelbrot set.. Was shown good and evil are at the same vibration at different points on the string [using a guitar string as a guide]; the higher beings can be in all of these vibrations and not be affected, so it doesn't worry them."
- (JK- 10) "I was shown the inside of the craft. A male human-looking ET with blonde hair showed me a giant crystal that powered the craft and was charged by the sun."
- (JK- 13) "Their ships are above my understanding. [They use] magnetic propulsion."
- (JK- 20) "Geometry. I'm not sure what they downloaded to me., it's something that I likely do not understand. Reincarnation is real and they showed me that these creatures have been around here for a long time."

### **3. Religio-Spiritual (13)**

*(Summary: Having mystical, transcendental-type experiences; feeling everything is part of one living, loving, caring universe. Many of the cases in this category are very similar to respondents' contributions to Part V.)*

### **Edited-down verbatim and paraphrased cases comprising this category**

- (BM- 7) "It was as though I touched the hand of God... No reason to fear death. Everything is energy, therefore everything is alive. Metaphysics.... Fiber optics blue. Everything is connected."
- (BD- 16) "There was also dialogue about who/what we are, as well as having 'many lives but one existence.'"
- (BM- 12) "They care about the physical containers that are our body, but really it's about the soul, love and oneness."
- (BM- 9) "I was shown that physical matter and the rules of physicality are just the condensed, slowed vibration of intense universal spirit/mind. We are all part of the same sentient loving universe. They conveyed to me that God is love, light unified mind, and that we are all parts of this God, that we can reincarnate at will, that things were first manifested out of curiosity to experience physicality. All other experiences with NHIBs confirm and expand my remembrance of the core experience of knowing. I believe I am in essence both human genetically related to Pleiadean NHIBs and the original light beings. We are non-duality beings experiencing in a dualistic reality."
- (BD- 4) Received telepathic messages of love, oneness, or unity in a flash.
- (BD-3) [She has learned from her contacts that humans are as much star stuff as extraterrestrials.] "We share a universal consciousness that simply branches into different methods of experience for the purpose of that experience. The spirit world is who we really are. The earthly life is merely a costume stage play (reincarnation and karma). Believes many of us have come full circle and now it is time to take this planet in a healthy new direction. Water seeks its own level, and those are the ones I have sought and who have sought me. We had to go through what we had to in history because it was part of the experience, the universal consciousness experiencing all possible aspects of human physical life. The grand plan is to recognize that each and every one of us is part of the whole, that when we are outside of this linear time/space we will see the bigger picture, look back at what our experiences are, with no judgment, only understanding and decide what we wish to experience next. The being that operates the universe wants to know more, so here we are." It took her many years to determine that we are them and they are us. "So why should I want to stop contact?" She agreed to be upgraded and downloaded in 2010... Says she has spent lifetimes learning how to be at one with all of life here and now; is working toward getting people to quit the fear and be one with all life everywhere. "We are at the 'Atlantis critical mass point'. We are a group of people focusing our attention, who consciously practice this and send a message to our coworker NHIBs that we are available and ready to assist when needed."
- (BD- 9) "We are all One in and from the One, just at different rates of development, understanding and time. Spiritual growth and outreach is what initiates contact."
- (JK- 4) "I asked the leader what was the true religion on earth. He seemed surprised that I asked him this. He replied that there is no true religion on earth. When I asked him for an explanation, he ended that question stating that he had probably said too much already."
- (JK-3) "The teacher's voice told me to pick a flower, then tear a leaf in half. Then they said to look at the veins in the leaf and the white stuff that came out was the plant's blood. Then they

told me that I was like the plant and the plant was like me; both alive and knowing they we're alive together. They told me to treat every creature like it was alive, like me. They wanted me to see the connection between all things and that we are all one."

- (JK-5) "It's all to do with the evolution of the soul. We all have our stuff to do to raise our consciousness. They [*the NHIBs*] are part of me and I am part of them."
- (JK 11) "I was surprised by the connection to Zen, Tao experience... Equanimity... It's a worldview, not religion or spirituality, the worldview organic mechanical... of a worldview underlying my every action as if it is a universal principle and it heightens spirituality and religion in understanding."
- (JK- 12) "The overwhelming message that I have gotten over the years was definitely that of love, oneness, and unity. I feel this message intuitively."

#### **4. The future and concerns about what lies ahead for us (13)**

*(Summary: Ecological and eschatological forebodings the ETs/NHIBs sense or know for certain about what is to come on earth, at least if we on earth do not change our ways)*

#### **Edited-down verbatim and paraphrased cases comprising this category:**

- (JK- 12) "I was shown downloads of destruction and death."
- (BD-6) Claims we are on a path to extinction and are causing genocide for species on our planet. They say they will not let our planet die.
- (BD- 9) Was shown that humankind is at a precipice due to poor choices and must change, especially embracing a deeper spirituality and respect for all life.
- (BD- 10) They say we need help. The good ones appear to demonstrate an urgent concern for earth and its inhabitants.
- (JK-20) They said that the human race on earth is overpopulated and that two-thirds of our population would be removed.
- (JK-17) "We are destroying our planet and each other with hatred and ignorance and disregard for the sanctity of life and spirit."
- (JK- 8) "The [*ET*] messages all were consistent with warnings about pollution, global warming, self-destruction, human wars, how humans treat each other, and other similar human behaviors."
- (JK-18)- "They took me to a room where the wall became translucent and I could see the earth...They want to learn about us for things they need from us... I also saw images of things dying, dry cracked ground, people who look sick and hungry. I saw a lot of dead things in pictures very fast, I also felt very sad ...I was made to see pictures very fast in my head of the earth and told they are concerned.. Sick and starving people. Wars and bombs. All kinds of sad and terrible things. I think it was to try to tell me: 'Stop. Why do you have to do all these horrible things to one another? And get rid of the nuclear bombs and power plants that are helping to kill this planet.' Either we (humans) start to work together now or it may already be too late. There is something wrong with the core of the planet. The electromagnetic field of the planet is collapsing. This is leading to all kinds of radiation from space which is heating up our planet and causing the core to destabilize. This is going to be deadly for life on earth. They have given me feelings of love and kindness, also images along with the feelings of sadness."
- (JK-1) [*There will be*]" full disclosure by seeing giant ships in the sky worldwide, a major event causing great fear, with the falling of fiery rocks but ending in a totally new earth with

two suns and oneness among all beings on this planet... A city coming down from the sky with golden sidewalks."

- (JK-21) "I was told it is important to have offspring and to continue my bloodline...ET contact is for us to breed out the wickedness....to begin our adventure of being closer to oneness of the grand picture of all life that we are all one in love and kindness."
- (JK-16) "I personally believe [*they are here*] to help us advance spiritually, though some people are using it for bad intent"
- (JK- 2) "I was contacted because I desired it, was ready and I gave permission for it "... He [*Tezjbar, his primary NHIB contact*] always gives me an assignment. For example, he told me to do research on the famous double slit experiment in quantum physics and later told me to wear an eye patch over my right eye to rest the left hemisphere of my brain and exercise the right hemisphere to bring the two hemispheres in balance if I'm to continue my spiritual development...He explained that they are here to help us get through a difficult period of our conscious evolution. We must navigate it together in order to save mankind and restore balance to the earth. It has to do with our spiritual development. Our technology has outpaced our spiritual evolution on our way to becoming multi-sense/dimensional beings... All sentient beings are cells of the same body. Some are toe cells on our way to one day becoming heart cells and later neurons. He explained that he was 'a member of the Godhead'. There is no fear, it is simply a lack of courage. There is no hate; it is a lack of love. We are learning how to develop courage and love and many other spiritual instincts from our physical experience. He explained that our behavior is unsustainable; that the future of mankind is at stake... We are at a crossroads and they are here to help...He explained how consciousness corresponds with the dimensions of reality. He encouraged me to educate myself on superstring theory and Freudian psychology. After doing so, he taught me how to evolve consciously via reincarnation; that this is how it works throughout the universe. He explained the 15 dimensions of consciousness we are evolving through (we are at the fifth dimension- 5 senses)... Most of the instruments that were used have now been changed to more of an energy use. Where an instrument is no longer needed, they simply use their intent and energy to do what is needed."
- (BD- 16) "They told me that there was going to be an impending disaster/conflict in are not as a call out my 2017, a sneak attack by foreign powers [*specifically Russia and China*] on the US and that would result in the catastrophe."

## 5. Personal Counseling and Guidance (10)

(*Summary: reports of being given personally relevant and useful information, with some philosophical and metaphysical aspects*)

Edited-down verbatim and paraphrased cases comprising this category:

- (BM- 7) They told her that she is being prepared for something in the future. "I just instantly knew." Has acquired much "learned knowledge" [*a mix of technological, metaphysical, and spiritual/religious*].
- (BM- 5) "I received messages about letting go of fear, feeling love, and accepting that our new life and expanded consciousness is something so amazing we have not yet got the words to describe it. I believe from my communication with the different beings that I am one of them and that I am here for a reason and made the decision to come this time."
- (BM- 3) "My [*NHIB-conveyed*] belief is that my family and I have a collective soul agreement which allows us to be contacted. They are using these contact experiences as a method of

drawing people to accept the idea that ETs do exist. I was told through channeling that they will never allow a nuclear bomb, will not allow our planet to destruct."

- (BD- 11) Got answers on personal subjects as well as scientific.
- (BD- 12) Communication mainly involved personally relevant information with some philosophical and metaphysical information. Rarely touched on scientific or global issues. "I have been shown a number of things but I am not at liberty to disclose them except to the person they pertain to."
- (BD- 14) It was shown to her that she had a child not on earth, a clone and that she would develop a psychic connection to animals.
- (JK-1) Has experienced only positive messages.
- (JK- 10) "They told me they would heal my sinus issues and they did. In meditation, I felt a presence around me and it showed my mind the brain on the turntable turning around slowly and the brain turned purple and it said 'activated'. I then felt a cold feeling in the back of my nose go way down my throat very cold, like menthol."
- (JK-17) "They also wanted me to get back to my writing and create a musical play that would convey to the public through music, dance, and song about the ETs and spirituality from other dimensions... to help people understand that they need to wake up and that music and dance can be easier medicine to swallow than the dogma and preaching and pointing out how wrong everyone here is... They are here to help us stay away from ourselves."
- (JK- 6) [*Has received information*] "Mostly in support of my mission, and spiritual awakening, metaphysical awareness, conscious expansion, personal growth.. Our counsel selected me to incarnate. They chose this family partly because the maternal DNA has been altered to ET essence. I believe it was because of my duties/personalities/rank that gave me this opportunity... They have taught me unconditional loving, examples of living life, spiritual concepts, tolerance, patience, and generally how to be a higher, more evolved being, my truth, and to not live in my ego... I have been asked to be part of giving one group a hybrid child... They explained to me that any language devalues the meaning of any thought, so telepathy is normally the best way to communicate. My star family has given me the ability to remember our language; we sometimes enjoy speaking so we do have a language... They have spoken with me since I was born practically how I am a part of them... They have explained how my soul is from them, not human. They always talk about unity, oneness, source energy, growth, evolution, gratitude and love. They do not believe in evil. They explained that negativity is just as necessary in our 3-D world in order to learn and grow. It is being Yin and Yang. You need both. They explained that humans have a choice of whether to awaken and evolve or not. There is no judgment. The saddest thing for all evolving beings is to witness the violence here. The planet is evolving regardless of how many humans wish to follow. She is waiting for as long as she can in the process of shifting so that as many humans as possible can go.... They have briefly told me that time is something earth people do not understand, that it does not really exist, that everything is actually happening at the same time."

## **6. Military (1)**

- (BD- 14) "Was shown a series of military operations, hangers and facilities spread across the United States, all of a secret nature and that one project knew nothing of the existence of another, but there was one Air Force officer who knew about the existence of them all."

## **Part IV: Relation Between NHIB Experiences and the Spirit World/Paranormal**

*(Summary: Encounter/contact experiences below are listed according to the emergent themes of kinds of spiritual/paranormal phenomena reported, including edited verbatim and paraphrased cases comprising each theme. The examples of the different kinds of paranormal experiences reported range across most of the major kinds of phenomena studied by the field of psychical studies for over 120 years and more recently by the recognized scientific discipline of parapsychology since the mid-20th century. "High strangeness" (theme 7, below) is a term that has been used to characterize particularly non-ordinary phenomena and experiences that include, especially, those that are UFO/ET-related. Themes 12, 13 and 15, below, relate most to experiences with the "spirit-world". Also see Part V, below, for additional examples of spiritual-type experience.)*

### Edited-down verbatim and paraphrased cases comprising these themes in Part IV

*(including the number of different participants' cases in parentheses that mention them)*

#### Emergent Themes:

1. Telepathy (36)
2. Misc. Psi/Paranormal experiences/abilities (18)
3. OBE/Astral travel (18)
4. Anomalous relocation, Poltergeist, PK, and materialization/dematerialization (14)
5. Past Lives/Reincarnation (6)
6. Precognition (6)
7. NDE-related (5)
8. "High Strangeness", higher-dimensionality/higher physics (5)
9. Healing and healing work (4)
10. Experiences with orbs (4)
11. Dream-like (3)
12. Spiritual Content (3)
13. Experiences with Spirit Guides (2)
14. Vision/memory of a learning experience (2)
15. Love-filled/mystical (1)

### **1. Telepathy (36)**

*(Summary: 34 of the 36 cases in prior Part III's "Communication from NHIBs" reported having received communication from NHIBs in a telepathic manner, and this usually includes the participants being able to communicate to, as well as receive information or cognition from, the NHIB(s) in a telepathic manner during the period of contact. Since this encounter-related telepathic experience is usually portrayed as "paranormal" or psychic in nature, it is being included here at the beginning of Part IV as being the most-often-reported kind of paranormal encounter experience reported in Phase 3 [see prior Part III, for the listing of the actual cases of reported telepathy and their details].)*

### **2. Misc. Psi/Paranormal Experiences/Abilities (18)**

*[Summary: Once more, the kinds of experiences included in this theme's more general category refer variously to most of the kinds of phenomena and processes long studied by psychical research and the discipline of parapsychology.]*

Edited-down verbatim and paraphrased cases comprising this category:

- (JK- 6) "I have had numerous telepathic events. I am clairvoyant and use this ability during Reiki."
- (BD- 16) "Was told many things (*by the NHIBs*) that I could not have otherwise known. For example, was told that the visitors were from 'the second planet of the second star of the second binary star pair of the star system Regulus.'" [*Says he did research on this and found that it is a binary star pair system, something he had no awareness of before.*]
- (BD- 8) Has experienced telepathy not related to contacts, "I even asked my partner how many times I pull things out of her head, and have known them without her telling me, or have sent ideas or feelings to her with my mind. I can do this with people I feel close to and at times cannot control it, leaving me overwhelmed in public places." He says he has also experienced clairvoyance, retrocognition, and OBE
- (BR- 13) Reports experiences with telepathy, clairvoyance, cognition, levitation, and OBE "countless times."
- (BR- 4) Feels she is channeling a being seen in her mind as part man and part lion, named "Nalesh" from Sirius. "I sense him on my right shoulder."
- (BR- 5) Reports having telepathic and pre-cognitive abilities, and a "miracle" that 'happened: an implant was removed as a result of her prayer.
- (BM-12) "I was always sensitive, from the time I was a small child. I have always been spiritually minded."
- (BM-7) Has experienced telepathy and precognition separate from other contact experiences.
- (BM-5)- Became clairaudience and an empath; has had clairvoyant and telepathic experiences.
- (BM-2) Considers herself "a deeply spiritual person" who is psychically gifted. "I have the abilities of what is commonly called a medium. Telepathy, clairvoyance, and precognition are quite common in my family and I have had these abilities my entire life."
- (JK- 4) "I have had experiences with Telepathy, Clairvoyance, Precognition and Astral Projection...In one of the hypnosis sessions, there was a time when I began to channel an entity that used my vocal cords to communicate with the hypnotist and answer some questions for the CUFON [*a long-standing UFO study organization*] investigators present during the session. In recent years, I have discovered that I have some psychic and mediumship abilities which may have some connection to the incidents."
- (BR-1) Had telepathic communication during a 1963 abduction.
- (JK-2) "I've personally experienced telepathy, precognition, and retrocognition."
- (JK- 3) [Has experienced] "Telepathy, clairvoyance, precognition, retrocognition, teleportation, materialization, dematerialization, levitation, astral projection, NDE, and OBEs."
- (JK- 5) Checked off that he has experienced Telepathy. Clairvoyance, Precognition, Retrocognition, Psychic surgery and Psychic healing ...[*regarding the NHIBs:*] "They've always been there to help me or others."
- (JK-17) "I have communicated with other people when I was channeling through a being named 'Manchu.' He was not an ET."



- (BR-2) Other paranormal phenomena reported to being experienced: "Electrical problems, noises in home, objects gone missing and then suddenly returned, doorbell ringing at night with no one there."
- (BD- 12) At first, thought she was seeing floaters [*in her eyes*], but then realized she was only seeing them on the floor of the kitchen: "They were tiny, silvery translucent stars about the size of a mini M&M and they were skittering around just above the floor." Subsequently saw some of them in the bathroom two nights later. They did not seem to be aware of her. They seem to be moving purposefully. They did not bump into each other, although they were moving quickly. They reminded her a bit of a school of fish.

### **3. OBE/Astral Travel (16)**

*(Summary: Includes reported experiences of seeming to transcend the nature and limits of one's normal physical body , anomalous traveling, being able to levitate, float, travel free of gravity, to look back or down on one's own physical body in an out-of-body [OBE] state. This is an important encounter-related kind of experience because it implies that otherworldly contact and interaction with NHIBs allows the human contactee to often at least temporarily escape or transcend the usual earthly constraints of mass and matter, space-time and normal "4-space" dimensionality [i.e., operating within only three dimensions of space and one of time]).*

*Edited-down verbatim and paraphrased cases comprising this category:*

- (JK- 6) "Most of my contact experiences are OBEs - Astral projection...In 2008, returning to my body that was asleep in bed, through a blueish-white beam of light. Looking above my head, saw a 'Gray' ET still holding my hand from her ship. She told me if I didn't wake up, she would show me the secrets of her ship. I woke up because my dogs were barking."
- (JK-2) Teleportation: is how I have traveled to the ships. I have done levitation, consciously. Astral-Projection I used to do every night for 25-30 years and when younger."
- (BD-17) Often have been up on a craft. Has been on Pleiadian, Sirian and Orion crafts as well.. Often lying on a healing bed and has own healing tank which goes where she goes; sometimes can be out-of-body, but *conscious of being up on the craft and also back on earth at the same time--* conscious of being in two places at once. "If they did something to my body on the craft, I also felt it in my body on earth. I am very awake during these experiences."
- (BD- 13) "A more recent OBE left marks that you can only see with black light." They were bright green, and on her nose it looked like some sort of line was put up her right nostril. Could see the fluorescence in my nostril. It was unpleasant. I got the feeling that they wanted me for something, but I had total freedom to do as I chose, which is different from my previous encounters." She felt she didn't ask enough questions as she had a tough time dealing with the darkness of the ship.
- (BD- ?) "Was swooped out of the bedroom, OBE-like, and found myself on a darkened ship, people that look like me came out to greet me. All communication was telepathic. They were able to control what I received and what I didn't. They all had uniforms on. I remember being somewhere in a room for a while on the table being examined, then was brought to a room that had some type of a bed that had half-around headboards and footboards, about 9 feet long. Others had people in them. There was a problem with the ship and they were working on it. He said, 'That will do for now'. Asked to see other room and was brought to the hall and others in the group were looking out at the stars. Was also taken to some sort of engine room. It was massive. It seems that all decisions were made by consensus. "I asked to leave because felt

intensely depressed from the darkness and told them I couldn't handle it. Remembers humans that were in illuminated chambers that had a clear top, tray like beds, footboards and headboards. We all had uniforms. They called her to wake her up saying she had photographed two of them. One is a reptilian, the other one was like those cloned and given to the government in Eisenhower's time. She woke up with burns on her arms the next morning.

- (BD- 12) An NHIB tried to pull him out of his body by his left wrist, but managed to fight it off.
- (BD- 7) Lying in bed, then looking down and seeing his cat at his feet and realizing he was having an OBE. "I went up through the roof and zoomed out into space and flew up alongside high buildings, went through the clouds and went to outer space. Saw a beautiful ship which is glowing and shining at the same time. A bright hole appeared and he went inside. A long hall and walls which glowed. Went to a room which had long table with 12 high-backed chairs. He saw humans milling and waiting for something. Had a strange feeling there was an NHIB nearby. Was suddenly sucked back into his body in bed. Said, 'I want to go back', and was suddenly back at the meeting. He believes his contact has to do with the spirit world because OBE's and NDE's and all the nonphysical experiences have to do with 'vibrations'. He said that "humans don't know much about these other levels of existence" and that "we are multidimensional beings and we just haven't fully realized that yet."
- (BD- 1) Recalled being taken to a very distant place far from the earth while out of body, where she was instructed about events that are going to happen by a group of loving, intelligent beings... Receives messages telepathically when she is not in the body on earth. She is a member of their group, which includes both human and nonhuman higher beings... Their messages are always loving, yet impersonal and without any judgment whatsoever... Was told love alone is real. Fear and darkness have no power except what we give it. 'We are immortal beings of light, created by love and destined to remember our true estate.'
- (BD- 2) Mostly angelic type guides. An hour of being out of body feels like three days in the astral realm. Understanding felt like it was universal. "I was in control of my mind and superconscious. The surrounding is generally felt more real than life itself. Many times had visions of the past and future while out of body. Went to a hospital for the recently deceased run by his past-life ET wife and her ET husband, tall whites and "they both love me very much. "... Has gone out of body a fair amount as a child. Learned to control it with help of Robert Monroe [author of *Journeys Out of the Body*]. Was taken by Armesiss [*his main NHIB contact*] to a prison planet. This was a place for the scum of the universe. It had two huge moons and the native life was nothing like he'd ever seen. He went to a metropolis where buildings were "so beautiful a normal person would think only the gods could have made them. The closest thing I can liken the material to is solid smoke."
- (BD-3) Had an OBE, was taken to the Pleiades to see her mother's and her home origin. The beings there were very human-looking, dressed in mostly white gowns or robes, walking barefoot through troughs of water (the water heals). Stations along the way with places one could sit in the water up to their knees to rest. It was a large atrium with two visible close suns. Jumped to another location and was given impression this would happen in the future. There were copper-colored-skin human-looking beings with indigo tinted black hair.
- (BD- 4) Remembers floating out of the ship, watching his neighborhood from way above. Beautiful morning at sunrise, watching his apartment building and then floating down to the roof and through the ceiling.
- (BR-1) NHIBs taught him how to fly OBE. "I first hovered then flew high above the ground."
- (BM-10) Went to bed and immediately became paralyzed, only able to move eyes. Then a "very bright amber flood light shining through my bedroom window. I felt myself get out of

bed and realized I was still in bed. I was standing in the center of myself on the bed watching myself in the bed. There were these small grays about 4 feet tall by my bed. I snapped real hard back into my body and as soon as I was back in my body, I fell out of bed on the floor screaming.. I have astrally projected too many times to mention."

- (BM-9) Had been consciously OBE-traveling a few times since age six. One time, "I became aware of a discorporate NHIB who felt like a caring telepathic human adult. She took me to places like the Guatemala earthquake to watch the people panic, and an Hawaiian eruption that engulfed a town. I read about both incidences in the paper days later. She showed me that I was connected to my body by a golden thread, and that OBE travel was relative to my intention and showed me how to fly superfast, then instantaneously, by forming a picture of where I wanted to go."
- (BM-3) "If astral projection is seeing my feet go through the wall while I'm still in my bed, then yes I've done that."
- (JK- 3) In the physical world, they use "boom tubes" to travel. "I never saw them use a ship, though one could have been nearby. In the non-physical world, they just take you, and you are in several places at once with them. They do all the traveling work, you just have to let them do it, and you're there."
- (JK- 14) "I have seen a smoky gray mist immediately following encounters. Each time I stare at it and in the back of my mind I wonder why I don't think the house is burning down and start running. It passes within a few seconds... I fell asleep in a recliner one night. I woke up in my daughter's house. As soon as I realized I was in my daughter's house, I began to feel myself dissolving. I was then back on my recliner. There was a gray smoky mist in front of me. It faded within about 5 seconds. It is always there long enough for me to get a good look at it."

#### **4. Anomalous Relocation, Poltergeists, PK, and Materialization/Dematerialization (14)**

*[Summary: The sub-themes included under this theme are interrelated in the sense that what they represent would violate most current scientific understanding regarding the nature and limits of mass, movement, space and time, and accepted notions of dimensionality.]*

Edited down verbatim and paraphrased cases comprising this category:

- (JK- 7) "I had a missing-time experience, where I was gone for a couple of hours, and woke up in the driver's seat of my car, which was 500 ft from the road I was standing on prior to seeing the UFO in the distant sky. I was signaling the UFO with a flashlight. My wife called my phone numerous time during my disappearance, and walked our property looking for me, she even looked inside the car I later woke up in."
- (JK- 6) "On many occasions I recall the NHIB being next to me and suddenly somewhere else, not sure if their physical body flew through 3D material or if they 'teleported'".
- (JK-2) "The 'Troll Scientist' was not friendly, but meant me no harm. It felt like he was annoyed that I saw him come through the doorway [*portal*] in the air."
- (JK-8).(Subject looked in vain for missing motel key card for two days. Experienced "sky quake" over the motel room. Experienced missing time (not for first time):"The missing key, the 'sky quake' and then the possibility of missing time, all alerted me that a 'High Strangeness' event might have just occurred. 'High Strangeness' refers to a variety of weird and inexplicable events that are associated with Close Encounters. Before turning off the light I checked the floor and bedside table for my missing room key. I knew of non-human intelligence's alleged ability to make things invisible so I ran my hand over the bedside table to make sure I felt no

card key there. Finally I said to myself, 'Well if I did have missing time and you (some kind of non-human intelligence) took the key, please return it tomorrow morning.' Still no key. The next morning I awoke half expecting to find the key on the bed table. It was no go however. I packed my bags, searched the room one more time making sure that all the counters were clean of my possessions. I must not have slept well the previous night. I was tired and I lay down for a few minutes before checking out of the motel. On getting up, there on my side table was the key! It was there on the surface that had been perfectly empty a few minutes before."

- (BD- 13) She and her husband heard many incredible bangs. The clocks either advance or fall behind in time. The furniture is moved, but not in my presence. Water has fallen from mid air in my home and is falling on my head."
- (JK- 11). "I once went to bed with a bible in my hand... praying not to be abducted, but I was anyway, then woke the next morning and threw out the bible. I was mad and thought I gave up on God. I threw it in my garbage, dragged it to the curb. The garbage truck picked it up and crushed all the garbage. I went back inside and upstairs, and in my room there it was sitting on my bed, all stained and beat up, but the pages were dry, and fanned out on top of the bed, book intact, but it looked like it had gone through the works."
- (BD- 11) Things would disappear and then come back. A cell phone over five years old with battery removed started ringing and lights came on it. Says he has "holographic photos."
- (BR-2) Driving with girlfriend near London when a "grapefruit-sized ball of light" appeared suspended in air between chest and car dashboard. "I stared at it transfixed. She seemed to ignore it." Then he rose up through the solid top of the car as though the car had no roof. He found he had no body, but was "immersed in loving comfortable warm white light." Found telepathic contact occurring and saw his whole life, like an NDE life review. Received "a lesson on spiritual arrogance and other awkward matters." Then he was back in the car still driving with girlfriend still talking.
- (BR-1) PK phenomena occurred at times when highly emotional, causing pictures to fly off the wall, glass to break with witnesses present. "I recently lost my high school graduation ring and couldn't find it. Days later, taking a shower, thought it strange if my ring suddenly might appear. That moment I heard a clink on the shower floor and looked down and there it was."
- (BM-5)- Objects disappearing and reappearing,
- (BM-3) "I lost stuff many times and have asked for it to be returned and this has been done. Suddenly it is on my table in front of my eyes where it was not there a few seconds before."
- (BM-7)- "I see white orbs energies in our home...Would get a strong telepathic feeling to look up and then would see structures that would move/interact with deliberate calculated intention, as well as simply materialize out of thin air as well as disappearing."
- (BM-7)- Described lots of sounds and visions in the house..."Everything in the house that is electrical/electronic starts flashing, crackling, buzzing and humming."
  - (JK- 14) "(1981) "My daughter was 3 months old. I put her to sleep in her crib. I awoke in morning to find her sleeping on top of the bureau in her room. Shortly after, I awoke one later morning to find her out of crib and sleeping behind a chair in the living room. She could not even crawl yet, never mind escape from her crib and climbing a bureau....(2012) "At my daughter's house, a coke bottle flew off top of fridge. Baby fell from high chair. His teenage sister and I witnessed this. I was practically touching the high chair, with my back to it, talking to my granddaughter. She says the baby did not fall from chair, but "launched" from it... "A knife belonging to my son-in-law jumped off high shelf and almost hit me, stuck in floor behind me. This knife was positioned on top shelf, behind a bunch of knick knacks. My grandmother witnessed knife flying off shelf. Wanted to call the priest."

- (JK- 16) Having a cardboard tube "fly across the room and miss my head but dent the wall. Having doors open or close. Lights turn off or on. And watching a key and the necklace my deceased husband gave me disappear right in front of me as I reached for them."

## **5. Past-Lives/Reincarnation (6)**

*[Summary: It seems that many of the extraterrestrials ("NHIBs") being reported by the Phase 3 research subjects have transcended, through their own experience and ability, the limits we current humans are constrained to with regard to living only one individual, lifetime bounded by a physical birth and death with nothing before or after it.)*

Edited-down verbatim and paraphrased cases comprising this theme:

- (JK- 11) "I remember past lives. Not one, but many."
- (BD- 16) He was also told that in his last life he was "John H. Thomas from the state of Washington" and had died in the Korean conflict. He searched for and found information on this individual, who died exactly 60 years before to the day he was told.
- (BM-12) Was told the world of the soul is the spirit world. There is no such thing as death, only temporary absence from a world and a succession of births to worlds from other worlds.
- (JK- 1) "I believe we are all aspects of source consciousness living individual lives and lifetimes in human bodies, and ET bodies."
- (JK- 4). "I have some pre-birth memories of being in a high place with an entity standing beside me looking out into space and seeing the earth hanging in space like a big beach ball. This being was telling me that I had to go down there and I didn't want to go. but he insisted that I had to go because it had been decreed by some higher up council of beings. I had some kind of a form, but it wasn't a physical body. He appeared to have the form of a grey. I asked him what would happen if I refused to go and he told me that there were a lot worse places than earth that they could send me to. I was upset and felt that this was a violation of my free will. I asked him if he would come and check on me every now and then to make sure that I was alright and he agreed to do that. Later on in my life on earth, I came to the conclusion that he was the being that I felt was the leader in most of my encounters with the grey beings."
- (JK-17) "Retrocognition: I have experienced past life memories."
- (JK- 17) "I am visited and have had a life-time connection to them because I am one of them. I have always known that I am a Hybrid. There has never been a question. I know that all my psychic, healing and ability to know things is from my past lives in other galaxies and planets as spiritual beings. It is very clear to me. In this life currently I am a devoted Tibetan Buddhist since 1972 and Hindu since 1990. I have also practiced the Sikh traditions for the last 30 years. My visions in my meditations are vivid...I have not been told I was chosen by NIHB's. This is my Karma and my reincarnation process. I don't particularly enjoy this 'human' form. I am more comfortable in the illuminated worlds. I have been recognized by my Buddhist Rinpoches as being a Bodhisattva. I am here to help people eliminate their suffering...I have always communicated through telepathy. Therefore, I hear the language in English. However, if I am in meditation or doing a Tibetan Puja, the words are awoken in my mind and I know all the Tibetan words, even though I do not speak Tibetan. I also completely remember all the empowerments and ritual Pujas that we do, even if I have never seen one before in this current life. It is as if my previous lives kick in and take over."... I was told by the ET I refer to as 'my father' that I am a hybrid. I have never questioned it. I know from my extensive studies in Buddhism and my meditations in this current life that I am not of this world. I have never felt

of this world. My mother may have birthed me but I told her at an early age I wanted to go home to my real parents. These are knowings deep in my soul. I have also had these confirmed in meditations: I have been a NHIB in the past. I have recollections of past lives in mortal form but most of my experiences seem to be ethereal, Illuminated."

## **6. Precognition (6)**

*[Summary: Precognition is the ability to experience or know the future and is another aspect of psi or the paranormal long-studied by psychical research and more-recent parapsychology. According to experiencer reports, ETs/NHIBs seem to be able to experientially transcend the limits of time as well as of space and our known laws of physics.]*

Edited-down verbatim and paraphrased cases comprising this theme:

- (JK-9) "As a teen, I dreamt three different times in a short period that there was a car rolling off a mountain. I did not make sense of it then. Weeks after, I was in a car that literally rolled off a mountain and I was the only person not hurt. It was an obvious warning."
- (JK- 18) When I was pregnant with my son there were complications. It was thought I might lose him. I dreamed about him standing in front of this big window. He looked to be 3 or 4 years old. When I awoke I knew everything would be fine. And it was. He was fine. Years later I took a picture of my son. I started crying. It was what I had seen in my dream years before....I do remember a train wreck that happened in Mobile, Alabama, I think it was in 1997 or 98. But three days before it happened I had a vivid dream of it. The metal screeching, the people screaming. I could even smell the smoke... When I was 6, three of them were in my bedroom. They had gone through the wall. When they took me, we went through the wall together and that is how they brought me back..
- (BR- 12) 1998, was visited by a being and told he would receive information about the future. Claims he has a letter from CNN's Connie Chung concerning the details he shared with her about the 9/11 tragedy.
- (BR- 4)0 2005, a loud voice kept screaming in her head for months each time before she crossed the street in car, 'you're going to be hit by a truck.' Then she was hit by a pickup truck crossing a street.
- (BM-2) As always had dreams and visions of past and future events
- (JK-17) "I have had dreams and seen things that were going to happen in the waking state as well. Precognition: I have been told about events that were going to happen. This ability started as a child. I was later studied at the American Society for Psychic Research by Karlis Osis many years ago and also at Maimonidies Hospital ESP lab."

## **7. NDE-Related (5)**

*[Summary: Also see earlier related Part II: "NDE-Related Encounter Experiences," As studied by psychical research and parapsychology, "near-death experiences" or NDEs seem to violate traditionally understood and lived limits of having only one life within which to exist. Also, see sub-theme 5, "Past Lives/Reincarnation," above.]*

Edited-down verbatim and paraphrased cases comprising this category:

- (BD- 13) Describes an NDE while having surgery and flew up to the upper-right corner of the room watching herself being worked on, flew on what looked like Star Trek with all the lights whizzing by, until she landed on her feet outside of a circular rock wall that was on the ground level. Flew down onto a narrow path. The entire area had barely enough light to see. "On either side of me were rocks and I looked at the horizon in front of me and saw a bright white wall of light. On the left side of the wall came a man who looked like Jesus in a white tunic. He didn't say anything and didn't move, he just stood there. Then, on the right side of the wall, came an identical figure. He didn't speak or move either. .She was confused and asked what to do and didn't hear anything, but the being on the wall of lights left went back over the ridge and the light faded. The one on the right looked fairly placid until it "tore after me with all it had. I lit out of there back into the operating room then face down into my body." The doctor visited afterward, and she asked if she had died. He said she did and she said 'how long I was dead.' "I told him everything that was said when I viewed it and what was happening. He told me I was 100% correct."
- (BD- 6) (*regarding five near-death experiences:*) 'they all made me come back , but the last one was my choice to come back. The other four always told me I had a purpose for being here, to set things in motion." Said she was not finished, much more to learn and to give.
- (BM-9) Had an NDE at 14, trapped underwater at a dam. "I watched matter turn into particles and then into light. I became/entered the light pure love all-knowing and all sentient. I became aware I was in a realm above the earth, like a bright white cloudy dimension and I could see/feel any other humanoid spirits by themselves or in groups; they were like ghosts but with clear identities. Communication was telepathic. They told/showed me how to look around at the earth below, and over to other inhabited planets. They were there to watch and help people on earth. They said I could visit earth and see through other beings' eyes, but I had to ask the spirits permission first. After that I had no fear of death and look forward to crossing over. Slammed back into my body. Tall slim fully-clothed white-haired young man pulled me out by my hair. Then noticed he was no longer there and could not have passed me."
- (JK- 3) . "I forgot to tell this in my NDE/OBE coma experience: When we were in the black place with no time, and they were telling me they wanted me to go back from my suicide, they said very clearly to me that, "You have broken your covenant. They were not angry, but they were insistent that I come back to Earth and my own time. They said if I didn't do it right away, I would have to 'Start all over again.' So I came back, and woke up in the ICU....When they showed me I was murdered many times, they were flipping through my lives very fast, like a deck of cards, and they only stopped on the ones where I was murdered, and they let me see the moments leading up to my murders, but not the murders themselves. They felt pity and sadness for me. But it was all very personal, no 'humanity' stuff." ...When I was in a coma, having the OBE/NDE, the human-looking man with the brown hair was very familiar to me. I had the sense that he and I had a long history, but that it was to remain hidden from me, or I would be upset. I was not permitted to remember how I knew him. He and the woman said they were "Masters"..*[of time travel]* "I saw them do it, and I went with them."
- (JK- 16) "After taking a medication for a supposed yeast infection, I became very ill and my heart stopped. I lost all my senses and then with very intense ringing and pressure I was dragged out of my body. I was taken up a ramp and eventually the beings stopped and spoke with me. During that time it seemed as if time was of the essence because one was holding a door open ahead of us and light was coming through it. A bit later I was placed back in my body and then removed again. When I was put back the second time it felt like I was sliding into icy cold water as I re entered my body. Then there was a jolt of energy and I began to slowly come back to awareness and regain my senses. This process took a couple of hours. My

roommate at the time was witness to this." ... "I think it is spiritual in some way, like god checking up on us or we are being monitored at a soul level. When I was there with them I had a body, it was just different. They were really trying to help me at the time. The most terrifying part is that none of my experience lines up biblically. When I tell people about what happened they become afraid or say I'm crazy. Doctors just say I had a severe reaction to the medication and quickly change the subject. I seem to make people uncomfortable when I talk about it." ... "Yes, it [*the relation of ET contact to the spirit world*] just makes sense that way. I see both as being the same, just different aspects of it."

## **8. "High Strangeness," Higher-Dimensionality/Higher Physics (5)**

*[Summary: "High strangeness" is a term often used to characterize reported UFO/ET experiences. It tends to refer to non-ordinary experiences and phenomena of an exceptionally unusual kind, often going beyond the kinds of experiences, phenomena, and processes studied by psychical research and parapsychology.]*

Edited-down verbatim and paraphrased cases comprising this category:

- (JK-8) (*During a field research expedition, the participant's companion experienced pain in the groin that endured. Later, an x-ray showed what appeared to be a small ceramic dense triangular implant. He complained about the pain to the distant ETs and they apologized and said they would remove it. The next x-ray showed no trace of it.*) "Based on channeled communications with non-human intelligence and the reports of those experiencing CE-3s and CE-4s, one is tempted to speculate along the following lines. The alleged ETs have repeatedly explained that our understanding of time and space is rather limited. They claim that they have access to and can manipulate higher dimensional systems beyond our three of space and one of time. If this is true, then a foreign body residing in a 4th spatial dimension could be inserted into Misha's body without going through the 3 dimensions in which he was wearing our field investigator's version of winter survival gear. This is a fantastic notion and yet it would not be the first one offered in an attempt to explain the 'high strangeness' that often accompanies close encounters. There has been much speculation that flying saucers may not have to travel across vast regions of space to get here. As modern physicists ponder the possible existence of a multiverse of parallel universes, we wonder about the possibility that the so-called aliens dwell mostly in a higher dimensional plane completely separate from our 3 D plane of existence. If that were the case then perhaps it would be child's play for them to insert an implant into Misha's leg without tearing his clothes or cutting through the skin."
- (JK- 18) "I remember when my children were little and they would be at school I would clean their rooms and sometime go back a short time later and their toys would be out again. They would all be at school and I was alone in the house. Sometimes I would be up late watching TV after everyone was asleep and I would hear the kitchen sink water turning off and on. Sometime this would go on for 5 or 10 minutes until I would get up and check it out. Sometimes I would see what I thought was one of my children moving around at night. But when I went to check they would all be sleeping..*[In another incident]*. I was sitting at my mom's kitchen table with her about a month ago. As we were talking, a picture flew off the wall onto the floor... I have had times where it's almost like I'm connected to the earth. I feel like sometimes when there is going to be a big earthquake I get really bad headaches and sometimes it feels like the earth tips."



- (JK-9) "My whole life as far as I can remember has been one where I felt protected, even when in situations that were risky. I literally survived events because a voice or feeling kept me from harm. Many examples to share some time... There have been two times they came in close, and many times since I can get a feeling to look up and then suddenly I see a flash in the sky or a star move /float and there is no explanation. That happens weekly. I can be 'thinking' of an animal and suddenly it appears. An owl or a hawk just shows up. Orbs too. I have on film where I saw a star move by a pasture, then could not see it with my eyes, but felt guided to take a picture, then noticed it's a huge colored orb on camera that was not visible to the naked eye."
- (JK- 11). "I believe there is an alternate reality, consciousness based, part of my conscious being... No agreement.... but I feel this is more extensive in life itself as a conscious entity, a part of a greater reality... If anything, my abductions were about shedding the ego... my mind is not my body.... it is hard and not unlike Zen training.... even the high strangeness.... is a type of cohan to meditate on."
- (BD- 13) "I took a photo of what looked like a big-foot-like creature coming out of the house and standing at the window where we heard the knock. You can see his face and a large curled hand that is a little fuzzy."

## **9. Healing and Energy Work (5)**

[Summary: See also Part II: Experiences involving medical/physical procedures.]

Edited-down verbatim and paraphrased cases comprising this category:

- (JK- 6) "I use Reiki healing energy on a daily basis, advised by my star-family to learn.
- (JK-9) "[the NHIBs] cured my sister's leukemia and she only had a 5% survival likelihood."
- (BM-5)- Has experienced psychic healing experiences.
- (BM-6)- "I have often seen orbs around people when doing energy work. I think it is a higher frequency. Maybe a light body?... I can often hear things. I am an empath. I've had clairvoyant and telepathic experiences. I have had psychic healing experiences."
- (BD- 16) The NHIBs also told him he had a severe health problem with his liver, and that it was related to ingestion of heavy metals, He went to a doctor and found that he had somehow ingested very high levels of copper. He was amazed. They further suggested that he take licorice to help him, but he had no knowledge of this. He learned that licorice was a liver-protective herb

## **10. Experiences with Orbs (4)**

[Summary: "Orbs" have been referred to and described in a growing number of cases comprising the paranormal/psychical/parapsychological literature. Such orbs are often depicted as having sentience and consciousness.]

Edited-down verbatim and paraphrased cases comprising this category:

- (BM-5)- Has seen orbs around people when doing energy work.
- (JK-9) "As it [an orb] floated toward me, I felt calm as if I recognized it (but how could I?). Then all sorts of weird things happened on the same day."

- (BD- 13) Experiences with orbs in the house, 16 inch white orb. An orange orb 15 inches wide.. Said something like 'Hi' and they flew backward around the shower curtain then went out of the room.
- (JK-10) "Mom, grandparents, auntie, me, my husband and son have all had paranormal experiences. They have plagued us our entire lives. It all seems to run in the family. Before I was born, when my mother was a child, her family was experiencing lots of strange things like balls of light at the end of the bed...I think my UFO-related contact experiences and the spirit world are the same thing... Yes I have seen lots of small orbs of light that have entered my body."

### **11. Spiritual Content (3)**

*[Summary: Also see sub-theme 14, below; and the majority of the responses in final Part V.]*

Edited-down verbatim and paraphrased cases in this category:

- (JK- 18) "I do believe there is a creator God, but I think over time they have changed us to where we are today. Why I don't know. Maybe trying to help us in some way or maybe just to suit their own needs. But I feel that they believe in some sort of afterlife. I don't know how or when but I do believe they communicated to me that they are not afraid to die. They believe in a life after death."
- (JK- 12) "Since having had these experiences, I feel more intuitive, in tune with the vibration of the universe, and much more spiritually mature and present."
- (JK 13) "It's not the same with them. It's real because there is nothing you can do about it. In death and near-death, you are with God. They are not God, but they taught us about our souls. They build worlds. They know God too. They asked me why I believed in God. I said because God allowed me to see you; so there's a God... I asked about God. What belief was right? All stories tell religions. It's all true. We haven't put it together yet. Our power is our soul. With it we can do anything.... And they die. Time isn't the same for them as for us...*[re: NDE:]* yes, it's different than out-of-body. Light. Warm and sweet. Feels good and you can see all past lives. Joyful... They want us to know our spirit world and its importance because we are all souls, we are all soul travelers... They say they are not Gods, but there is God. All comes from the soul. We never die. We just move on."

### **12. Dream-like (3)**

*[Summary: Although few of the cases reported in Phase 3 clearly fit this category, it is very clear that "altered states of consciousness" (altered away from normal waking self-aware consciousness) may be involved in some, even the majority, of reported UFO/ET and related "paranormal" experiences.]*

Edited-down verbatim and paraphrased cases comprising this category:

- (JK- 14) "I am on a ship, running for dear life with an old childhood best friend. We are running down a hall, trying to escape. We enter a room. There is a low mantel/table kind of thing in the room. It's the only thing in this room. As we run by this mantel/table, my friend stops. There is a black box on the table. It is about 5"x5", the size that a bracelet would come in from a jewelry store but deeper. My friend picks up this box, looks inside and becomes completely mesmerized by its contents. Meanwhile I am losing my mind, telling her we have to

run, we have to hurry. I remember saying to her 'You'll never get an opportunity to get away, we have to hurry'. She won't budge with this box. She holds it out towards me so I can look in it. There is a fetus in the box. It is tiny. It's such a dark blue that it is a shade away from black. It's shiny and looks wet. It is the most disgusting thing I have ever seen. I am repulsed by it and she appears to be in love with this thing. She seems to be in a weird trance, staring at it. I beg her to put it down and run. She says she is not leaving without it. I am horrified. I cannot figure out why she would want this thing. I know we won't get away with that box. I try to remain calm. I promise her we will come back for it, anything to get her moving again. As this is going on, it occurs to me that something (aside from the obvious) is not right. I realize that there is no way in hell that we have been gone for this long and nobody has come after us. It occurs to me that this is some kind of set up, like a mental experiment. That realization is the last thing I remember. I woke up the next morning."

- (JK- 15) "At Northeastern University, fell asleep and two men and a woman appeared and showed me how to leave my body. They took me for walks. Eventually different astral experiences would occur."... [*re her ET contact and NDEs:*] "Both have occurred with ET's. Some have occurred separately."... Memory of past lives and dying in them.
- (JK- 21) "I believe it [*her encounter experiences*] was a way to open my eyes to other realities."... Says she has experienced telepathy, precognition, levitation, and astral projection.

### **13. Vision/Memory of an Anomalous Learning Experience (2)**

- (JK- 7) "After a couple of days the memories came back to me about where I was, and mostly what happened. The ETs would not show me their faces/physical appearance, and explained they did not want to scare me like the time they revealed themselves in my orchard months prior. I asked why they wouldn't or couldn't just appear to me in a more visually appealing form. I was answered quickly that by doing that it would defeat the purpose-- I needed to overcome this fear on my own."
- (JK- 14) (1962/1963) -"I was definitely under 10 months old. I am in my crib. It's dark. There is a small night light in my room. My crib is next to the baseboard heater. It is always too warm. I am wearing 2-piece winter pajamas. I pull myself up in the crib, holding the bars to stand up. I see a scene on the wall. It takes up most of the wall. I somehow know what this is. It is an aerial view of a war. At that moment, I think to myself: 'I am just a baby, I shouldn't know anything'. That thought was fleeting and only lasted a milli-second. My complete attention is on the scene on the wall. I do not see anyone in the room with me but I know someone is there. They are standing very close. They don't speak, but they drop thoughts directly into my head. The thoughts at first seem so simple, like tiny seeds. As they get into my head, they seem to instantly blossom into much bigger and more involved ideas. It's as if one word equals a thousand words. So hard to explain. I stare at the scene on the wall. (There is no other option). It has my entire attention. I feel no emotion, no fear, no confusion. It doesn't even occur to me to cry or scream for my mother. I just stare at the scene, without any other thoughts. I am told telepathically, in a soothing way: 'Concentrate on the scene. Observe how you can affect the outcome'. I am told to observe and then to stare and concentrate. I am using some kind of energy from inside myself to move one army across the battlefield, then move the other army. Doing this takes no real effort except to concentrate. The battle lines move back and forth. I push one side, then the other... I absolutely remember thinking: 'I'm just a baby'. At the time, I remember feeling as though this experience had been pre-planned before my birth and I knew about it. It felt as if I was just dismayed that this would begin so soon - while I was 'just a baby'. This experience repeated often until I was around six years old.....Forty seven years later,

I would take a class given by Dr. Eric Pearl to become a Reconnective Healing Practitioner. At the time, I made no connection between the two events. Right away, strange things began to happen in that class. Pearl taught me the same exact thing I had learned as a baby - to manipulate energy. There are so many bizarre things surrounding that class, I would not know where to begin... [2013] I had just got into bed. I closed my eyes. Immediately, a vivid scene appeared. It felt like I was above it looking down. An aerial view. The scene was an army thing. There were soldiers, tents, tanks, army trucks, etc., but there was no fighting going on. It was like they were camped out there, ready for a battle. I keep my eyes closed. I think someone/something else is creating this scene. A thought/command was given in my head that said: 'Disperse the Battalion'. I directed full attention towards the scene and it dispersed. It actually faded into nothing. A thought was given that said, 'Good'. I asked in my mind, 'Can I do that again?' The thought sent back was simply 'No.'... The contact felt like a pop quiz in energy manipulation in a military situation."

#### 14. A Mystical-type Experience (1)

- (BM-8) In kitchen, "Became consciously aware of a large starship above me. They just felt familiar to me, like a long-lost beloved relative and I became overjoyed. My consciousness expanded and I felt at one with the cosmos and all that was. Filled with so much uncontrollable love and joy. Another time awoke one night with incredible feeling of love, opened my eyes slowly and saw a Star Visitor standing at the foot of my bed, dressed in a silver robe, but I could not see his face. Such an incredible feeling of love... I then suddenly heard a loud, male voice in my head that definitely was not even close to my own. I was given a very personal spiritual message."

### Part V: How the encounter experience has affected participants' lives

#### Emergent Themes:

*[Summary: Of the following seven emergent themes in Part V, listed here in descending order of occurrence, only the fifth reflects on the part of the experiencers any negative or traumatic interpretation of their encounter experiences. This is in dramatic contrast to the majority of experiencers comprising the contactee/experiencer literature who reported varying degrees of negative or traumatic qualities to their experience, especially when characterized as "being abducted". Looking across these Part V themes, one can see a preponderance of transcending, or self-transcending, very often life-changing experiences, or what Bucke in 1901 called "cosmic consciousness," or what Abraham Maslow more recently called "peak experiences."]*

- a. "My encounter experience has been positive" (26 cases)
- b. "My contact experience has left me more open-minded, with a more expanded
- c. worldview" (19)
- d. "My contact experience has left me no longer afraid of death" (17)
- e. "My contact experience has made me more spiritual" (12)
- f. "My contact experience had one or more negative qualities" (11)
- g. "My contact experience left me with a belief in the oneness of all things, feeling a
- h. connection to all" (8)

- i. "I felt love from the NHIBs" (3)

**a. My encounter experience has been positive (26)**

*[Summary: The Survey Monkey questions eliciting the responses in this section used the term "positive," hence the recurrence of the word's use in so many of these participants' open-ended responses. Also, the codes used elsewhere to identify the Survey Monkey participants (e.g., "JK-17") are not included in themes' cases to follow, but are included in the final subsection, "Excerpts from all selected Part 5 participant cases" from which the excerpts from the emergent themes are taken.]*

**Edited down verbatim and paraphrased cases comprising these themes**

- "My contact experience has been positive and non-intrusive."
- "Positive and mind bending..."
- "The 12 days together were the most incredible days of my life"
- "I consider myself blessed to have had the experience...Very positive... I am blessed (we all are) and marvel at the miracle of life."
- "Has had a highly positive effect. I have a purpose here."
- "All of my experiences with contacts have been positive."
- "A highly positive effect in changing my life."
- "Always positive, nothing negative ever in all my visits. Has had a highly positive effect in changing my life."
- Her contact experiences are always very positive and loving.
- "Would describe it as positive overall."
- Was a positive experience... An elated state.
- "1000% positive."
- "I think it made my life better."
- "There are so many more positive aspects of this contact that I really am not able to express it in words."
- "I feel like it has been a positive experience."
- "All positive."
- "They are always positive and I know I am a trusted worker for them."
- Had a highly positive effect in changing his life.
- "Positive always."
- "Had a highly positive effect."
- "Highly positive experiences related to my spiritual growth and evolution."
- "I would say the impact is positive."
- *[ experiences ]* "have been positive in every way."
- "Highly positive."
- "Experiences have definitely changed me forever in a highly positive way."
- "Positive."
- "Highly positive."
- *[Note: The second most prevalent theme to emerge, which is characterized as "Left me more open-minded, with a more-expanded worldview," occurred in 18 of the cases:]*

**b. Left me more open-minded, with a more expanded worldview (18)**

*[Summary: These otherworldly contact and encounter experiences, as studied across most research projects that have shared their results, not just from the research endeavors of F.R.E.E., have been reported by the experiencers themselves to have irrevocably changed the way they see the world and what they now consider to be real and possible. Their lives have been forever changed by their anomalous experience. It is almost as if such experiences were purposefully designed to shock such experiencers into being able to transcend their hitherto for normative world and worldview in order to move into a potentially more transcendental lived experience.]*

Edited down verbatim and paraphrased cases in this category:

- "All I was taught in my life became irrelevant. I was transformed. I was forced to grow and that has made me a better person, still not with all the answers, but inquisitive about the unknown."
- "Because of these experiences, I am a much more open-minded person. I have such a broader perspective on life."
- "Happier, more open-minded, a belief in the oneness of all things."
- "I think differently and view everything with a new perspective. My worldview changed everything, as if a veil was lifted in understanding the nature of everything as a whole."
- "They have taught me more than any schooling I have received on earth."
- *[Through the contact experience]* "I have had a lifetime of growth and awakening."
- "I don't take things as seriously as I used to. I understand that this is a game/experience and that this life is a drop in the bucket the lives we have also."
- "I was able to shed many fears and outdated beliefs as I began to emerge from my experiences" He changed dramatically "mainly in the way that I now you reality and now see a much bigger picture than that."
- More aware of his effect on the planet and aware of life outside of earth. Gained awareness of nonmaterial reality... Was given "the gift of a breakthrough from my own subconscious barriers that previously formed a trap and consciousness holding me to the material... Feels welcomed into the company of a multitude of NHIBs, human souls and divine and higher being of "stunning diversity".
- He says it is an unbelievable and powerful experience to be accelerated and evolved forward into what we will or should be, realizing our true potential. It is equally devastating to be returned to the course reality of average rates of human development.
- Very open-minded and very intrigued by science and the inner self.
- "My entire frame of mind has changed ever since this contact happened. I see things more clearly as far as philosophically and religiously. I am more aware of a greater power."
- "These experiences have helped me to expand my consciousness, to think more clearly about the world and about humans. To wake up to the different realities and dimensions."
- "I feel that the incidents caused me to view life in a different way."
- "I understand myself as having been indoctrinated into the mechanistic view of science that has dominated earth in the past few centuries. My contacts with NHIBs challenge this worldview and a been a large part of my evolution

toward more holistic models of science. I see this change is very positive. I take much comfort in knowing that the universe is much bigger than just one planet."

- "My NHIB experiences expanded my conception of reality, which I can sit in a positive change. My NDE...gave me a profound framework for understanding the universe."
- "Because of these experiences, I am aware that there is more to life and so I have questioned and searched for answers."
- "These experiences have definitely changed me forever in a highly positive way and on a deeper, more profound level."
- "My interactions and experiences with NHIBs has opened up my mind both spiritually and to the possibility of life out in the universe. It has made me very accepting of ET entities."

### **c. My encounter experience left me no longer afraid of death (17)**

*[Summary: Given that the reality associated with and experienced and reported by the NHIBs appears to extend beyond the space and time constraints we humans are relegated to experiencing in our very limited and mortal lives, it makes sense that so much of what characterizes contact and encounter experiences with NHIBs has a commonality with those who have reported a near-death experience (NDE). Both experiential domains [i.e., both ET/NHIB contact/encounter and NDE] seem to allow the individual to transcend what up until then was confined to an existence bounded entirely by a single physical birth, living one physical life defined by space and time, and then ending with the un-negotiable finality of physical death leading to personal nothingness. Both experiential domains provide the gift of a glimpse into a larger reality following which the experiencer is never the same again. In addition, the fear associated with ignorance and limitation tends to be lifted.]*

Edited down verbatim and paraphrased cases in this category:

- "No fear of death."
- "I now know that we never die; our bodies die but our consciousness (identity) lives on forever."
- "I don't fear death knowing other beings don't."
- "Not so afraid of death."
- Says she is no longer afraid of death and has been able to help others who are getting ready to transition.
- No longer afraid of death and sees a oneness in all things.
- "I no longer fear death as I know now that is just a continuation from this reality... This life is basically just a play on the stage."
- "My NDE removed any fear of death."
- Lost her fear of death. "I do not fear death for I know life continues."
- Now has no fear of death, has become very spiritual and has an ability to convey that spirituality to others.
- Has no fear of death.
- No longer afraid to die or afraid of illness.
- Not afraid of death. Faith expanded.
- Lost her fear of death and gained awareness of nonmaterial reality.

- She learned we have nothing to fear. We are immortal and ongoing, unbounded and unlimited, and "we are them and they are us."
- Much less fear of death.
- "I am less afraid of death."

**d. My experience made me more spiritual (12)**

*(Summary: "Spiritual" is a term associated with a transcendental experiential reality not confined to physicality, but transcends the physical, and which has as its essence the "inner" qualities of divinity, wisdom, compassion, and love.)*

Edited-down verbatim and paraphrased cases compromising this category:

- "Belief in spirituality, material wealth not important. Nature and all life is sacred."
- "I have become very spiritual and file new divine purpose in my life: to do my part in saving our species and our home world."
- "Says he is a cosmic spiritual being on a primitive developing planet [earth]. All life is sacred... Fully conscious in a spiritual state of nonlocal outreach filled with love and cosmic appreciation."
- "I now know who I truly am I am an eternal being of light having an amazing experience in a human skin suit and when the time comes I will shed this meat bag and go back home."
- "Very spiritual, but not religious at all. Believes in the creative God for all."
- "I have been on a spiritual path ever since the incidents."
- "The only thing that happened to me spiritually was that I gained a higher appreciation for a universal God. If anything my belief in a higher power was increased, not decreased"
- "I feel more spiritual. These experiences help me to expand my consciousness."
- "I have had a spiritual awakening from these experiences"
- "highly positive experiences relating to my spiritual growth and evolution, have contributed to acceptance of spiritual dimensions of life and the ongoing nature of consciousness beyond my current incarnation."
- "The contact reinforced my personal beliefs and higher spiritual matters reincarnation."
- "My interactions and experiences with NHIBs has opened up my mind both spiritually and to the possibility of life out in the universe."

**e. My encounter experience had one or more negative qualities. (10)**

*(Summary: Probably the most significant and surprising finding from this Phase 3 study is how very little negativity of any kind was reported by the experiencers, and this includes how very little that was dark, threatening, or frightening on the part of the NHIBs during the participants' contact or encounter experiences with them. This is in sharp contrast to how much of the ET/UFO-related experiences depicted across the many decades of the published literature have been dominated by reports of sensational abduction-type experiences that are described as insensitive, unwanted, manipulative, nightmarish, and terrifying.)*

Edited-down verbatim and paraphrased cases in this category:

- "I feel so alone after each encounter and no one wants to listen to me..I feel violated!"



- "At first I felt fear, then joy, confusion, anger.... Wondering why me?...I'm so lonely because nobody cares what's going on."
- "It was an extremely difficult experience that I went through, and I felt quite alone at many times... It was clear that the NHIBs viewed themselves as much more intelligent and capable than we are. They could easily make me look quite silly, and they did so often."
- "The grays for me are very bad/evil.... It was very negative in the beginning with the grays because I had to understand how evil works."
- "The relationship [*with the NIHBs*] is far from egalitarian."
- "Their methods suck."
- The negative encounters taught her to be more discerning.
- "It definitely changed me as a person. In some ways good, in other ways not so good."
- "I no longer trust our government...due to my discovery of the AI mind control program."
- "God was not there for me...All of life that I was taught became irrelevant."

**f. Left me with a belief in the oneness of all things; feeling a connection to all (8)**

*(Summary: this response has much in common with other reported experienced qualities of transcendence, positiveness, deep meaningfulness, openness, and a transcending of fear of death.)*

Edited-down verbatim and paraphrased cases in this category:

- "Within 12 hours of my communion experience, I learned that we are eternal spiritual beings living a physical life, and that we learn through the process of reincarnation until we graduate to the next stage of our conscious evolution ...I am blessed (as we all are) and marvel at the miracle of life and the universe."
- "Clearly, I am connected to something in the universe and protected here on earth." Her experience gave her "a deep profound connection."
- "I feel more connected with the universe and feel unconditional universal love."
- "It seems that every contact initiated leaves me more aware of an organic-type worldview... I feel the oneness and equanimity. Abruptly, my worldview changed everything as if a veil was lifted in understanding the nature of everything as a whole."
- "I now understand myself a part of universal consciousness that is linked not only to every being in the universe but also to the entire universe itself."
- Is more aware of his effect on the planet and aware of life outside of earth. No longer afraid of death and sees a oneness in all things.
- Now sees all life as sacred. "We are all one; the ego divides us."
- "I was learning that I had to unite with oneness and feel peace and that reaching peace (internally within myself) is the goal. Not to let fear take you out of peace."

**g. I felt love from the NHIBs (3)**

*(Summary: Although only three Part V cases clearly fit this category, a review across many of the other sections of these Phase 3 results could add many more examples where experiencers, according to their descriptions, felt love being extended to them by one or more of the NHIBs with whom they were in contact.)*

- "I love them and trust them to do no harm to any living thing... I only feel love and concern from them and I am never afraid, only awed."
- "I feel like I am loved."
- Was humbled by the love and respect they showed her.

### **Excerpts from all selected Part V participant cases** (not grouped by themes)

Edited-down verbatim and paraphrased cases comprising this category:

*(Summary: Although the excerpted essence of much of what follows has already been listed in the prior section, the full Survey Monkey identification and fuller wording of these Part V participant cases is included below to provide a more complete context of this important ideographic data.)*

- (JK- 14) "I am as curious about them as they are about me. These experiences have had a great impact on my life. (This is easy to say when you are not in the middle of a terrifying experience.)"
- (JK- 21) [was left with] "Love and compassion for all life... Love oneness and unity. An entity who is beyond reproach but is the balance of all life and things ( God?)...." No fear of death, belief in spirituality, material wealth not important. Nature and all life is sacred, happier, more open minded, a belief of oneness of all things."
- (JK- 16) "I've always said no [to wanting to have contact stop] before, but now yes I would..I'm beginning to see how negative an impact the encounters have had on my life. I feel so alone after each encounter and no one wants to listen to me. Even the people in my family who have had experiences tell me it's best to not talk about it, to just try and forget... I don't think I believe or trust them [*i.e., the NHIBs*] anymore. I feel violated!.. Any info I have shared with people, they seem to not care about what I say, so I stopped sharing the info."
- (JK- 2) "Positive and mind bending....The 12 days together were the most incredible days of my life. I consider myself blessed to have had the experience. I would like to have it again. Furthermore, I developed a deep relationship with 'Tezjbar' over those 12 days, and it continues to this day. He explained that he was my mentor and protector, and would be with me for the rest of my life... I have been an atheist my entire adult life. Within 24 hours of my communion experience, I learned that we are eternal spiritual beings living a physical life, and that we learn through the process of reincarnation (living many lifetimes) until we "graduate" to the next stage of our conscious evolution. I am now very spiritual and practice meditation daily..We made a 'covenant'" during our communion together. We committed ourselves to 'save the planet'... Very positive: I now know that we never die; our bodies die but our consciousness (identity) lives on forever. I have become very spiritual and feel a new divine purpose in my life: to do my part in saving our species and our home world. I have changed my eating habits (I no longer eat red meat) and am much more conscious of the consequences of my actions. I am blessed (as we all are) and marvel at the miracle of life and the universe."
- (JK- 3) "I love them and trust them to do no harm to any living thing. I feel loss and sadness because I haven't had any contact for years, and I miss them." It [life] seems to be a process that involves many understandings, or epiphanies over many years, or even lifetimes, of learning that nothing is separate, and everything we do effects something else, so tread lightly and with love... We are all One...During my NDE Coma I was crying because I wanted to die but they did assured me that I was loved, no matter what I chose to do. In all the conscious meetings I've

had with all NHIB's, I only feel love and concern from them, and I am never afraid, only awed."

- (JK- 4) "They were considerate of my feelings and emotions. My experiences were not exceptionally frightening. I know they have their own agenda, but I can only speculate whether it is good or bad... I have been on a spiritual path ever since the incidents. I feel that the incidents caused me to view life in a different way. I have an inner longing to go home, wherever that may be... I felt a very strong feeling of love coming from the leader-being when we were alone and he had just given me the mission...I felt like I have known them for a very long time, perhaps in other incarnations as well...I was told through the implant that they could see what I see and hear what I hear. I have always felt that my essence, or soul, was from somewhere else. I don't think they needed to tell me this.... It [*my encounter experience*] changed my whole view of life and made me a much more spiritual person."
- (JK- 5) "I understand that I've agreed to these contacts. it's part of my growth and theirs... Has had a highly positive effect...I have a purpose here."
- (JK- 17) "I have always, since a little child, been deeply caring for humans and all animals. I believe in the goodness that can be created in peoples' lives. I am very aware of the damage that comes when people hurt others and I am very diligent in stopping harm towards people and animals. I believe that all the earth and universe needs to be cared for. I have also learned that it is our MIND that is our worst enemy; our mind creates good and evil. The ET's and Buddhas have been my teachers for millennia and I know no other way of thinking. I am open-minded but have developed a very astute knowledge and ability to sense wrong, deceit, and bad things."
- (JK- 6) "They have taught me more than any schooling I have received on Earth."
- (JK-7) *Has had a "slightly positive effect in changing my life."*..*(Through the encounter experiences)* "I have had a lifetime of growth and awakening... that is a constant message in my life from them, that it is a Universal truth, when Starseeds die, they go back to their souls' group, where they came from- not Earth's heaven. They mostly talk about 'Source Energy' that exists within EVERY lifeform, without any talk of a 'Devil'. They stay out of Earth religion and instead focus on Source Energy- which is what all religions talk about anyway."
- (JK- 8) "I now understand myself to be part of universal consciousness that is linked not only to every being in the universe but also to the entire universe itself."
- (JK- 18) "I don't fear death, knowing other beings don't. I think my belief in God is a bit stronger. So I guess you could say I'm a bit more spiritual now. I have never been one who cared much about wealth or have expensive things. But I think I look at this world as more temporary now and that all of us are human and feel pretty much the same way. I feel more compelled to help others as much as I can and show kindness. As far as nature and the world goes, I'm sadder. I believe, overall, I'm more positive and open minded. I think it made my life better. I'm less stressed about the little things."
- (JK-19) "They have only given me respect; treated me well; have never hurt me in any way, shape, form, or fashion. They are not evil at all. They only want the best for me and care about my well being...Always positive, nothing negative ever in all my visits... Has had a highly positive effect in changing my life."
- (JK-9) "Clearly, I am connected to something in the universe and am protected here on earth, so, no, I wouldn't want it [*the contact*] to stop...If I don't know the reason [*for the contact*] now, perhaps later I will. I hope it all makes sense soon, though... [*Her personal spiritual transformation experience*] was a deep profound connection."
- (JK-10)- "All of my experiences with contact have been positive. These contacts have changed my life in a positive way. I feel more connected with the universe and feel an unconditional, universal love."

- (JK-11). "It seems that every contact I initiated leaves me more aware of an organic-type world view.... I feel the oneness of Equanimity, think differently, and view everything with a new perspective.. Abruptly; my worldview changed everything, as if a veil was lifted in understanding the nature of everything as a whole. I perceive religion differently *[now]* in my own faith and understanding."
- (JK- 12) "These experiences have been completely life-altering 100%. They have totally shaped who I am. I am certain that because of these experiences, I am a much more open-minded person. I have such a 'you want an old shirt broader perspective on reality'. A highly positive effect in changing my life."
- (JK 13) "At first felt fear, then joy, confusion, anger. First DNA exams, then just knowing there is more. Wondering why me? 'I'm so lonely because nobody cares what's going on.'"
- (JK- 20) "I stay out of the positive or negative arguments because the human consciousness has a lot to do with making that determination. If you don't experience this raw, I don't think you can say that they are here for us or are our spiritual guides. The people who have seen them raw should be talking about this because we saw the most and from a grounded place. They are not good or bad, they just are, and until we query and research them, we won't know what their true intentions are and whether we matter *[to them]* that much'... By missing the boat *[by not studying and understanding this phenomenon]* and the reality of all this, we as a species could be putting ourselves in great danger because we are for the most part unaware of another species that exists that can have one or more implications on our lives. on our entire species and its survival.... It blew my mind. All that I was taught in my life became irrelevant. I was transformed. It was different. It was dangerous and I would not want to go through it again. But I was forced to grow and that has made me a better person, still not with all the answers, but inquisitive about the unknown."
- (BD- 17) "I have more joy. I have more understanding, especially about the earth. I am happier. I am healthier. More positive....I feel like I am loved."
- (BD- 16) "it was an extremely difficult experience that I went through, and I felt quite alone at many times. It was unfathomable in many ways. However, I did gain knowledge and awareness that have been very helpful, and I was able to shed many fears and outdated beliefs as I began to emerge from my experiences." *[He changed dramatically]* Mainly in the way that I now view reality and see a much bigger picture than that *..[Positive, neutral, and negative experiences were divided roughly equally]*. It was clear that the NHIBs viewed themselves as much more intelligent and capable than we are. They could easily make me look quite silly, and they did so often. However, at my worst points, they would push me no further, and seemed to show some compassion."
- (BD- 15) 'I don't take things as seriously as I used to...I understand that this is a game/experience and that this life is a drop in the bucket to the lives that we have also, that those who hurt her and cause harm have an agreement to play that role in order to help her with the experience she is choosing to have. We need to remember that and not carry hate, anger, and resentment towards them....Her contact experiences are always very positive and loving.
- (BD- 14) It was extremely negative in the beginning and throughout the late 1980s until about 2013....Suffered from terrible insomnia all these years and anxiety over sleeping and developed a sleep disorder over it. Now, she likes them and is even grateful for the experiences. Not so afraid of death, extremely angry at our use of fossil fuels on the earth. We need a better cleaner energy. Also angry at the cutting of the forests of the world, especially the Amazon. Has more compassion for indigenous peoples of the world and less belief in anything seen on the news... Last contacts were very interesting, no fear in their presence, at all. They were mantis beings. Love being shown all the various projects humans had going on throughout the USA, which

she thinks is special information and marveled at their showing her American secrecy when she knew nothing about it.. "I feel trusted and a little privileged to have seen that. They [*her experiences*] are now all very positive."

- (BD- 13) . 'The Grays for me are very bad/evil. Sadly, I think I know what God is and I think the grays are associated with the right hand of God.'. It was very negative in the beginning with the Grays because I had to understand how evil works. Later, I met some more human ones and at least I was offered a choice. One did tell me when I arrived that I was on a spaceship. I genuinely felt he tried to reduce my anxiety and others came to greet me. I asked some questions not all of which were answered. It seemed that if they want to succeed, they can't let the cat out of the bag. The last contact I had was that of being in a more equal relationship with the more human types."
- (BD- 12) Since developing as a medium, she is no longer afraid of death and has been able to help others who are getting ready to transition... Does not consider herself a contactee. The relationship is far from egalitarian, but would describe it as positive overall .
- (BD- 11) Has no fear of death, has love and empathy for all living things, including a blade of grass. It was a positive experience. Was treated with respect and understanding. Never fearful. An elated state.
- (BD- 10) Most experiences were good. Not painless, but very positive. He learned from his experience to no longer be afraid to die or be afraid of illness. Much more humble, less materialistic, happier, "more accepting of myself and others. More tolerant, much more in touch with nature. There are so many more positive aspects of this contact that I really am not able to express it in words."
- (BD- 9) "1000% positive." Says he is a "cosmic spiritual being on a primitive, developing planet [*Earth*]. All life is Sacred. We are all ONE. The ego divides us. Fully conscious in a spiritual state of nonlocal outreach filled with love and cosmic appreciation for their Peace Corps mission on earth. Always elated and jubilant at the point of contact. Being within the field of Star visitor consciousness, you will be surrounded by highly advanced persons with superior intellect, spiritual/ego. This understanding with the highest technology. Tuning forks will begin to resonate at higher, more advanced rates. A higher vibrating fork resonates [*entrains*] a lower vibrating fork accordingly. It is an unbelievable and powerful experience to be accelerated and evolved forward into what we will or should be, realizing our true potential. It is equally devastating to be returned to the course reality of average rates of human development."
- (BD- 8) Now more aware of his effect on the planet and aware of life outside of earth. No longer afraid of death and sees a oneness of all things.
- (BD-?) Lives a very humble life with few material possessions. "I take better care of my relationships, my relationship with the earth. I am more open-minded, and feel like it has been a positive experience, and since no UFO ever fired their phasers at me, I would say peaceful."
- (BD-6) He looked at it as a chance to confirm belief in other intelligent beings. "It's a small price to pay for the knowledge, and what might be best for our species. Their methods suck, though."
- (BD- 18) Not afraid of death. Faith expanded. More involved with care of others, community and fundraising for the poor. Teaching. All positive. The negative encounters taught her to be more discerning and to use observational skills along with telepathy.
- (BD- 19) They are always positive and I know I am a trusted worker for them.
- (BD-1) since childhood, she has been counseled and guided said her ego was reformatted, and lost her fear of death and gained awareness of nonmaterial reality. She became dedicated to

spirituality and consciousness. Felt she was given 'the gift of a breakthrough from my own subconscious barriers that previously formed a trap and consciousness holding me to the material.' Feels welcomed into the company of a multitude of NHIBs, human souls and divine and higher being of 'stunning diversity', and was humbled by the love and respect they showed her.

- (BD- 2) was treated with respect and understanding. Highly positive effect in changing his life. 'I now know who I truly am. I am an eternal being of light having an amazing experience in a human skin suit and when the time comes I will shed this meat bag and go back home.'
- (BD-3) she learned we have nothing to fear. We are immortal and ongoing, unbound and unlimited, and we are them and they are us. Positive always. They are here in a conscious extension to her physical now awareness to make sure that the length of time she invested in the survey goes smoothly and is worth it.
- (BD- 4) I much less fear of death. Very spiritual, but not religious at all. Fights for human rights and causes. Loves nature, animals. Very open-minded and very intrigued by science and the inner self. Believes in the creative God for switches and all.
- (BD- 5) highly positive, led to awareness, knowledge, consciousness, disclosure, life fulfilling. Always a learning, educational experience gaining knowledge into the future.
- (BR-17) 'my entire frame of mind has changed ever since this contact happened. I see things more clearly as far as philosophically and religiously. I am more aware of a greater power, and I found myself being separated from others as far as socially. I don't think anyone would understand what I've experienced unless they've been through it themselves.'.. I've gotten used to losing time (usually 30 minutes to two hours) at times when I lived alone.'... Most interested in the missing time experience. 'What happened? What happens when you lose time? Where do you go? How does this happen? Is it some sort of time travel? The only thing that happened to me spiritually was that I gained a higher appreciation for a universal God. If anything, my belief in a higher power was increased, not decreased. I am less afraid of death, I feel more comfortable being alone versus socializing. I see more detail in nature. It definitely changed me as a person. In some ways is good, in other ways not so good.'
- (BR- 18) 'I feel more spiritual. These experiences have helped me to expand my consciousness, to think more clearly about the world and about humans. To wake up to the different realities and dimensions'
- (BR- 15) 'I no longer trust our government, military, law enforcement, justice system, food and drug management and possibly the survey due to my discovery of the AI (artificial intelligence) mind control program.'
- (BR- 4) 'I have had a spiritual awakening from these experiences.'
- (BR- 6) 'I was learning that I had to unite with oneness and feel peace and that reaching peace (internally within oneself) is the goal and not to let fear take you out peace'
- (BR- 7) after several experiences with gray beings, 'began to channel an entity that used my vocal cords to communicate, and also being communicated with telepathically through their eyes, 'I have been on a spiritual path ever since the incidents. I feel that the incidents caused me to view life in a different way.'
- (BR 10) 'it blew my mind. God was not there for me, so religion in general became irrelevant. All of life that I was taught became irrelevant. I was forced to grow and that has made me a better person.'
- (BM-1) highly positive experiences related to my spiritual growth and evolution, have contributed to acceptance of spiritual dimensions of life and the ongoing nature of consciousness beyond my current incarnation. I understand myself as having been indoctrinated

into the mechanistic view of science that has dominated earth in the past few centuries. My contacts with NHIBs challenge this worldview and have been a large part of my evolution toward more holistic models of science. I see this change as very positive. I take much comfort in knowing that the universe is much bigger than just one planet, and that there are NHIBs that are growing and evolving in their own way just as I am in mine.

- (BM-10) highly positive effect. I no longer fear death as I know now that it's just a continuation from this reality. Money and wealth aren't important to me anymore, as this life is basically just a play on a stage.
- (BM-9) 'My NHIB experiences expanded my conceptions of reality which I consider a positive change. My NDE removed any fear of death and gave me a profound framework for understanding the universe.'
- (BM-2)' I would say the impact is positive because I am more comfortable with myself and I see the potential for good in society... The contact reinforced my personal beliefs and higher spiritual matters in reincarnation. I do not fear death for I know life continues.'
- (BM-3) her experiences 'have been positive in every way'.
- (BM-5)-highly positive. these contacts and visits have helped to shape who I am as a person... Because of these experiences I am aware that there is more to life and so I have questioned and searched for answers.
- (BM-7)- "experiences have definitely changed me forever in a highly positive way and on a deeper, more profound level, understanding more about myself and life than I otherwise would've known..
- (BM-11)-' highly positive effect in changing my life'
- (BM-6)- positive. Now has no fear of death, has become very spiritual and have an ability to convey that spirituality to others I enjoy being alone. I like myself... I think a lot of this has come from my contact/sighting experiences.
- (BM-4) 'highly positive. My interactions and experiences with NHIBs has opened up my mind both spiritually and to the possibility of life out in the universe. It has made me very accepting of ET entities, and unafraid of their varying appearances... I am now more sensitive to others' emotions.

## 6. FINAL DISCUSSION

### *Introduction:*

The chief feature of the results of this Phase 3 research report is that it includes a large amount of the original Survey Monkey data originally submitted online by the approximately 10% of the 1000 participants chosen by the four Phase 3 research subcommittee members to represent a sampling of the most detailed, interesting, and promising sets of responses that had been submitted. The two reasons for including more of such original data in the study's published results than is normally included in other qualitative-type studies' results were that:

1.) The choice was made to share and draw attention to what is the strongest contribution that can be made by such ideographically oriented qualitative research, which is that it emphasizes, and allows the reader greatest access to, the much more detailed, "thick-description" nature and specificity of the data it is based upon than can be made by the other major research approach, the *nomothetic*, which is a quantitative rather than a qualitative enterprise, using experiments, correlations, and testing, and that seeks laws and generalizations that apply to all of the subjects being studied. Because the goal is to use only such commonly held generalizations, the strength of the quantitative-type study is based on a relatively large number of subjects, while the strength of the contrasting qualitative, ideographic-type study is to have usually much fewer subjects, but where the unique, personalized characteristics of the individual subjects, situations, or experiences are what is being studied and in more depth.

2.) The focus of this Phase 3 qualitative study has been the self-reported first-person open-ended descriptions of those who have claimed to have had personal encounters with extraterrestrial (ET/NHIB) beings and with the exceptional and paranormal experiences often related to them. If there is one domain today that especially calls for new as well as renewed careful and comprehensive research regarding its *objective* nature, as well as its *experienced* nature, it is the highly contentious realm of purported otherworldly and extraterrestrial beings and their relationship to us and our local world. So, in order to shed as much light as possible on this subject, the decision was made in this study to keep returning, over and over, to the original database of the research participants' responses in order to amass a growing body of commonalities, recurrent patterns, and themes that inductively emerge from their myriad first-person origins so that we can attempt to answer the core questions:

*a. Just what is it that so many of these participants say they are actually experiencing? What is it? What is it that it is made out of?*

*b. And how convincing and real does it seem to be, based upon all of these amassed descriptions?*

This returns us to the two principles mentioned in this report's introduction that were used by the British philosopher Stace in 1960: his "argument for unanimity" and his "argument from analogy" that he said must lie at the heart of any attempt to make a case for the objective reality of basically subjective phenomena, such as the mystic experience, for Stace, and UFO/Extraterrestrial encounter experiences and related paranormal phenomena, for us with regard to this report.

### *Organization of this Final Discussion*



This Phase 3 research report and its results was organized into the five parts used in originally presenting the Survey Monkey questions to the online research participants. The five parts of this report, and the online questions used to solicit responses for each of them, are, in order:

- Part I: Sightings (*of "UAPs" or anomalous, seemingly otherworldly, craft*)
- Part II: Personal encounter experiences with nonhuman intelligent beings (NHIBs)
- Part III: Communications Received from NHIBs
- Part IV: Relation between NHIB and Spirit World/Paranormal experiences
- Part V: How the encounter experience has affected the participants' lives

At the beginning of this report, the online qualitative survey questions that were used for each part are listed (p. 15), followed by the sets of themes that inductively emerged from conducting qualitative data analysis of each of the parts (p. 17). Each part includes a listing of its emergent themes in descending order of occurrence and a brief summary (or selected notes) about the results for each of them. This is followed by extensive excerpts from the participant cases that populated each part's theme.

### ***Regarding this study's original Limitations and Delimitations***

It is suggested, here at the end of having gone through this Phase 3 research report and its results, that the reader briefly reviews this study's "*Limitations and Delimitations*" section originally presented in the Introduction (p. 12). This is often asked of the reader in published research articles and dissertations, sometimes in the Methods chapter and/or at the end under its Discussion chapter. This is done so that the reader is able to take into consideration what the researcher went on record as admitting the limitations of the study were. Recall that the *Limitations* of a study are those things in its methodological design that are unavoidable limits to what can be known from, or said about, the findings that can be made from the study, including those findings that cannot really be strongly asserted due to that study's own self-admitted limitations.

Similarly, the reader at this point in this report and its results needs to equally take into consideration any *Delimitations* in the study. And recall that delimitations are those limits not just admitted to by the researcher with regard to the methodological design of his or her study, but are admitted as a being *purposefully* made part of the research design by the researcher and did not have to be included in that way to limit what could be learned from the findings of that study. Thus it is fair, even necessary, to remind the reader to review both the limitations and delimitations of this Phase 3 qualitative research study, listed in the report's Introduction, in order to best evaluate what can be learned from it in spite of and in light of its acknowledged limitations.

### ***Regarding the Relation of the Spiritual to the Extraterrestrial Encounter Experience***

What can be said about the domain of the transcendental, religio-spiritual, and mystic as related to the extraterrestrial/otherworldly encounters and related paranormal phenomena and events reported by the Phase 3 research participants?

In 1901, Canadian psychiatrist Richard Maurice Bucke introduced the term "cosmic consciousness," defining it as a higher form of consciousness than that possessed by ordinary man.... This consciousness shows the cosmos to consist not of dead matter governed by unconscious, rigid and unthinking law; it shows it on the contrary as entirely spiritual and entirely alive; it shows that death is an absurdity, that everyone and everything has eternal life: it shows that the universe is God and that God is the universe, and that no evil ever has or ever will enter into it.

(R.M. Bucke, *Cosmic Consciousness: A Study in the Evolution of the Human Mind*, E.P. Dutton, New York, 1901)

It would appear that individuals who report experiencing kinds of extraterrestrial and otherworldly encounters with nonhuman intelligent beings (NHIBs) have in the process undergone some kind of unavoidable destabilizing consciousness-altering or consciousness-raising event that leaves them thereafter changed. Due to the exceptionally anomalous nature of what they experienced, they seem to have been irrevocably moved beyond their earlier normative baseline state of consciousness that, conjoined with so many millions of similar others, co-constituting our consensus reality of what is understood as objectively real and shared as such. We find them experientially transformed into entering what Bucke called "a higher form of consciousness than that possessed by ordinary man," which he called cosmic *consciousness*.

This is appropriate since the encounter experience and related excursions into a more inclusive paranormal or spiritual lived-experience seems to usher the experiencer into what has often been referred to as the larger reality of a *cosmic neighborhood* that includes but far transcends our own local physically based earthly neighborhood and our human existence within it. It could be argued that our fellow human beings who have in this Phase 3 report borne witness to their anomalous interactions with extraterrestrial nonhuman intelligent beings have been offered what UFO/ET researcher John Mack calls, in his final book, *a Passport to the Cosmos*.

### ***Discussion Regarding the Relation of the ET/NHIB Experiential Domain to the Exceptional Experience/Paranormal Domain***

Looking back on this Phase 3 qualitative report and its findings, some questions can be asked with regard to some of the patterns that emerged from the research participants' experiences:

***1. What does telepathy as the apparent dominant, near universal, mode of communication reported by experiencers in their interaction with NHIBs have to say about the nature of a larger reality that seems to include both earthly human and hypothesized nonhuman extraterrestrial beings?***

As different species of sentient beings evolve in what may be a vast *multi-verse*, their species-specific development gradually moves beyond a solely physical basis and orientation and into an ever-more post-materialistic science and mode of knowing where the *mental* domain replaces or gains increasing dominance over the older *physical* domain. We seem to be finding evidence of this perhaps universal evolutionary pattern in the way virtually all reported extraterrestrial encounters involve nonhuman intelligent beings (NHIBs) who are able to know, communicate, and have their being in a more inclusive mental environment as well as in a physical and even a *trans-physical* one. The fact that we physically embodied humans appear to be able to co-dwell and communicate within such a mental environment along with these reported NHIBs when in proximity to or under the influence of them may point to some kind of information-mediating fields of force that clearly transcend our current

earthly scientific understanding. Our discipline of parapsychology has continued the older field of study of psychical research and has as one of its three spheres of activity the investigation of what is usually called *extrasensory perception*, or non-ordinary modes of information processing, which includes the study of telepathy. It is hoped that the more than 100 years of psychical and parapsychological research can be brought to bear on the more recent developing literature with regard to human experiences with reported nonhuman intelligent beings who seem to have mastered the practice of telepathy, including telepathy of an *interspecies* kind.

**2. *What does the reported prominence of violations of participants' experience of normal perception and the known and accepted laws of physics, space and time have to say about the nature of a purported larger reality that seems to include both earthly human and hypothesized nonhuman extraterrestrial beings?***

Suffice it to say for now that it will take many years of research, and personal experience, to investigate what is being referred to in this report as *a larger reality*, a reality larger than our local current reality dominated by its materialist worldview and science. Over and over throughout the reported experiences of our Phase 3 research participants, the at least temporarily expanded phenomenological framework of their experiences points to an increasing understanding of what may lie behind Shakespeare's reference, that "there are more things in heaven and earth, Horatio, than are dreamt in your philosophy." Our philosophy and understanding of what is real and possible for us here on earth looks like it is going to have to be rethought, reworked, and expanded as we are gradually forced as a species to accommodate the increasing reports and experiences (*including eventually our own*) taken from a larger reality, a cosmic neighborhood, co-inhabited by nonhuman intelligent beings as well as by us humans here on earth at this time.

**3. *What does the near-ubiquitous presence of seeming altered states of consciousness ("ASCs") on the part of those reporting their NHIB encounters and related paranormal and spiritual experiences have to say about the nature of a hypothesized larger reality that includes both earthly human and otherworldly nonhuman beings?***

Over time I think we are going to be able to, and are going to *need* to, draw from psychologist Charles Tart's concept of "State-specific" information processing and what he calls "state-specific science" in order to much better understand how an individual's state of consciousness can move across a spectrum of specific states of consciousness. State-specific information processing implies that the particular state and kind of consciousness one possesses or is in at any one time is responsible for the kind of experiences that are possible within, and actually due to, that state of consciousness. Changing consciousness in various ways and to various degrees will change what can be experienced by means of that state. Nonhuman intelligent beings appear to operate individually and seemingly en masse in a state of consciousness very different from that possessed by those of us on earth at the present time.

In the extraterrestrial encounter situation, they can access our consciousness and apparently change it if they wish. They can also affect our consciousness in such a way that it can join theirs for a short time. They can access what's on and in our mind, and there are times that we humans seem to be allowed to dwell in their mental and experiential space at least very briefly. Nonhuman intelligent beings display competence and a kind of extraordinary literacy with regard to using and manipulating the mental environment of consciousness. Over time, we humans can learn from their interactions with us and our interactions with them. In fact, there seem to be more and more cases from the extraterrestrial encounter field that point to the likelihood that there is an emerging plan we are seeing

whereby the nonhuman intelligent beings, through the interspecies larger reality encounter are facilitating the altering and raising of species-specific human consciousness to eventually join them just a little more as equals in the vast, inhabited *cosmic neighborhood* within which they dwell and about which we on earth are slowly learning to take part thanks to the experiences of our fellow humans contributing as research participants to this Phase 3 study you have just finished reading.

### ***A Brief Discussion Regarding the Credibility of this Study's (or any Similar Study's) Research Participants***

It could be argued that there is a double standard of what is legally used in a court of law as acceptable experiential input from an eyewitness that can decide the guilt or innocence of someone being tried for a crime, on the one hand, and how, on the other hand, someone is who is also presenting as an eyewitness to something he or she has experienced, but where the experience is sufficiently divergent from, even 'deviant' with regard to, normative mainstream thinking and experience that it tends to be questioned and not allowed as personally experienced eyewitness evidence on behalf of the objective reality of what was experienced. Even such divergent, non-normative cases, where a considerable number of eyewitnesses are attesting to the same reality of what they've experienced at the same time, what they have co-witnessed as being experienced as objectively real for them and thus are providing consensually validated and corroborated verification by them en masse, is questionable.

On such occasions, the vastly more populated, usually taken-for-granted, dominant embedding consensus reality is adjudged to be constituting a co-experienced true, *or truer*, objective reality than is the case for a competing minority consensus reality populated by and experientially contributed to by a very small population, often just a handful (in the face of millions even billions), of individuals who have at the time experienced together some kind of anomalous or questionable reality. Even though the "handful" also co-constitute a kind of consensus reality with respect to vastly larger, normative one, it is the latter that makes the judgment call about what is real, was really experienced at the time by the experiencers. So it becomes much more sensible to adjudge the tiny maverick consensus reality as being the case of some kind of transient group altered state of consciousness, such as a mass hallucination, shared delusion, or psychotic episode. In such situations it seems that the majority rule virtually always dominates judgment calls made with regard to what is permissible and deemed real or possible.